

# DIRECTORY FOR OLDER ALASKANS

A guide to **senior services**  
throughout Alaska

2023-2025

ö p ä g

A publication of OLDER PERSONS **ACTION** GROUP, Inc.



With sponsors:



**AARP**<sup>®</sup>  
Alaska

# Senior Voice

## SUBSCRIPTION

Just pick up the phone and call 907-276-1059 or toll free, 1-800-478-1059 to start your Senior Voice subscription today or subscribe at [www.seniorvoicealaska.com](http://www.seniorvoicealaska.com).

The QR code will take you to the subscription page.



### **SUBSCRIPTIONS**

New: One year \$30

Renewal: One year \$30

Out of State: One year \$35

Gift subscription: One year \$30

Gift subscription: Out of State \$35

Low income: Free

*Your subscription includes your OPAG membership.*

*Directory*  
*for*  
*Older Alaskans*

A guide to senior services  
throughout Alaska

2023-2025

Published by OLDER PERSONS ACTION GROUP, INC.  
Printed by Alaska Printing, Inc, 3685 Arctic Blvd, Anchorage, AK 99503

Copies of this directory can be ordered from OPAG at [admin@opagak.com](mailto:admin@opagak.com) for \$5.00 to cover shipping costs. Please send corrections or additions for this directory to [admin@opagak.com](mailto:admin@opagak.com).

© 2023 Older Persons Action Group, Inc.

3340 Arctic Blvd, Ste 106  
Anchorage AK 99503

276-1059  
1-800-478-1059

[www.opagak.com](http://www.opagak.com)  
[www.seniorvoicealaska.com](http://www.seniorvoicealaska.com)  
[admin@opagak.com](mailto:admin@opagak.com)

Services and fees given in this directory are  
subject to change at any time.

Cover photo: © David Washburn

# Contents

Emergency numbers	6
Introduction	6
Hints for using this directory	7
U.S. Government quick reference	9
State of Alaska quick reference	10
COVID-19 Information	12
Listings by region/city	21
Southcentral	23
Interior/Northern	87
Southeast	107
Southwest	137
Outside of Alaska	145
Senior Perks	147
Index	148

# Emergency numbers

**If you have a medical, fire or police emergency, call**

**911**

**If you have a mental health emergency,  
or are thinking about suicide, call**

**988**

You will be automatically connected to the nearest available help center.  
Stay on the line until you are told it is OK to hang up.

## Introduction

Alaska's current population age 65 and older is almost 100,144, an increase of around 40 percent in the past 10 years. This represents the fastest per capita growth rate of seniors in the nation, and that explosive growth is projected to continue for the next two decades. Indeed, Alaska's senior population continues to grow even while the state's overall population has declined in recent years.

This directory is an effort to keep up with the businesses and agencies serving this older population. The OPAG Directory for Older Alaskans has a long history, going back more than 30 years to its roots as a stapled pamphlet and evolving to the durable book it is today.

New for this issue: Icons to easily identify most-sought services such as housing and health care. Also new: The directory will be available online as a searchable and downloadable PDF. Visit [www.opagak.com](http://www.opagak.com) to find it.

### **Thank you to our sponsors.**

This directory is published with financial assistance from grants administered by the State of Alaska Dept. of Health and Social Services, and a grant from AARP Alaska.

### **We also thank our advertising sponsors.**

Thanks also to Williwaw Publishing, Alaska Printing, Inc. and our OPAG team and partners who have helped produce this publication.

This directory is published periodically for the benefit of older Alaskans and their families and senior service providers. To order more copies, visit [www.opagak.com](http://www.opagak.com) or call 1-800-478-1059 toll-free statewide.

# Hints for using this directory

## Finding listings

Listings are grouped by city, and the cities are grouped by region. This allows one to browse their geographical area as well as look in hub cities. Some organizations may offer services in your city although they may be listed under another.

The *Listings by Region/City* section starts on page 21, where you will find a table of contents for that section. A quick reference section for selected U.S. and Alaska government offices starts on page 9.

In addition, all listings are indexed alphabetically in the back of the directory starting on page 148.

## Service areas

Within the listing section some organizations are shown as offering services *statewide* or *regionally*. If no service area is specified, the organization offers services *locally*.

Statewide and regional organizations usually use offices in different cities to cover their area of service, so an office in a particular city may only serve part of the organization's area.

Local organizations often serve neighboring areas. For instance a Fairbanks-based agency might offer services in North Pole, Ester and Fox, or a Palmer service might be available in Wasilla and Chickaloon. So if you don't find what you are looking for under your city, try some nearby cities, especially larger ones.

## Phone numbers

Unless otherwise noted, all phone numbers use the 907 area code. Most locations now require you to use the area code even in your local area. Phone numbers with area code 800, 833, 844, 855, 866, 877, and 888 are all toll-free numbers, even if it is not stated so explicitly.

## Addresses

We've saved space by generally not including the city and state in the address. If they are not given, you can assume that the city is the same as the city heading of the listing and the state is Alaska (AK).

If two lines of address are given, such as: 354 Riverside Dr  
PO Box 168

The upper one is the physical address and the lower the mailing address. The Zip code is the one for the mailing address.

# Senior Voice

## SUBSCRIPTION

Just pick up the phone and call 276-1059 or toll free, 1-800-478-1059 to start your Senior Voice subscription today or subscribe at [www.seniorvoicealaska.com](http://www.seniorvoicealaska.com).

The QR code will take you to the subscription page.



### **SUBSCRIPTIONS**

New: One year \$30

Renewal: One year \$30

Out of State: One year \$35

Gift subscription: One year \$30

Gift subscription: Out of State \$35

Low income: Free

*Your subscription includes your OPAG membership.*



# U.S. Government quick reference

See *Listings by Region/City* for detailed listings and more government offices

General federal government information 844-USA-GOV1  
[www.usa.gov](http://www.usa.gov)

## HEALTH AND HUMAN SERVICES

Administration on Community Living (formerly Aging) 202-401-4634  
[www.acl.gov](http://www.acl.gov)

Centers for Disease Control and Prevention 800-232-4636  
[www.cdc.gov](http://www.cdc.gov)

National Institute on Aging 800-222-2225  
[www.nia.nih.gov](http://www.nia.nih.gov)

## HOUSING AND URBAN DEVELOPMENT

AK office 877-302-9800 [www.hud.gov](http://www.hud.gov)

Counseling for home buyers/renters 800-569-4287

Housing discrimination and information 800-669-9777

Fraud hotline 800-347-3735

Complaint line 800-877-0246

## INTERNAL REVENUE SERVICE

800-829-3676 [www.irs.gov](http://www.irs.gov)

Tax Help Line for Individuals 800-829-1040

TDD for the Speech & Hearing Impaired 800-829-4059

Taxpayer Advocate Service 877-777-4778

## SOCIAL SECURITY

800-772-1213 [www.ssa.gov](http://www.ssa.gov) TTY 800-325-0778

Anchorage 866-772-3081

Fairbanks 800-478-0391

Juneau 800-478-7124

Medicare 800-478-6065 [www.medicare.alaska.gov](http://www.medicare.alaska.gov)

report fraud and abuse 800-447-8477

benefits coordination 800-999-1118

TTY 800-318-8782

## VETERANS AFFAIRS

800-698-2411 [www.alaska.va.gov](http://www.alaska.va.gov)

Alaska VA Healthcare System 888-353-7574

Veterans Benefits Administration 888-827-1000 [benefits.va.gov](http://benefits.va.gov)

# State of Alaska quick reference

See *Listings by Region/City* for detailed listings and more government offices

## GENERAL INFORMATION

[www.alaska.gov](http://www.alaska.gov)

Governor	465-3500
Attorney General	269-5100 (Anchorage) 465-3600 (Juneau)
Legislative Information Offices	465-4648 (Juneau) 269-0111 (Anchorage) (visit <a href="http://www.akleg.gov">www.akleg.gov</a> for more offices)
Alaska Court System	264-0514 <a href="http://www.courts.alaska.gov">www.courts.alaska.gov</a>
Community & Regional Affairs	269-4501 <a href="http://www.commerce.alaska.gov/web/dcra">www.commerce.alaska.gov/web/dcra</a>
Serve Alaska Commission	269-6720
Human Rights Commission	274-4692 or 800-478-4692 <a href="http://humanrights.alaska.gov">humanrights.alaska.gov</a>
Ombudsman	<a href="http://www.ombud.alaska.gov">www.ombud.alaska.gov</a>
Anchorage	269-5290
Juneau	465-4970
toll-free	800-478-2624
Public Advocacy	877-957-3500 or 269-3500 (Anchorage) <a href="http://www.doa.alaska.gov/opa">www.doa.alaska.gov/opa</a>
Professional (Occupational) Licensing	465-2550 <a href="http://www.commerce.alaska.gov/web/cbpl">www.commerce.alaska.gov/web/cbpl</a>
Victims Rights	844-754-3460 or 754-3460 (Anchorage) <a href="http://ovr.akleg.gov">ovr.akleg.gov</a>

## DEPT. OF FAMILY & COMMUNITY SERVICES

269-7822 [dfcs.alaska.gov](http://dfcs.alaska.gov)

Pioneer Homes Advisory Board	465-4416
------------------------------	----------

## DEPT. OF HEALTH

269-7800 [health.alaska.gov](http://health.alaska.gov)

Adult Protective Services	800-478-9996
Alaska Commission on Aging	465-3250
Medicare Information Office	269-3680 or 800-478-6065
Public Assistance	800-478-7778
Public Health	465-3090
Senior and Disabilities Services	
Southcentral Regional Office	269-3666 or 800-478-9996

Southeast Regional Office 465-3372 or 866-465-3165  
Northern Regional Office 451-5045 or 800-770-1672  
Senior Benefits Office 888-352-4150

#### DEPT. OF LABOR AND WORKFORCE DEVELOPMENT

465-2700 [www.labor.alaska.gov](http://www.labor.alaska.gov)

MASST program coordinator 465-4872  
Job Centers 877-724-2539

#### DEPT. OF MILITARY AND VETERANS AFFAIRS

428-6003 [dmva.alaska.gov](http://dmva.alaska.gov)

Office of Veterans Affairs 888-248-3682 or 334-0874  
[veterans.alaska.gov](http://veterans.alaska.gov)

#### DEPT. OF PUBLIC SAFETY

269-5511 [dps.alaska.gov](http://dps.alaska.gov)

Council on Domestic Violence and Sexual Assault 465-4356

#### DEPT. OF REVENUE

465-2300 [dor.alaska.gov](http://dor.alaska.gov)

Alaska Mental Health Trust Authority 269-7960  
[www.mhtrust.org](http://www.mhtrust.org)

Long Term Care Ombudsman 334-4480 or 800-730-6393  
[www.akoltco.org](http://www.akoltco.org)

Permanent Fund Dividend 465-2326  
[pfd.alaska.gov](http://pfd.alaska.gov)

#### DEPT. OF TRANSPORTATION AND PUBLIC FACILITIES

465-3900 [www.dot.state.ak.us](http://www.dot.state.ak.us)

Highway information 511  
[www.511.alaska.gov](http://www.511.alaska.gov)

Ferry system 800-642-0066  
[www.ferryalaska.com](http://www.ferryalaska.com)

#### UNIVERSITY OF ALASKA

University of Alaska Anchorage 786-1800  
[www.uaa.alaska.edu](http://www.uaa.alaska.edu)

University of Alaska Fairbanks 474-7034 or 800-478-1823  
[www.uaf.edu](http://www.uaf.edu)

University of Alaska Southeast 796-6100 or 877-465-4827  
[uas.alaska.edu](http://uas.alaska.edu)

**COVID-19 INFORMATION  
AND  
RESOURCES FOR  
VULNERABLE ELDERERS**



## COVID-19 SYMPTOMS

- COUGH
- SHORTNESS OF BREATH
- DIFFICULTY BREATHING
- FEVER AND CHILLS
- MUSCLE AND BODY ACHES
- VOMITING AND DIARRHEA
- NEW LOSS OF TASTE OR SMELL



# **WHAT TO DO IF YOU FEEL SICK**

STAY HOME

KEEP TRACK OF YOUR SYMPTOMS

GET REST AND DRINK ENOUGH WATER

CALL MEDICAL PROVIDER BEFORE GOING TO THE CLINIC

COVER YOUR COUGHS AND SNEEZES

WASH YOUR HANDS OFTEN

STAY IN A SEPARATE ROOM AWAY FROM OTHER PEOPLE IN YOUR HOME

AVOID SHARING PERSONAL ITEMS

CLEAN ALL SURFACES

CALL 911 OR LOCAL EMERGENCY NUMBER IF YOU:

HAVE TROUBLE BREATHING, HAVE CHEST PAIN OR PRESSURE, HAVE NEW TROUBLE UNDERSTANDING THINGS, CAN'T WAKE UP OR STAY AWAKE, HAVE PALE, GRAY OR BLUE COLORED SKIN, LIPS OR NAILS BEDS

## TESTING

If you have symptoms or think you've been exposed to COVID-19:

Call your health care provider or your state or local public health department to find out where you can get tested.

Call ahead to see if you need an appointment.

Tests and results take time. How long depends on the clinic.



# TAKE CARE OF YOU

- Do things you enjoy like carving, arts and crafts, gardening, or explore new hobbies.
- Treat yourself to healthy foods and get enough rest. Try a new recipe.
- Find new ways to connect with friends and family like Face Time apps, weekly calls, or write a letter.
- Take care of your body. Talk with your doctor. Take your vitamins and prescribed medications.
- Get out and move, go fishing, or for a walk. Play with a pet.
- Wash your hands often with soap and water or 60% or higher alcohol wash.
- Wear a mask.





## **STATEWIDE RESOURCES**

CONTACT THE VACCINE HELPLINE FOR HELP  
FINDING A COVID-19 VACCINE PROVIDER OR  
MAKING AN APPOINTMENT:

CALL 907-646-3322

WEEKDAY HOURS: 9 A.M. - 6:30 P.M.

WEEKEND HOURS: 9 A.M. - 4:30 P.M.

EMAIL [COVID19VACCINE@ALASKA.GOV](mailto:COVID19VACCINE@ALASKA.GOV) FOR  
QUESTIONS AND ASSISTANCE.

CHECK WITH YOUR LOCAL  
PUBLIC HEALTH OFFICE,  
PRIMARY CARE PROVIDER,  
OR LOCAL HEALTH  
AUTHORITIES IF YOU HAVE  
QUESTIONS ABOUT THE  
VACCINE.



## **STATEWIDE RESOURCES**

### AGING & DISABILITY RESOURCE CENTERS (ADRC)

THE ADRC NETWORK SERVES ALASKANS STATEWIDE, REGARDLESS OF AGE OR INCOME LEVEL, THROUGH REGIONAL SITES.

IF YOU'RE UNABLE TO SCHEDULE A COVID-19 VACCINE APPOINTMENT ONLINE AND DON'T HAVE A CAREGIVER, FRIEND OR NEIGHBOR WHO CAN HELP; THE ADRC CAN HELP YOU SCHEDULE A VACCINE APPOINTMENT AND MAY ARRANGE TRANSPORTATION TO YOUR APPOINTMENT.

PHONE NUMBER: 1-855-565-2017, OPTION #1 DAILY HOURS 8 A.M. - 6 P.M.



## **SAFE ACTIVITIES**

### **NON-VACCINATED**

- Need to wear a mask in public, stay apart by 6 feet, and wash hands often.
- Risk levels are lowest when doing outside activities like going for a walk, berry picking, or fishing
- Risk levels increase when around other people in groups like parties or musical concerts. The risk is highest for inside activities.

### **VACCINATED PERSON**

- If you are fully vaccinated, you can do the activities that you did before the pandemic.
- \*Fully vaccinated people can do activities without wearing a mask or staying apart, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance.

\*Persons with underlying medical conditions could still be at risk for infections even when vaccinated. If you live with elders or someone with certain underlying medical conditions, then you and all family members should take extra precautions to minimize risk by talking to the doctor, continuing to wear a mask and washing your hands often.

## PANDEMIC ABUSE



Abuse occurs everyday. The pandemic has created a great deal more tension in our communities and among families leading to an increase in domestic violence, financial fraud scams, and has isolated many resulting in an increase in self-neglect of one's basic needs. Don't be afraid to reach out for help!

- File an APS report 1-800-478-9996 or (907) 269-3666 or Search Alaska Centralized Reporting
- Elder Fraud and Assistance (907) 269-3521
- Aging and Disability Resource Center: (ADRC) 1-855-565-2017

# Listings by region/city

## Regions

Southcentral	23	Southwest	137
Interior/Northern	87	Outside of Alaska	145
Southeast	107		


## Cities

Aleknagik	137	Metlakatla	126
Aleutian-Pribilof Islands	137	Nenana	99
Anchorage	23	Nikiski	66
Anchor Point	23	Ninilchik	67
Angoon	107	Nome	100
Barrow ( <i>see Utqiagvik</i> )		North Pole	103
Bethel	138	Palmer	67
Cooper Landing	54	Pelican	126
Cordova	54	Petersburg	126
Craig ( <i>see Prince of Wales Island</i> )		Prince of Wales Island	128
Dillingham	141	Saint George ( <i>see Aleutian-Pribilofs</i> )	
Douglas ( <i>see Juneau/Douglas</i> )		Saint Paul ( <i>see Aleutian-Pribilof Islands</i> )	
Dutch Harbor ( <i>see Aleutian-Pribilofs</i> )		Saxman ( <i>see Ketchikan/Saxman</i> )	
Eagle River/Chugiak	55	Seldovia	71
Fairbanks	87	Seward	72
Galena	98	Sitka	130
Glennallen	56	Skagway	133
Gustavus	108	Soldotna	74
Haines/Klukwan	108	Sterling	77
Homer	57	Sutton	78
Hoonah	110	Talkeetna	78
Hydaburg ( <i>see Prince of Wales Island</i> )		Tanana	103
Juneau/Douglas	111	Tok	104
Kake	121	Unalaska ( <i>see Aleutian-Pribilof Islands</i> )	
Kasaan ( <i>see Prince of Wales Island</i> )		Utqiagvik ( <i>formerly Barrow</i> )	104
Kenai	59	Valdez	78
Ketchikan/Saxman	121	Wainwright	105
Klawock ( <i>see Prince of Wales Island</i> )		Wasilla	79
Klukwan ( <i>see Haines/Klukwan</i> )		Wrangell	134
Kodiak	63	Yakutat	135
Kotzebue	98		



# Southcentral

## Anchor Point

**Anchor Point Senior Center**   
PO Box 438, 99556

**235-7786**  
fax 235-7118  
[apsoci@acsalaska.net](mailto:apsoci@acsalaska.net)

Offers meals at the center on Thursday evenings and an all-you-can-eat community breakfast on the 3rd Sunday of each month, plus Friday night bingo. Operates the Helping Hands thrift store. Located in the log building across the street from golf course. The building can be rented for special events. The Anchor Point Senior Citizens, Inc. also has senior housing.

## Anchorage

**AARP Alaska State Office**  
3601 C St, Ste 1420, 99503  
fax 341-2270  
[www.aarp.org/states/ak](http://www.aarp.org/states/ak)  
service area: statewide

**866-227-7447**  
national 877-687-2277  
TTY 877-434-7598  
[akaarp@aarp.org](mailto:akaarp@aarp.org)

A nonprofit, nonpartisan membership organization that helps people 50+ have independence, choice, and control in ways that are beneficial and affordable to them and society as a whole. Produces *AARP* The Magazine, published bimonthly; *AARP Bulletin*, a monthly newspaper; *AARP Segunda Juventud*, a bimonthly magazine in Spanish and English; National Retired Teachers Association Live and Learn, a quarterly newsletter for 50+ educators. AARP Foundation is an affiliated charity that provides security, protection, and empowerment to older persons in need with support from thousands of volunteers, donors and sponsors.

**Driver Safety Program**  
[www.aarp.org/auto/driver-safety](http://www.aarp.org/auto/driver-safety)

**888-227-7669**

Volunteer instructors teach an eight-hour classroom driver improvement course. Graduates receive an appropriate discount on their auto insurance and a reduction of points on their driving record.

**Tax Aide Program**  
[www.aarp.org/money/taxes/aarp\\_taxaide](http://www.aarp.org/money/taxes/aarp_taxaide)

Free tax help is available from IRS-certified volunteers. This confidential program is open to low- to moderate-income taxpayers, with an emphasis on those age 60+.

## **Abacus Care Coordination**

1515 E Tudor Rd, Ste 9, 99507

**332-0065**

351-6910

fax 332-0065

[www.abacuscarecoordination.com](http://www.abacuscarecoordination.com)

[bob@abacuscarecoordination.com](mailto:bob@abacuscarecoordination.com)

A state-certified provider of waiver care coordination and private case management services to adults who experience disabling conditions, people that experience developmental disabilities, and children with chronic medical conditions. Waiver services are Medicaid-funded and require meeting financial and functional requirements.

## **Abused Women's Aid in Crisis (AWAIC)**

100 W 13th Ave, 99501

**279-9581**

24-hr crisis-line 272-0100

fax 279-7244

[www.awaic.org](http://www.awaic.org)

Provides advocacy and a safe shelter for victims of domestic violence and their children. Nonresidential services include legal advocacy, housing resources, and support and educational groups. 24-hour crisis line for those experiencing domestic violence and their family and friends (accepts collect calls).

## **Access Alaska**

1217 E 10th Ave, 99501

**248-4777**

fax 263-1942

toll-free 800-770-4488

videophone 268-5474

[www.accessalaska.org](http://www.accessalaska.org)

[info@accessalaska.org](mailto:info@accessalaska.org)

*service area: statewide*

Helps the elderly and disabled live independently in the community of their choice. Provides independent living skills, DD, mental health and TABI IL advocacy, durable medical equipment loan closet, head injury support group, and peer support groups (all free services). Also offers Consumer Directed Personal Care Services (Medicaid, private pay, VA) in the Anchorage area and southwest Alaska through this office. See index for other offices.

## **Accessible Homes Inc.**

7926 Old Seward Hwy, Ste A4

**562-2327**

PO Box 220494, 99522


[www.accessiblehomesinc.com](http://www.accessiblehomesinc.com)

[CustomerService@accessiblestore.com](mailto:CustomerService@accessiblestore.com)

*service area: statewide*

Custom home modifications for accessibility such as stair lifts, ramps, bathroom and kitchen remodels and energy repairs. Trained in techniques such as aging in place, green building practices, and more and knowledgeable of grant programs. Also sells accessible products such as walk-in bathtubs, barrier-free showers, automated kitchens, grab bars, stair lifts, bidets, shower seats, porch lifts and more.



**Accurate Hearing Systems, LLC** 

510 W Tudor Rd, Ste 3, 99503

**644-6004**

toll-free 888-229-6004

fax 644-4432

[www.accuratehearingsystems.com](http://www.accuratehearingsystems.com)[accuratehearing@gci.net](mailto:accuratehearing@gci.net)

Hearing aid sales, and repair and service on all makes and brands of hearing aids. Offers free hearing tests and hearing aid inspections. Medicaid accepted and can bill most major insurance companies.

**Akeela, Inc.** 

360 W Benson Blvd, Suite 300, 99503

**565-1200**

toll-free 800-478-7738

fax 258-6052

[www.akeela.org](http://www.akeela.org)[info@akeela.org](mailto:info@akeela.org)*service area: statewide*

Provides outpatient and inpatient substance abuse treatment and mental health services.

**Alaska 211**

PO Box 200108, 99501

**211**

toll-free 800-478-2221

[www.alaska211.org](http://www.alaska211.org)[alaska211@ak.org](mailto:alaska211@ak.org)*service area: statewide*

A free, confidential, health and human services information and referral system. You may speak directly with an Information and Referral Specialist live between 8:30 am and 5:30 pm M-F, or you may search the online database 24/7. [United Ways of Alaska]

**Alaska Behavioral Health** 

4020 Folker St, 99508

**563-1000**

24-hr crisis-line 563-3200

[www.alaskabehavioralhealth.org](http://www.alaskabehavioralhealth.org)[info@akbh.org](mailto:info@akbh.org)

Assessment and crisis intervention service for people experiencing psychiatric and emotional emergencies. Crisis line available 24/7 in conjunction with Providence Psychiatric Behavioral Health Services.

**Alaska Center for the  
Blind & Visually Impaired** 

3903 Taft Dr, 99517-3069

**248-7770**

toll-free 800-770-7517

fax 248-7517


[www.alaskabvi.org](http://www.alaskabvi.org)[info@alaskabvi.org](mailto:info@alaskabvi.org)*service area: statewide*

Helps visually impaired individuals by equipping them for success in life and work. The Visually Impaired Senior Alaskans program (VISA) serves blind and visually impaired Alaskans, 55 and older, providing services and support to increase home safety for independent living. Support groups are offered in Anchorage and in the Mat-Su Valley. Low


*...this listing continues next page...*

# Anchorage


vision clinics are offered across the state to identify those with sight issues and provide information, vision aid devices and training for independent living. Seniors may receive up to \$100 worth of low vision devices such as magnifiers, large print materials and assistive technology.

**Alaska Dept. of Military & Veterans Affairs**  **334-0874**  
Office of Veterans Affairs TDD 800-829-4833  
4600 Debarr Road, Ste 180, 99508 fax 334-0869  
[veterans.alaska.gov](http://veterans.alaska.gov) [alaska.veterans@alaska.gov](mailto:alaska.veterans@alaska.gov)  
*service area: statewide*

Advocates for, and assists veterans in obtaining, health care, education and other benefits.

**Alaska Division of Motor Vehicles**  **269-5551**  
3901 Old Seward Highway, Ste 101, 99503 855-269-5551  
[www.doa.alaska.gov/dmv](http://www.doa.alaska.gov/dmv)  
*service area: statewide*

Alaska residents 65 and over may register one non-commercial vehicle exempt from fees and taxes. Apply online or get a form at any DMV office. See website for locations of all DMV offices. DMV office also issue disability (handicapped) parking permits and plates for those meeting certain criteria.

**Alaska Division of Public Assistance**  **800-478-7778**  
3901 Old Seward Hwy, Ste 131, 99501 fax 269-6520  
[health.alaska.gov/dpa](http://health.alaska.gov/dpa) [hss.dpa.offices@alaska.gov](mailto:hss.dpa.offices@alaska.gov)  
*service area: statewide*

Provides for the welfare of low-income and disabled Alaskans with the programs listed below, plus Medicaid (health coverage for the low income), food stamps, and assistance with burial costs. For other Anchorage locations, as well as for branch office locations throughout the state, call, or visit website. [AK Dept. of Health]

## Adult Public Assistance

Provides financial assistance to the needy age 65 and older, the blind and the disabled, and helps them attain self-support or self-care.

## Senior Benefits

**888-352-4150**

[www.seniorbenefits.alaska.gov](http://www.seniorbenefits.alaska.gov)

Provides cash assistance to low-income seniors 65 and older. See listing under Wasilla for more details.

**Alaska Division of****Senior & Disabilities Services** 

1835 Bragaw St, Ste 350, 99508

**269-3666**

toll-free 800-478-9996

fax 269-3689

[health.alaska.gov/dsds](http://health.alaska.gov/dsds)*service area: statewide*

Serves seniors and adults with physical or developmental disabilities, and other vulnerable adults, and assisted living providers. In addition to the programs listed below, this division administers the state's Personal Care Assistant programs, the Aging and Disability Resource Centers (ADRCs — see index or call 855-565-2017) and seeks to improve services offered in the state via the Quality Assurance Program. Operates the Medicare Information Office (see sub-listing). Other programs deal with long term care, nutrition, developmental disabilities and transportation and support service grants. [AK Dept. of Health]

**Adult Protective Services**[health.alaska.gov/dsds/Pages/aps](http://health.alaska.gov/dsds/Pages/aps)

Investigates reports of physical, financial, sexual or emotional abuse, neglect or self-neglect of vulnerable adults over 18.

**Nursing Facility Transition Program****465-4996**

Helps seniors move back home after time in a nursing facility. Administered through the regional Independent Living Centers which are listed in the index, or at [www.alaskasilc.org](http://www.alaskasilc.org).

**Medicare Information Office****269-3680**

toll-free 800-748-6065

TTY 800-770-8973

[www.medicare.alaska.gov](http://www.medicare.alaska.gov)[hss.medicare@alaska.gov](mailto:hss.medicare@alaska.gov)

Provides information, counseling, and assistance for questions or problems with Medicare, Medicare payment assistance (QMB/SLMB), fraud and abuse, long term care, and Medicare supplements. Maintains a list of physicians who accept Medicare and Medicaid. See also listing in this section under U.S. Social Security Administration and the U.S. Government quick reference in the beginning of the directory.

**Alaska Fresh** **677-6633**

5905 Lake Otis Pkwy, Ste E, 99507

[www.alaskadinnerfactory.com](http://www.alaskadinnerfactory.com)[info@alaskadinnerfactory.com](mailto:info@alaskadinnerfactory.com)

Delivers daily: cooked, single serving meals to private pay and Medicaid waiver recipients. Delivery Club delivers monthly: pre-assembled, three-serving size dinners that require light cooking. Or stop by to pick up 1-2 meals at a time at To-Go Freezer.

## **Alaska Health Fair, Inc.**

720 W 58th Ave, Unit J, 99518

[www.alaskahealthfair.org](http://www.alaskahealthfair.org)

*service area: statewide*

**278-0234**

fax 258-1848

[anchorage.director@alaskahealthfair.org](mailto:anchorage.director@alaskahealthfair.org)

Promotes health and wellness through health fairs — free public events where Alaskans can access health education on important topics, basic screenings and affordable comprehensive blood tests. Health fairs are delivered statewide in the Spring and Fall. Visit website above for schedule and volunteer and exhibitor opportunities. Worksite health fairs are available for employers. (see also listing under Fairbanks for the office there)

## **Alaska Housing Finance Corporation**

4300 Boniface Pkwy

PO Box 101020, 99510-1020

[www.ahfc.us](http://www.ahfc.us)

*service area: statewide*

**338-6100**

TTY/TDD 277-5559

fax 338-1683

AHFC's Public Housing Division provides low-income rental housing for seniors and the disabled. Housing and regional Intake Offices are located throughout the state. Offers the Housing Choice Voucher Program. Look under the housing heading for offices and properties outside Anchorage. Also has energy programs for low income renters and homeowners and provides loan subsidies for energy-efficient homes. See listings for individual Anchorage properties below. [AK dept. of Revenue]

### **Senior Housing Office**

[www.ahfc.us/senior-support](http://www.ahfc.us/senior-support)

AHFC's Senior Housing Office promotes a comprehensive response to the housing needs of Alaska's senior citizens. The office maintains a list of senior independent and assisted living housing in Alaska (not just AHFC facilities) and coordinates financing for the development of senior housing. To access the senior housing list, call, or visit [www.ahfc.us/senior-support/](http://www.ahfc.us/senior-support/)

**330-8436**

toll-free 800-478-2432

[jmccall@ahfc.us](mailto:jmccall@ahfc.us)

### **Family Investment Center**

PO Box 241385

440 E Benson Blvd, Ste 200, 99524-1385

Regional Intake Office—the place to apply for senior/handicapped or low income housing—for Anchorage, Eagle River area and Girdwood.

**330-6100**

toll-free 800-478-2432

fax 274-7176

### **Chugach Manor Apartments**

1281 E 19th Ave, 99501

A 120-unit low-income housing project for seniors and handicapped. Call Intake Office (above under “Family Investment Center”) for rental information.

**330-6150**

fax 272-4322

**Chugach View Apartments**

1280 E 17th Ave, 99501

A 120-unit low-income housing project for seniors and handicapped. Call Intake Office (above under “Family Investment Center”) for rental information.

**330-6155**

fax 272-4870

**Alaska Legal Services Corporation**

1016 W 6th Ave, Ste 200, 99501

[www.alsc-law.org](http://www.alsc-law.org)*service area: statewide***272-9431**

toll-free 888-478-2572

fax 279-7417

[anchorage@alsc-law.org](mailto:anchorage@alsc-law.org)

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices. The Anchorage office serves Southcentral Alaska plus the Aleutian and Pribilof Islands.

**Alaska Military Retirement Services**

Bldg 600, room B341

724 Postal Service Lp Ste 4930, 99505

[www.jber.jb.mil/Services-Resources/Alaska-Retiree-Services](http://www.jber.jb.mil/Services-Resources/Alaska-Retiree-Services)*service area: statewide***384-3500**

fax 384-3504

Assists military retirees with retirement matters, including providing retired families with a means of participating and communicating with the active military, maintaining current knowledge of benefits and entitlements, and informing the retired community of upcoming events of interest. Also facilitates the Alaska Retiree Council, which advises military leadership on retiree interests. (See also [facebook.com/Alaska.Military.Retiree.Council](https://www.facebook.com/Alaska.Military.Retiree.Council))

**Alaska Native Medical Center**

4315 Diplomacy Dr, 99508

[www.anmc.org](http://www.anmc.org)*service area: statewide***563-2662**

toll-free 855-482-4382

[customercontact@anmc.org](mailto:customercontact@anmc.org)

Provides comprehensive medical services to Alaska Native and American Indian people living within the state. The Center includes a 173-bed hospital, a full-range of medical specialties, primary care services, palliative care, pharmacy, and labs. The hospital also works in close partnership with rural health facilities statewide to support a broad range of health care and related services. As a statewide referral center, ANMC coordinates with specialty clinics and regional health providers, and helps with travel arrangements and on-campus lodging at the Quiyana House for out-of-town patients and their escorts.

## Alaska Office of Public Advocacy

900 W 5th Ave, Ste 525, 99501



**269-3500**

toll-free 877-957-3500

fax 269-3535

[www.doa.alaska.gov/opa](http://www.doa.alaska.gov/opa)

*service area: statewide*

## Office of Elder Fraud and Assistance

**334-5954**

fax 269-1071

[doa.opa.elder.fraud@alaska.gov](mailto:doa.opa.elder.fraud@alaska.gov)

Investigates claims of financial exploitation of Alaskans 60 and older and seeks civil remedies on behalf of elders unable to bring a complaint without assistance.

## Family Guardian Program

**269-3525**

[Family.Guardian@alaska.gov](mailto:Family.Guardian@alaska.gov)

Free services to families dealing with adult guardianship and conservatorship, including community informational meetings (in Anchorage only), telephone assistance, informational web site and assistance with probate forms.

## Alaska Premium Care Assisted Living

1023 E 6th Ave, 99501



**644-1000**

nursing 240-1979

fax 677-0433

[www.alaskapremiumcare.com](http://www.alaskapremiumcare.com)

Operates assisted living homes in Anchorage with 24-hour specialized, interactive care under nurse management, with additional RN on staff, as well as experienced, 24-hour awake CNA and PCA staff. Works alongside care coordinators, family members, doctors, and residents to maintain open relationships and continuity of care.

## Alaska Rainbow Elders (formerly SAGE)

**929-4528**

307 E Northern Lights Blvd, Ste 101, 99503

Health Clinic 865-3247

fax 334-1992

[www.identityinc.org](http://www.identityinc.org)

[Julie@identityinc.org](mailto:Julie@identityinc.org)

*service area: statewide*

A program of Identity provides opportunities for older LGBT adults to form and strengthen meaningful relationships, identify and utilize trusted vendors and service providers, find support and encouragement when needed, and learn about available resources. Also provides outreach and educational opportunities for health and business providers to understand the unique experience and needs of older LGBT Alaskans. [Identity Alaska]

**Alaska Regional Hospital** 

2801 DeBarr Rd, 99508

[www.alaskaregional.com](http://www.alaskaregional.com)**276-1131**

fax 264-1143

Offers a broad spectrum of services including a 24-hour emergency department, comprehensive orthopedic care, a newly remodeled birth center, cancer care, surgical services, and more. Hosts free health fairs, screenings and educational seminars.

**Physician Referral Service****264-1722**

toll-free 888-254-7884

Free physician and health service referral program, to help you locate physicians and other services. Available 24 hours a day, 7 days a week.

**Alaska Stairlift and Elevator, LLC** 

1200 E 76th Ave, Ste 1201, 99518

[www.alaskastairlift.com](http://www.alaskastairlift.com)*service area: statewide***245-5438**

fax 245-5439

[info@alaskastairlift.com](mailto:info@alaskastairlift.com)

A statewide accessibility company that provides stair lifts, wheel chair lifts, vehicle lifts, vehicle security systems, among other products. Accepts VA, Medicaid, Medicare, worker's comp, other insurance, private pay, and commercial funding.

**All Ways Caring HomeCare** 

254 W 34th Ave, 99503

[www.allwayscaring.com](http://www.allwayscaring.com)*service area: statewide***258-3498**

toll-free 800-918-3045

fax 770-7980

In-home personal care attendants, day-outing attendants, chore and respite services, care coordination and referral services, and employment evaluation and coaching. Most services qualify for one or more waiver programs. See the index for more locations.

## **Alzheimer's Resource of Alaska**

1750 Abbott Rd, 99507

**561-3313**

toll-free 800-478-1080

fax 561-3315

[www.alzalaska.org](http://www.alzalaska.org)

*service area: statewide*

Information, referral, support and education for individuals over the age of 60 and persons of any age with Alzheimer's disease and related disorders (ADRD). Education and support for family caregivers, dementia-specific training for professionals and a library of books, tapes and articles. See listings for offices in Fairbanks, Juneau and Palmer.

## **Care Coordination Resource of Alaska**

**677-6789**

[www.ccralaska.org](http://www.ccralaska.org)

Provides care coordination for Alaskans who need support to live safely and as independently as possible in the home of their choice. The coordinators help individuals identify the services and supports that meet their needs.

## **American Lung Association of Alaska**

**276-5864**

500 W Int'l Airport Rd, Ste A, 99518

national toll-free 800-586-4872

[www.lung.org](http://www.lung.org)

[Alaska@Lung.org](mailto:Alaska@Lung.org)

*service area: statewide*

Information, education and referral in the areas of lung health, asthma, tobacco education and advocacy on lung issues. Programs include resources to help adults and teens quit smoking or never start, Better Breathers support group, Clean Air Challenge bike event and free helpline to answer lung health questions.

## **Anchorage Midtown Job Center**

**269-4800**

3301 Eagle St, Ste 101, 99503

toll-free 877-724-2539

TTY/TDD 269-4745

fax 269-4825

[www.jobs.alaska.gov](http://www.jobs.alaska.gov)

[midtown.jobcenter@alaska.gov](mailto:midtown.jobcenter@alaska.gov)

*service area: statewide*

Job training and placement program for low-income adults and dislocated workers under the Workforce Innovation and Opportunity Act (WIOA). See website for complete list of job centers statewide, or call the toll-free number to be automatically connected to your nearest job center. [Dept. of Labor and Workforce Development]

## **MASST program**

**269-2029**

or 269-4805

[www.labor.alaska.gov/masst](http://www.labor.alaska.gov/masst)

[kisha.jackson@alaska.gov](mailto:kisha.jackson@alaska.gov)

The Mature Alaskans Seeking Skills Training program seeks to foster individual economic self-sufficiency and promote older workers who are unemployed, not work ready, and need on-the-job training to help them find regular employment.



**Anchorage Municipal Senior Services** **343-7770**

825 L St, Ste 203

PO Box 196650, 99519

fax 343-6320

[www.muni.org/health](http://www.muni.org/health)

Administers all aspects of Municipal services for seniors. Provides information and referral to seniors and families on services available in Anchorage. Serves as the region's Aging and Disability Resource Center (ARDC).

**Anchorage Senior Citizens Advisory Committee****343-6590**

Advises the mayor, assembly, and appropriate department heads on matters relating to seniors.

**Aging and Disability Resource Center****343-7770**

toll-free 877-625-2372

fax 343-6320

[www.muni.org/adrc](http://www.muni.org/adrc)

Unbiased information and assistance with long term care needs for seniors and the disabled and their caregivers.

**Anchorage Neighborhood Health Center** **743-7200**

4951 Business Park Blvd, 99503

fax 743-7256

[www.anhc.org](http://www.anhc.org)

ANHC provides comprehensive healthcare for people of all ages, including medical and dental care, short-term behavioral health services, and a pharmacy. Bills Medicare, Medicaid, public and private insurance, and offers a sliding fee scale based on monthly income and household size that may lower the amount you are billed.

**Medical Appointments****743-7201**[scheduling@anhc.org](mailto:scheduling@anhc.org)**Dental Appointments****743-7202****Pharmacy****743-7203**

24/7 refill line 743-7208

[prescriptions@anhc.org](mailto:prescriptions@anhc.org)**Anchorage Senior Activity Center** **770-2000**

1300 E 19th Ave, 99501

fax 278-2454

[www.anchorageseniorcenter.org](http://www.anchorageseniorcenter.org)[info@anchorageseniorcenter.org](mailto:info@anchorageseniorcenter.org)

Serves as a gathering place for recreation, education, socialization, health and fitness. Also has a meal program for pickup or delivery (in some cases). Visitors are always welcome and facility tours are available.

# Anchorage

## **Ancora Home Health and Hospice**



**561-0700**

3501 Denali St, Ste 202, 99503

fax 866-934-0349

[www.ancoraalaska.com](http://www.ancoraalaska.com)

[contact@ancoraalaska.com](mailto:contact@ancoraalaska.com)

Provides in-home skilled nursing, home health aides, physical, occupational and speech therapy. Also offers hospice, a home-based program of medical and supportive services for the terminally ill and their families. Accepts Medicare, Medicaid, VA, self-pay and most private insurance plans.

## **Aschenbrenner, Constance A., Law Office**



**334-9200**

205 Benson Blvd, Ste 121-D

PO Box 140842, 99514

[www.akwillstrusts.com](http://www.akwillstrusts.com)

[client.services.ak@gmail.com](mailto:client.services.ak@gmail.com)

Offers estate and Medicaid planning legal services. Help clients create plans for if they become incapacitated or disabled, which avoids guardianships. Helps clients create plans for when they pass away, so their property goes to their loved ones.

## **Aspen Creek Anchorage**



**868-2688**

5915 Petersburg St, 99507

[www.aspencreekalaska.com](http://www.aspencreekalaska.com)

Assisted living home featuring rooms and private suites with attached bathrooms and kitchenettes, room call system, 24-hour awake staff, respite care room with accommodations for overnight guests, beauty salon, foot spa, in-room massage, gym, and a variety of activities. Individualized care plan for each resident, with registered nurse on-call 24 hours a day.

## **Assistive Technology of Alaska**



**563-2599**

1500 W 33rd Ave STE 120, 99503

toll-free 800-723-2852

TTY 561-2592

fax 563-0699

[www.atlaak.org](http://www.atlaak.org)

[atla@atlaak.org](mailto:atla@atlaak.org)

*service area: statewide*

An assistive technology retail and information center for all Alaskans. Offers assistive devices for vision, hearing and other disabilities, assessments, and technology training services. Connects Alaskans who experience barriers with the tools they need in order to learn, work, play, and participate in community life safely and independently.

### **akCanConnect**

Ensures low-income individuals with combined hearing and vision loss can access telephone, advanced communication, and information services. Equipment, installation, training, and support is provided free for qualified individuals.

**Alaska Relay**

Enables landline telephone access for people who are deaf, hard of hearing, or have speech impairments by providing assistive devices such as TTY or captioned or amplified telephones. Qualified users receive equipment through the TEDP at no charge.

**TechAbility**

Provides Alaskans who are Mental Health Trust beneficiaries with assistive technology devices that can help increase independence and enhance quality of life. After a brief consultation to help determine qualifications and appropriate assistive technology from TechAbility devices' inventory, equipment will be provided to the beneficiary at no cost.

**BFIT and Well****229-7652**

3934 Spenard Rd, Ste B

PO Box 230165, 99517

[www.bfitandwell.com](http://www.bfitandwell.com)

fax 1-888-652-6064

[bonnie@bfitandwell.com](mailto:bonnie@bfitandwell.com)

A fitness facility targeting the mature body. Focuses on improvement from any starting level with group sessions led by nationally certified personal trainers.

**Campbell Creek House****754-9050**

4745 Piper St, 99507

fax 754-9099

[www.campbellcreekhouse.com](http://www.campbellcreekhouse.com)[campbellcreekhouse@gmail.com](mailto:campbellcreekhouse@gmail.com)

Forty-bed assisted living community providing personalized assistance, supportive services, and compassionate care in a professionally managed community setting designed to foster independence and autonomy. The 24 private and 16 semi-private rooms are all handicapped accessible.

**Catholic Social Services****222-7300**

3710 E 20th Ave, 99508

pantry 222-7323

fax 258-1091

[www.cssalaska.org](http://www.cssalaska.org)[info@cssalaska.org](mailto:info@cssalaska.org)

Distributes regular and senior food boxes via the St. Francis House food pantry M-Th 9 am-1 pm. Also offers information and referral, emergency shelters, immigration and refugee services and volunteer opportunities.

**Brother Francis Shelter****277-1731**

1021 E 3rd Ave, 99501

Temporary emergency shelter for men and women, including an evening meal and use of shower and laundry facilities plus case management services, advocacy and referrals for employment, permanent housing, mental health issues, and treatment options for alcohol and substance abuse.

## Center for Community

see *COMPASS Home Care*

## Center for Safe Alaskans

**929-3939**

4241 B St, Ste100, 99503

[www.safealaskans.org](http://www.safealaskans.org)

[info@safealaskans.org](mailto:info@safealaskans.org)

service area: statewide

CarFit is an educational program that offers older adults the opportunity to check how well their personal vehicles “fit” them. Have a certified CarFit technician conduct a 20 minute free checkup. It is not a check of driving skills but how well you and your car fit for optimum safety and comfort.

## Chester Park Cooperative

**333-8844**

2020 Muldoon Rd, 99504

fax 338-7094

[www.chesterparkcoop.com](http://www.chesterparkcoop.com)

[chesterpark@gci.net](mailto:chesterpark@gci.net)

Not-for profit member-owned condominiums for those 55 years of age and older, blending community living and independent lifestyle.

## Comfort Keepers

**334-3000**

7985 E 16th Ave, Ste 201, 99504

fax 334-3003

[www.comfortkeepers.com](http://www.comfortkeepers.com)

Offers a variety of services to help seniors, post-operative clients, and the disabled remain at home and independent. Services include personal care, household chores, errands, transportation, hospice, respite, and short term care after hospitalization. Accepts private pay, long-term care insurance and VA Special personal care program for veterans and spouses. Also serves Mat-Su Valley.

## Commodore Park Plaza

**522-8000**

10415 Jamestown Dr, 99507

fax 522-8014

[www.manormanagementak.com](http://www.manormanagementak.com)

[cpplaza@gci.net](mailto:cpplaza@gci.net)

Independent living for low-income seniors 62 and older offering 24 one-bedroom apartments with full-sized kitchens. Rent subsidies for those who qualify. Rent includes all utilities (except telephone and cable television), a multipurpose room for resident events, laundry room, and on-site resident parking.

## COMPASS Homecare

**276-6960**

3380 C Street, Ste 108, 99503

toll-free 866-276-6960


fax 276-6961

[www.compasshomecare.org](http://www.compasshomecare.org)


[info@compasshomecare.org](mailto:info@compasshomecare.org)

Provider of home and community-based services for people with disabilities, the elderly and others who experience barriers to community living in Alaska. Offers supported living services, personal care attendants (PCAs), and respite and chore services. Provides


home care services under VA benefits, long-term care insurance, private pay, state grant for seniors, and Medicaid. See also listings for offices in Sitka and Juneau. [Center for Community]

**Consumer Direct Care Network**  **357-7962**  
 405 E Fireweed Ln, 99503 toll-free 888-900-7962  
 fax 866-495-7963  
[www.consumerdirectak.com](http://www.consumerdirectak.com) [InfoCDAK@consumerdirectcare.com](mailto:InfoCDAK@consumerdirectcare.com)  
*service area: statewide*


Provides individuals needing personal care assistance the ability to receive care in their home from the caregiver of their choice via a Medicaid waiver program. Serves all of Alaska through this and additional offices in Wasilla, Kenai, Homer, Kodiak, and Ketchikan.

**Cook Inlet Housing Authority**  **793-3000**  
 3510 Spenard Rd, Ste 100, 99503 toll-free 888-667-2442  
 fax 793-3070  
[www.cookinlethousing.org](http://www.cookinlethousing.org) [info@cookinlethousing.org](mailto:info@cookinlethousing.org)  
*service area: regional (Cook Inlet)*

Offers variety of apartments for seniors (55+ or 62+ depending on the project) in Anchorage as well as in Eagle River, Kenai, Ninilchik and Seldovia (see listings under those cities).

**Cook Inlet Tribal Council Recovery Services**  **793-3200**  
 3600 San Jeronimo Dr, 99508 toll-free 877-985-5900  
 ETC 688-1750 fax 793-3250  
[www.citci.org](http://www.citci.org) [rs@citci.org](mailto:rs@citci.org)  
*service area: regional (Cook Inlet region)*

Outpatient and residential (inpatient) recovery programs for those dealing with substance abuse. For the residential program or detox services, call the Ernie Turner Center (ETC) number above.

**Disability Law Center of Alaska**  **565-1002**  
 3330 Arctic Blvd, Ste 103, 99503 toll-free 800-478-1234  
 fax 565-1000  
[www.dlcak.org](http://www.dlcak.org) [akpa@dlcak.org](mailto:akpa@dlcak.org)  
*service area: statewide*

Nonprofit organization providing legal assistance for disabled individuals with legal issues related to their disability. The Client Assistance Program helps individuals who experience problems when applying for or receiving vocational rehabilitation or independent living services. CAP services are provided at no cost to the client.

## Elders and Youth Conference

606 E St, Ste 200, 99501

[www.firstalaskans.org](http://www.firstalaskans.org)

service area: statewide

**677-1700**

fax 677-1780

[info@firstalaskans.org](mailto:info@firstalaskans.org)

Stimulates dialogue between young people and Elders and encourages them to maintain traditional Native values and practices while thriving in the modern world. Usually held in conjunction with the AFN Convention each fall. [First Alaskans Institute]

## Food Bank of Alaska

2192 Viking Dr, 99501

[www.foodbankofalaska.org](http://www.foodbankofalaska.org)

service area: statewide

**272-3663**

fax 277-7368

[info@foodbankofalaska.org](mailto:info@foodbankofalaska.org)

Collects and distributes food for nonprofit agencies to distribute to hungry Alaskans.

## Fresenius Kidney Care

3950 Laurel St, 99508

[www.freseniuskidneycare.com](http://www.freseniuskidneycare.com)

Offers kidney dialysis both in facility and in home.

**563-3149**

fax 561-4223

[clinic4608@fmc-na.com](mailto:clinic4608@fmc-na.com)

### South Anchorage facility

9085 Blackberry St, 99502

**868-1779**

fax 868-2997

### Tudor Road facility

2735 E Tudor Rd

**562-1546**

fax 562-1526

## Geneva Woods Pharmacy

501 W Int'l Airport Rd, Ste 6, 99518

[www.genevawoods.com](http://www.genevawoods.com)

Retail Pharmacy.

**565-6100**

fax 844-297-7323

## George Sullivan Manor

420 E 3rd Ave, 99501

[www.manormanagementak.com](http://www.manormanagementak.com)

Independent living in downtown Anchorage for low-income seniors 62 and older, with 19 one-bedroom apartments with full kitchens. Offers rent subsidies for those who qualify. Rent includes all utilities (except telephone and cable television), a multipurpose room for resident events, laundry room, and a roof deck with great views of downtown.

**644-4653**

fax 644-4683

[georgesullivanmanor@gci.net](mailto:georgesullivanmanor@gci.net)

**Hearts & Hands Adult Day Services**

744 E 13th Ave, 99501  
[heartsak.com](http://heartsak.com)

**644-0480**  
 toll-free 888-644-0480  
[info@heartsak.com](mailto:info@heartsak.com)

Offers activities such as group games, memory skill building, light exercise, and holiday festivals. Also provides opportunities for recreational field trips for a change of scenery, socialization, and safe, supervised activities within the community. [LifeWorks]

**Hearts & Hands #2**

612 E 14th Ave

**Home Instead Senior Care** 

440 W Benson Blvd, Ste 100, 99503  
[www.homeinstead.com](http://www.homeinstead.com)

**277-4663**  
 fax 277-4667

Provides personal care, chore and errand service, incidental transportation, and companionship. Also offers Alzheimer's and dementia care.

**Homewell Care Services** 

1801 E Dowling Rd, Ste 300, 99507  
[www.homewellcares.com/ak112](http://www.homewellcares.com/ak112)

**868-3100**  
 fax 868-4658  
[josh@homewellak.com](mailto:josh@homewellak.com)

Provides hourly and live-in personal care, transportation, errands, housekeeping, meal preparation and respite services in Anchorage and Mat-Su.

**Hope Community Resources** 

540 W Int'l Airport Rd, 99518  
[www.hopealaska.org](http://www.hopealaska.org)  
*service area: statewide*

**561-5335**  
 toll-free 800-478-0078  
[info@hopealaska.org](mailto:info@hopealaska.org)

Provides services and support to help people who experience disabilities.

**Hospice of Anchorage** 

2612 E Northern Lights Blvd, 99508  
[www.hospiceofanchorage.org](http://www.hospiceofanchorage.org)

**561-5322**  
 fax 561-0334  
[info@hospiceofanchorage.org](mailto:info@hospiceofanchorage.org)

Information and referral, outreach, nursing care, volunteer opportunities and bereavement support services for the terminally ill and their families.

**Independence Park Manor I & II** 

2301/2401 Sentry Dr, 99507  
[www.manormanagementak.com](http://www.manormanagementak.com)

**929-3667**  
 fax 929-0647  
[ipmanor@gci.net](mailto:ipmanor@gci.net)

Independent living in a residential setting for low-income seniors 62 and older. Both communities have 19 one-bedroom apartments with full kitchens and rent subsidies for those who qualify. Rent includes all utilities (except telephone and cable television), a multipurpose room for resident events, laundry room and on-site parking.

# Anchorage

## **Intervention Helpline**

205 E Dimond Blvd, Ste 820, 99515

toll-free 833-732-6879

[www.interventionhelpline.org](http://www.interventionhelpline.org)

**272-1174**

240-2313

fax 866-750-9571

[john@interventionhelpline.org](mailto:john@interventionhelpline.org)

Provides family intervention and counseling services for people suffering from substance abuse. Works as a placement agency and has working relationships with over 50 treatment facilities and detox centers. Also hosts a weekly radio program.

## **Jewel Lake Plaza**

8300 Jewel Lake Rd, 99502

[www.manormanagementak.com](http://www.manormanagementak.com)

**248-8377**

fax 248-8427

[jlplaza@gci.net](mailto:jlplaza@gci.net)

Independent living for low-income seniors 62 and older, with 19 one-bedroom apartments with full kitchens offer rent subsidies for those who qualify. Rent includes all utilities (except telephone and cable television), a multipurpose room for resident events, laundry room, and on-site parking.

## **Kehl's Legacy Funeral Home**

11621 Old Seward Hwy, 99502

[www.legacyalaska.com](http://www.legacyalaska.com)

**344-1497**

fax 349-2947

Alaskan-owned funeral homes and crematories helping Alaskans in their time of need.

## **Kirk, Kenneth, P.C.**

3401 Denali St, Ste 203, 99503

[www.kirkalaska.com](http://www.kirkalaska.com)

**279-1659**

fax 278-4119

[info@kirkalaska.com](mailto:info@kirkalaska.com)

Attorney and estate planner with more than 30 years of experience, handling everything from simple wills to living trusts, and serving clients throughout Southcentral Alaska.

## **Lakeview Home**

2675 Wesleyan Dr, 99508

**339-7111**

administrator 727-5053

fax 677-0344

[lakeviewalh@gmail.com](mailto:lakeviewalh@gmail.com)

Eleven-bed assisted living home featuring 24-hour awake staffing. Lower level is wheelchair accessible; the 2nd and 3rd levels each have complete living and dining facilities and are accessible by stair assist devices. Second level features a deck and solarium. Owner also operates four smaller assisted living homes. Call for details.

## **Legacy Heritage Chapel at Angelus**

400 E Klatt Rd, 99515

[www.legacyalaska.com](http://www.legacyalaska.com)

**336-3338**

fax 336-5558

Alaskan-owned funeral homes and crematories helping Alaskans in their time of need.



**LifeWorks Lodge**

500 W Int'l Airport Rd, 99518

[www.heartsak.com](http://www.heartsak.com)**644-0480**[info@heartsak.com](mailto:info@heartsak.com)

Offers activities such as group games, memory skill building, light exercise and holiday festivals. Also provides opportunities for recreational field trips for a change of scenery, socialization, and safe, supervised activities within the community.

**Long Term Care Ombudsman** 

Mental Health Trust Authority Bldg

3745 Community Park Lp, Ste 200, 99508

[www.akoltco.org](http://www.akoltco.org)*service area: statewide***334-4480**

fax 334-4486

[akoltco@alaska.gov](mailto:akoltco@alaska.gov)

Provides resident-centered advocacy designed to protect the rights, health, safety, and welfare of seniors over the age of 60 who live in nursing facilities or assisted living homes. Also advocates for seniors living in the community who have complaints about their residential circumstances. [Alaska Department of Revenue, Mental Health Trust Authority]

**Lutheran Social Services of Alaska**  

1303 W 33rd St, 99503

[www.lssalaska.org](http://www.lssalaska.org)**272-0643**

fax 272-5728

[lssa@gci.net](mailto:lssa@gci.net)

Provides transportation to medical appointments and a food pantry to provide emergency food and clothing assistance to individuals and families who qualify and have applied for the USDA program. Transitional Living Services provides room and support services for single, homeless men in Anchorage. The Association for Stranded Rural Alaskans provides emergency shelter and transportation to individuals who come to Anchorage for medical treatment and their insurance does not provide transportation home.

**Marlow Manor Assisted Living** 

2030 Muldoon Rd, 99504


[www.marlowmanor.com](http://www.marlowmanor.com)**338-8708**

fax 338-8627

[kathy@marlowmanor.com](mailto:kathy@marlowmanor.com)

Assisted living for seniors 62 years and older with 48 individual apartments including 14 on a secured floor for dementia care. Offers meals, housekeeping, personalized daily living assistance, a state-of-the-art in-house emergency call system, RN on-call for triage and 24-hour staffing.

# Anchorage

**Maxim Healthcare Services**  **770-0862**  
670 W Fireweed Ln, Ste 160, 99503 fax 844-845-1120  
[www.maximhealthcare.com](http://www.maximhealthcare.com) [anchorageoffice@maxhealth.com](mailto:anchorageoffice@maxhealth.com)

A Medicare/Medicaid certified agency providing skilled private duty nursing and personal care attendants for in-home services. Also serves Kenai Peninsula and MatSu.

**McKinley Services**  **258-5100**  
4010 Mountain View Dr  
PO Box 200468, 99520 fax 277-0976  
[mckinleyak.com](http://mckinleyak.com)

Provides personal care services, and home- and community-based waiver services, with the goal of prolonging independence and providing services with dignity and respect. Serves Anchorage, Mat-Su Valley. Participates in the Community First Choice program.

**McNabb Law Offices**  **561-4529**  
741 Sesame St, Ste 1C  
PO Box 91709, 99509  
[mcnabb.alaska.law@gmail.com](mailto:mcnabb.alaska.law@gmail.com)

Specializes in estate planning such as the preparation of wills and trusts (including pet trusts), trust administration, and other probate-related legal services.

**Medicaid** **see Alaska Div of Public Assistance**

**Midnight Sun Home Care, Inc.**  **677-7890**  
1023 E 6th Ave, 99501 toll-free 877-677-7890  
fax 677-7989  
[www.midnightsuncare.com](http://www.midnightsuncare.com) [customercare@midnightsuncare.com](mailto:customercare@midnightsuncare.com)

In-home assistance for senior and disabled Alaskans such as companionship, meal preparation, incidental transportation, errands and shopping, housekeeping and laundry, medication reminders, and personal care assistance. Offers Philips Lifeline Medical Alarms and much more. Services available in Anchorage and the Mat-Su Valley.

**Miracle Ear**  **274-7700**  
270 W 34th Ave, 99503 fax 274-7710  
[www.miracle-ear.com](http://www.miracle-ear.com)

Hearing support company with free annual hearing tests, consultation, sales and maintenance of hearing aids.

**Mountain-Pacific Quality Health Foundation**  **561-3202**

PO Box 5119

Helena MT, 59604

[www.mpqhf.org](http://www.mpqhf.org)*service area: statewide*

Health care quality improvement organization ensures medical care received by Medicare beneficiaries meets professionally recognized standards.

**Muldoon Manor** 

2040 Muldoon Rd, 99504

[www.manormanagementak.com](http://www.manormanagementak.com)**338-8700**

fax 338-8701

[mmanor@ptialaska.net](mailto:mmanor@ptialaska.net)

Independent living for low-income seniors 62 and older, with 19 one-bedroom apartments with full kitchens. Offer rent subsidies for those who qualify. Rent includes all utilities (except telephone and cable television), a multipurpose room for resident events, laundry room, and on-site parking.

**NAACP Branch #1000**

4119 Mountain View Dr

PO Box 200089, 99520

[www.naacpanchorage.weebly.com](http://www.naacpanchorage.weebly.com)**272-8717**

fax 222-0907

[naacpanchorage2017@gmail.com](mailto:naacpanchorage2017@gmail.com)

National Association for the Advancement of Colored People. An organization of concerned Americans whose mission is to ensure the political, educational, social and economic equality of rights of all persons and to eliminate race-based discrimination.

**National Active & Retired****Federal Employees Assoc. #1779**[www.narfe.org](http://www.narfe.org)

Local chapter of national organization that seeks to promote the welfare of federal workers and retirees through information and advocacy. All current and former federal employees are eligible to join.

**National Education Association Alaska/Retired**

4100 Spenard Rd, 99517

[www.neaalaskaretired.com](http://www.neaalaskaretired.com)*service area: statewide***274-0536**

toll-free 800-996-3225

[info@neaalaska.org](mailto:info@neaalaska.org)

Organization for retired Alaskan educators which advocates for students, public education, and the welfare of retired members. Advocates for protecting and improving retirement pension and health benefits, including state pensions, Social Security and Medicare.

## Neighborworks Alaska

2515 A St, 99503

[www.nwalaska.org](http://www.nwalaska.org)

**677-8490**

fax 677-8450

[info@nwaska.org](mailto:info@nwaska.org)

Specializes in affordable housing, home ownership, and community development. Dedicated to improving the quality of life for families and individuals by preserving homes, creating new housing opportunities, and strengthening neighborhoods.

## Older Persons Action Group (OPAG)

3340 Arctic Blvd, Ste 106, 99503

[www.opagak.com](http://www.opagak.com) [www.seniorvoicealaska.com](http://www.seniorvoicealaska.com)

service area: statewide

**276-1059**

toll-free 800-478-1059

[admin@opagak.com](mailto:admin@opagak.com)

Established in 1968, the Older Persons Action Group, Inc. (OPAG) is a nonprofit membership organization dedicated to improving services, developing programs, educating, promoting and implementing changes to help Alaska seniors live healthy, productive lives. Some of OPAG's services are: information and referral services for Medicare, Medicaid, Social Security and senior issues, the Senior Care Providers Network Inter-Agency Breakfast, publishing and distributing this *Directory for Older Alaskans* and the *Senior Voice* monthly newspaper (See separate listing). The Senior Voice website publishes the *Senior Voice* newspaper and other breaking news articles on-line at [www.seniorvoicealaska.com](http://www.seniorvoicealaska.com). Subscription/Membership to OPAG includes access to services and a monthly copy of *Senior Voice* delivered to your home. Annual Subscription/Membership is \$30 in state and \$35 out of state. Statewide members of the board of directors are linked via monthly teleconference calls and are invited to attend OPAG's annual meeting each November.

### Senior Care Givers and Providers Network

The monthly Inter-Agency Networking Breakfast is coordinated by OPAG and hosted by various agencies as a chance for businesses and agencies to connect with one another and learn what is offered to promote the quality of life for seniors and their families as well as their caregivers.

## Opus Memoria, LLC

PO Box 220813, 99522

[www.opusmemoria.com](http://www.opusmemoria.com)

**677-1919**

fax 877-310-8771

[Suzanne@preferhomeak.com](mailto:Suzanne@preferhomeak.com)

A six-bedroom assisted living home specializing in memory care. A patient-centered, task-orientated home. Two master bedrooms are available for couples.

**People Mover Bus Service** **343-6543**

Downtown Transit Center

700 W 6th Ave, 99501

[www.peoplesmover.org](http://www.peoplesmover.org)

All People Mover buses are fully accessible. Seniors 60 and over ride free on Wednesdays and for half price other days: \$1.00 per ride, with day, week etc., up to year passes available. Show proof of age at each boarding or get a smart card to simplify the process. Smart card applications are available online or at the Transit Center. Also offers free one-on-one and group training to help seniors/disabled to learn to use the system.

**Anchor Rides**

Door-to-door transportation service for those 60 or older or persons of any age who are unable to use the People Mover because of disabilities. Advance reservations are required. Required passes issued by the municipality (call main number listed above).

**Pioneer Home** **276-3414**

923 W 11th Ave, 99501-4396

state office 465-4416

fax 343-7272

[dfcs.alaska.gov/daph](http://dfcs.alaska.gov/daph)[tammy.lindemuth@alaska.gov](mailto:tammy.lindemuth@alaska.gov)*service area: statewide*

Assisted and independent living facility for those 60 and over who have resided in Alaska for at least one year and have a need for the services provided. [AK Dept of Family and Community Services]

**Preferred Care at Home of Alaska** **868-1919**

601 W 41st Ave, Ste102

PO Box 220813, 99522

fax 877-310-8771

[www.preferhome.com/alaska](http://www.preferhome.com/alaska)[suzanne@preferhomeak.com](mailto:suzanne@preferhomeak.com)*service area: regional (Anchorage, Mat-Su, Fairbanks, North Pole)*

Assists clients in improving their quality of life with dignity and independence through companionship and in-home personal care such as meal preparation, help with chores, errands, medication reminders, and incidental transportation. Also offers Alzheimer's/Parkinson's care, live-in care, end-of-life care, post-surgery and hospital transition care. Also serves Mat-Su, Fairbanks and North Pole through this office.

**Prestige Care and Rehabilitation Center** **333-8100**

9100 Centennial Cir, 99504

fax 338-6789

[www.prestigecare.com](http://www.prestigecare.com)[info@prestigecare.com](mailto:info@prestigecare.com)

A 102-bed skilled nursing facility located in northeast Anchorage offering 24-hour nursing services, physical, occupational, and speech therapy, restorative nursing, social services, and spiritual and other enrichment activities in a home-style setting.

## **ProCare Home Medical**

4215 Credit Union Dr, 99503

**274-0770**

toll-free 877-274-0770

fax 274-0773

[www.procarehm.com](http://www.procarehm.com)

Provides home medical equipment and supplies including respiratory services, enteral nutrition supplies, incontinence supplies, sleep therapy, hospital beds, walkers and wheelchairs. Accepts Medicare and Medicaid patients.

## **Providence Alaska**

**562-2211**

[www.providence.org](http://www.providence.org)

See selected programs below or call or visit the website for complete range of services. See also Providence Horizon House in the housing section.

### **Providence Medical Group Primary Care**

**212-3420**

call or visit website for locations

A primary care medical office for patients 18 years and older utilizing the Patient-Centered Medical Home model which fosters ongoing partnerships between patients and their personal clinicians. Each patient's care is overseen by clinician-led care teams that coordinate treatment across the health care system.

### **Providence Alaska Medical Center**

**562-2211**

3200 Providence Dr

24-hr nurse advice 212-6183

Full-service hospital offering several programs of interest to seniors such as the free 24-hour nurse advice line, the physician referral service, health fair, cancer center, and the Arthritis Foundation Support Group.

### **Providence Home Health**

**212-0500**

4001 Dale St, Ste 101

Hospice 212-4400

Staff consists of experienced registered nurses and certified home health aides, physical, occupational and speech therapists, as well as medical social workers, and registered dietitians, provided in your home.

### **Providence Extended Care**

**212-9200**

920 Compassion Cir

fax 212-9289

Provides long-term skilled nursing care and rehabilitation services in the setting of a traditional home featuring a shared dining room and kitchen, courtyard/patio, free in-room cable TV, 96 private bedrooms and bathrooms.

### **Providence Transitional Care Center**

**212-9100**

910 Compassion Cir

fax 212-9193

A 50-bed skilled-nursing facility, focusing on short term rehabilitation and nursing care in a homelike setting.

**Providence Behavioral Health Services**

3760 Piper St, Ste 1108

**212-6900**

crisis-line 563-3200

Breakthrough 212-6970

Mental health and counseling services, including the emergency intervention via the crisis line and the Providence Breakthrough program for alcohol and drug abuse treatment.

**St. Elias Specialty Hospital****561-3333**

4800 Cordova St

Long-term acute care hospital with physical, occupational, and other neurological and rehabilitative therapies for a range of conditions. Assists with stroke, brain and spine injury, heart and lung disease and congenital deformities. Provides one-to-one support and care after joint replacement, major surgery, amputation or traumatic injuries.

**Providence ExpressCare****888-227-3312**

call or visit website for locations

[www.Providence.org/ExpressCare](http://www.Providence.org/ExpressCare)

Same-day care for minor illnesses and injuries like coughs and colds, strains and sprains, rashes, earaches, UTIs, and more. No waiting rooms — book online and choose a time. Also provides screenings and tests.

**Providence Horizon House**

4140 Folker St, 99508

**212-5340**

fax 212-5360

[www.providence.org](http://www.providence.org)

Combines housing, supportive services with certified nurses assistants and congregate meals as needed. Sixty traditional assisted living studio apartments and a 25-bed assisted living program for those with Alzheimer's and other memory disorders.

**Re-Bath of Alaska**

6623 Brayton Dr, 99507

**929-2284**[www.akbath.com](http://www.akbath.com)[lindsey@akbath.com](mailto:lindsey@akbath.com)

An Alaskan- and veteran-owned and operated full-service bathroom remodeling company. Can install accessibility features such as ADA compliant walk-in tubs, grab bars, slip-resistant flooring, comfortable seats and more.

**Reliance Medset Pharmacy**

1035 W Fireweed Ln, Ste 100, 99503

**770-0649**

fax 770-0650

[reliance.medset@gmail.com](mailto:reliance.medset@gmail.com)

Medset pharmacy with delivery services.

## Residential Licensing

4601 Business Park Blvd, Bldg K, 99503  
complaint hotline 800-478-9996

[health.alaska.gov/dhcs/Pages/cl/all](http://health.alaska.gov/dhcs/Pages/cl/all)

*service area: statewide*

Oversees assisted living homes and facilities and maintains a list of all such facilities in the state. Duties include licensing and handling complaints. [AK Dept. of Health, Health Care Services]

**269-3640**

or 727-7354

fax 770-1684

## Rural Alaska Community Action Program

731 E 8th Ave, 99501

[www.ruralcap.org](http://www.ruralcap.org)

*service area: statewide*

Weatherizes homes for qualifying low-income home owners and renters in Juneau, Anchorage, and western and northwestern Alaska, with priority given to the elderly. Also makes home accessibility modifications for senior homeowners. Other programs include, AmeriCorps and VISTA, and the Elder Mentor foster grandparent program (See below).

### Elder Mentor foster grandparent program

**865-7276**

800-877-8339

[eldermentors@ruralcap.org](mailto:eldermentors@ruralcap.org)

Connects volunteers over age 55 with children in order to support academic engagement and school readiness statewide.

## Russian Jack Manor

1260 Delasala Pl, 99508

[www.manormanagementak.com](http://www.manormanagementak.com)

Independent living for low-income seniors 62 and older, with 19 one-bedroom apartments with full kitchens offer rent subsidies for those who qualify. Rent includes all utilities (except telephone and cable television), a multipurpose room for resident events, laundry room, and on-site parking.

**332-4083**

fax 332-4080

[rjmanor@manormanagement.com](mailto:rjmanor@manormanagement.com)

## Salvation Army Older Alaskans Program

1712 A St, 99501

[www.oap.salvationarmy.org](http://www.oap.salvationarmy.org)

The Meals on Wheels program provides home-delivered meals, plus lunch is served at no cost to seniors 60 and over at several locations around Anchorage. Call for current locations and times.

**349-0613**



**Safe Seniors Disaster Preparedness Program****375-3553**

A free service for seniors including information, planning tools, a basic disaster supply kit, and individualized assistance from AmeriCorps members to help plan for emergencies and disasters.

**SCORE “Counselors to America’s Small Business”**

[www.score.org/alaska](http://www.score.org/alaska)

*service area: statewide (Anchorage, Fairbanks, Southeast)*

A nonprofit association staffed by volunteers with valuable business experience and dedicated to helping in the formation and success of small businesses. Mentors are free and confidential and are drawn from both working and retired business owners and executives. Check the website for current Alaska opportunities. [Hosted by the U.S. Small Business Administration]

**Senior Voice****276-1059**

3340 Arctic Blvd, Ste 106, 99503

toll-free 800-478-1059

[www.seniorvoicealaska.com](http://www.seniorvoicealaska.com)

[admin@opagak.com](mailto:admin@opagak.com)

*service area: statewide*

A statewide monthly newspaper serving Alaskans age 50+ and their families since 1978. This nationally-recognized, award-winning publication is published by Older Persons Action Group with support from advertisers, subscriptions and a grant from the State of Alaska Dept. of Health and Social Services. Subscribe by way of joining Older Persons Action Group for \$30 per year (\$35 outside Alaska). OPAG membership includes subscription to Senior Voice. Membership is available for free to low-income seniors who apply for it. Contact Senior Voice for advertising rates or for bulk deliveries. Articles and photos may be submitted to the managing editor for possible publication. Seniors can read Senior Voice articles and breaking news on the Senior Voice website at [www.seniorvoicealaska.com](http://www.seniorvoicealaska.com). Senior Voice also has a Facebook page (search for “Senior Voice Alaska”).

**Serendipity Adult Day Services****279-0501**

3550 E 20th Ave, 99508

fax 279-0502

[www.serendipity.salvationarmy.org](http://www.serendipity.salvationarmy.org)

Offerings adults with cognitive or functional impairments a program of health, social and therapeutic activities led by a professional staff.

**Southcentral Foundation Elder Program****729-6500**

6901 E Tudor Rd, Ste 8, 99508

fax 729-6520

[southcentralfoundation.com/services/elder-program](http://southcentralfoundation.com/services/elder-program) [scfelderprogram@scf.cc](mailto:scfelderprogram@scf.cc)

Services for Native elders 55 and older include a congregate lunch program, home visits, chore service, transportation to medical appointments, interpretive/translation service, and group social activities. Also offers care coordination, referral services, care...

...this listing continues next page...

# Anchorage

giver support, and help accessing government and community resources such as Social Security, housing programs, etc.

## **Southcentral Foundation Waiver Care Coordination**

**729-6365**

4160 Tudor Centre Dr, 99508

fax 729-6366

[www.southcentralfoundation.com](http://www.southcentralfoundation.com)

Offers Medicaid Waiver Care Coordination services for Alaska Natives and American Indian individuals residing in the Municipality of Anchorage and the Mat-Su Valley.

## **Southside Seniors Apartments**

**522-6393**

9480 Morningside Lp, 99515

fax 563-9972

[kirkwoodcompany@alaska.net](mailto:kirkwoodcompany@alaska.net)

Forty-eight unit senior housing complex featuring deluxe 1-bedroom apartments with washer and dryer and secure building entry system. Open to those 62 and older meeting income limits.

## **Standing Together Against Rape (STAR)**

**276-7279**

1057 W Fireweed Ln, Ste 230, 99503

crisis-line 276-7273

fax 278-9983

crisis-line 800-478-8999

[www.staralaska.com](http://www.staralaska.com)

[star@staralaska.org](mailto:star@staralaska.org)

*service area: statewide*

Information and referral, outreach, advocacy for survivors of rape and sexual abuse. Educational classes on issues of sexual abuse, sexual assault and prevention. Legal advocacy. Volunteers welcome.

## **Taylor Restoration**

**344-1239**

8535 Dimond D Cir, Ste A, 99515

[www.taylorrestorationalaska.com](http://www.taylorrestorationalaska.com)

Taylor Restoration is a family owned construction and remodeling company offering accessible home renovations as well as move-out cleanings and pack-out services. Additional services include fire and water damage restoration, mold remediation, and carpet and blind cleaning.

## **Thomas Center**

**538-9995**

2190 E Tudor Rd, 99507

[www.thomascenterak.com](http://www.thomascenterak.com)

[manager@thomascenterak.com](mailto:manager@thomascenterak.com)

New studio, 1-bedroom and 2-bedroom apartments for active seniors in Alaska, nestled in a wooded area on the St. Mary's Episcopal Church campus off Tudor and Lake Otis Parkway. A nondenominational senior community.

**Trinion Quality Care Services, Inc.** 

3700 Woodland Dr, Ste 500, 99517

[www.trinionqcs.com](http://www.trinionqcs.com)**644-6050**

fax 644-4438

[info@trinionqcs.com](mailto:info@trinionqcs.com)

Offers non-medical short-term recovery care and long-term services, in your own home for the elderly, disabled, and developmentally delayed, including those with Alzheimer's Disease and dementia, and traumatic brain injury. Services include personal care, day habilitation, respite, errands and chores and aging-in-place support. Accepts private pay, Medicaid and long-term care insurance.

**Turnagain Social Club** 

3201 Turnagain St, 99517

[www.turnagainsocialclub.com](http://www.turnagainsocialclub.com)**677-6770**[kori@turnagainsocialclub.com](mailto:kori@turnagainsocialclub.com)

An adult day center offering transportation, socialization, recreation, personal care assistance, and meals to seniors, or those with physical disabilities. Also has cognitive programs, physical games, exercise, sensory stimulation, crafting, animal therapy, games and more.

**U.S. Dept. of Housing & Urban Development (HUD)** **677-9800**

Elderly Housing Programs

3000 C St, Ste 401, 99503

[www.hud.gov/states/alaska](http://www.hud.gov/states/alaska)*service area: statewide*

Complaint Line 800-877-0246

[AK\\_Webmanager@hud.gov](mailto:AK_Webmanager@hud.gov)

Funds expansion of elderly and assisted living housing through nonprofit organizations and consumer cooperatives. Rental assistance covers the difference between the resident's rent (approximately 30% of their adjusted income) and the HUD-approved operating cost. Most programs administered through state entities, mainly AHFC.

**U.S. Dept. of Veterans Affairs** 

1201 N Muldoon Rd, 99504

[www.alaska.va.gov](http://www.alaska.va.gov)*service area: statewide***888-353-7574**

benefits office 800-827-1000

Mental Healthcare 907-257-4854

Alaska VA Healthcare System and regional office (Located at the Elmendorf Hospital) offers primary, specialty, and mental health outpatient care to Alaska veterans. A comprehensive Homeless Veteran Service is also located in Anchorage consisting of a Domiciliary Residential Rehabilitation Treatment Program, Veterans Industries, PR-RTP, HUD/VASH and outreach.

*...this listing continues next page...*

# Anchorage

## **Anchorage Vet Center**

**563-6966**

24-hr help line 877-927-8387

4400 Business Park Blvd, Suite B-34, 99503

Provides a broad range of counseling, outreach and referral services to veteran and their families, including job search help, and bereavement counseling.

## **Elmendorf-Richardson VA Clinic**

**257-4700**

5955 Zeamer Ave

673rd Medical Group, Bldg 673

Primary care outpatient clinic.

## **U.S. Social Security Administration**



**866-772-3081**

Federal Bldg Annex

222 W 8th Ave, Room A11, 99513

national TTY 800-325-0778

fax 271-4799 TTY

[www.ssa.gov](http://www.ssa.gov)

service area: statewide

Information concerning Social Security, Medicare, and Supplemental Security Income (SSI). Hours M-F, 9 am-4 pm. See also Medicare Information Office under Alaska Division of Senior and Disabilities Services.

## **UAA Dental Program**



**786-6960**

Allied Health Science Bldg, Ste 131

3500 Seawolf Dr, 99508

fax 786-6937

[www.uaa.alaska.edu/dentalclinic](http://www.uaa.alaska.edu/dentalclinic)

[dentalclinic@uaa.alaska.edu](mailto:dentalclinic@uaa.alaska.edu)

Provides dental screening, X-rays, fluoridation and cleaning in a training setting at costs below those of private dentistry. Only available during the Sept-Apr school year.

## **University of Alaska Anchorage**

**786-1800**

3211 Providence Dr, 99508

admissions 786-1480

[www.uaa.alaska.edu](http://www.uaa.alaska.edu)

service area: statewide

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for “senior citizen tuition waiver.”

## **JBER-Richardson Military Programs**

**786-7601**

Bldg 7 Chilkoot Ave, Rm 228, 99505

[uaa\\_militaryadvising@alaska.edu](mailto:uaa_militaryadvising@alaska.edu)

**JBER-Elmendorf Military Programs**

4109 Bullard Ave, 3 MSS/DPE, Rm 105, 99506

[uaa\\_militaryadvising@alaska.edu](mailto:uaa_militaryadvising@alaska.edu)**786-7601****Visiting Angels Alaska** **868-2650**

341 W Tudor Rd, Ste 104, 99503

[www.visitingangels.com/anchorage](http://www.visitingangels.com/anchorage)*service area: regional (southcentral)*

Provides families with respite care, personal care, hygiene assistance, meal planning and preparation, light housekeeping, med reminders, and errands.

**VOA Alaska****279-9640**

2600 Cordova St Ste 101, 99503

[www.voak.org](http://www.voak.org)*service area: statewide (Anchorage)*[info@voak.org](mailto:info@voak.org)

VOA's Kinship Care program (formerly Grandfamilies) provides statewide support for Alaskans caring for their family members' children, including grandparents raising grandchildren. Services include case management, financial assistance, and respite care. Additional family services include therapy for families and caregivers, education, support groups and home-based services.

**Wellspring Home Health** **357-3655**

5700 Old Seward Hwy, Ste 102, 99518

on-call 671-2925

fax 357-3656

[www.wellspringhomehealth.com](http://www.wellspringhomehealth.com)[info@wellspringhomehealth.com](mailto:info@wellspringhomehealth.com)

Offers skilled nursing and physical, occupational, and speech therapy in the patient's home for those who have difficulty leaving the home (such as use of walker or wheelchair). Also offers personal care services. Accepts Medicare, VA, and private insurance.

**Witzleben Legacy Funeral Home****277-1682**

1707 South Bragaw St, 99508

fax 278-5133

[www.legacyalaska.com](http://www.legacyalaska.com)

Alaskan-owned funeral homes and crematories helping Alaskans in their time of need.

## Cooper Landing

### Cooper Landing Senior Citizens

**595-3000**

19958 Campus Dr  
PO Box 552, 99572

[www.cooperlandingseniors.com](http://www.cooperlandingseniors.com)

[clscci@arctic.net](mailto:clscci@arctic.net)

Two independent living apartments provide a total of 12 units overlooking Kenai Lake. Common areas are used for get-togethers with larger gatherings meeting in the Cooper Landing Community Hall. Sponsors potlucks, occasional classes, etc. Transportation is provided to Soldotna/Kenai on Wednesdays for appointments, shopping, etc., and also to various special events on the peninsula or in Anchorage. On Mondays volunteers clean up three highway dumpster sites in surrounding areas.

## Cordova

### Cordova Community Medical Center

**424-8000**

PO Box 160, 99574

fax 424-8116

[www.cdvmc.com](http://www.cdvmc.com)

Offers a range of services, including primary care, acute, emergency, preventive, and long-term care.

#### Senior Citizens Program

meal reservation 424-8282

transportation 429-3111

Serves meals M-F, both congregate and home-delivered (for eligible seniors/disabled), at no cost (donations encouraged). Provides door-to-door transportation via accessible van for eligible seniors/disabled. Please call 24 hours in advance of trip.

### Cordova Family Resource Center

**424-5674**

PO Box 863, 99574

crisis-line 424-4357

crisis-line 866-790-4357

[www.cordovafamilyresourcecenter.org](http://www.cordovafamilyresourcecenter.org)

[cfrcc@ctcak.net](mailto:cfrcc@ctcak.net)

Offers domestic violence, sexual assault and victim services programs. Member of Alaska Network on Domestic Violence and Sexual Assault. Fee agent for public assistance programs. Lending library of books and videos. Lending closet of wheelchairs, crutches and other health aids. Conducts education/prevention classes in the schools. Also serves Tatitlek and Chenega Bay. Help available via text 7 am -11 pm daily at 860-407-8001.

**Sunset View** **424-7697**

401 Second St  
 PO Box 1728, 99574  
[www.ahfc.us](http://www.ahfc.us)

fax 424-7699

Twenty-two units of low-income housing for seniors and disabled Alaskans. Office hours 8:30 am-2:30 pm, M-F. See also Alaska Housing Finance Corporation in Anchorage listings. [Alaska Housing Finance Corporation]

**Univ. of AK Cordova Extension Site****424-7598**

100 Fisherman Ave  
 PO Box 1248, 99574  
[www.pwsc.alaska.edu](http://www.pwsc.alaska.edu)

fax 834-1627

[cordova@pwsc.alaska.edu](mailto:cordova@pwsc.alaska.edu)

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for “senior citizen tuition waiver.”

## Eagle River/Chugiak

**Chugiak-Eagle River Senior Center**  **688-2677**

22424 N Birchwood Lp Rd, 99567

meals and rides 688-2698

Assisted Living 688-8999

fax 688-1319

[www.chugiak.org](http://www.chugiak.org)[chugiaksenioncenter@mtaonline.net](mailto:chugiaksenioncenter@mtaonline.net)

Serves lunch at the center and delivers to home-bound seniors. Also offers transportation, recreation/social activities, exercise and wellness programs, outreach, information and referral, and adult day services. Operates 42 senior apartments, 20 assisted living apartments, and 20 low-income (HUD 202) apartments. Serves Chugiak, Eagle River, Eklutna, and Peters Creek.

**Coronado Park Senior Village** **793-3053**

16820 Coronado Rd, 99577

main office 793-3000

fax 793-3070

[www.cookinlethousing.org](http://www.cookinlethousing.org)[info@cookinlethousing.org](mailto:info@cookinlethousing.org)

Fifty-six fully-accessible one- and two-bedroom apartments designed for seniors and open to those 55+. Washer/dryer in each unit, plus two common areas for social and educational gatherings. Close to restaurants and stores. [Cook Inlet Housing Authority]

# Glennallen

## **Providence ExpressCare**

**888-227-3312**

17101 Snowmobile Ln, Ste 114, 99577

[www.Providence.org/ExpressCare](http://www.Providence.org/ExpressCare)

Same-day care for minor illnesses and injuries like coughs and colds, strains and sprains, rashes, earaches, UTIs, and more. No waiting rooms — book online and choose a time. Also provides screenings and tests.

# Glennallen

## **Copper River Native Assn. Elders Services** **822-5241**

Mile 111.5 Richardson Hwy

fax 822-8801

PO Box 383, 99588

after hours nurse 822-5241

[crnative.org](http://crnative.org)

[info@crnative.org](mailto:info@crnative.org)

*service area: regional (Copper River Basin)*

Congregate and home-delivered meals, information, outreach, transportation, escort, chores, shopping, recreational and social activities, and outings. Vans are handicapped accessible. Also offers employment and job training services. Serves many communities around the Copper River Basin.

## **Copper River Native Assoc. Health Care** **822-5241**

Mile 111.5 Richardson Hwy

PO Box 383, 99588

fax 822-8804

Primary health care via outpatient clinics and community health aides in most communities in the region. Also offers dental care and behavioral health services.

## **Univ. of AK Copper Basin Extension Site** **822-3673**

1976 Aurora Dr

PO Box 730, 99588

fax 822-5574

[www.pwsc.alaska.edu](http://www.pwsc.alaska.edu)

[uaa\\_pwsc\\_copperbasin@alaska.edu](mailto:uaa_pwsc_copperbasin@alaska.edu)

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for “senior citizen tuition waiver.”



## Homer

**All Ways Caring HomeCare** 

332 E Pioneer Ave, Ste 2, 99603

[www.allwayscaring.com](http://www.allwayscaring.com)*service area: statewide***235-7682**

fax 235-7684

In-home personal care attendants, day-outing attendants, chore and respite services, care coordination and referral services, and employment evaluation and coaching. Most services qualify for one or more waiver programs. Also operates an assisted living home. See the index for more locations.

**Consumer Direct Care Network** 

126 W Pioneer Ave, Ste 5, 99603

[www.consumerdirectak.com](http://www.consumerdirectak.com)*service area: statewide***357-7962**

toll-free 888-900-7962

fax 866-495-7963

[InfoCDAK@consumerdirectcare.com](mailto:InfoCDAK@consumerdirectcare.com)

Provides individuals needing personal care assistance the ability to receive care in their home from the caregiver of their choice, via a Medicaid waiver program. Serves all of Alaska through this and additional offices in Anchorage, Wasilla, Kenai, Kodiak, and Ketchikan.

**Home Health Services** 

203 W Pioneer Ave, 99603

[www.sphosp.org](http://www.sphosp.org)**235-0369**

fax 235-0810

Home health care agency, care coordination, private duty nursing, environmental modification, and diabetics education programs. [South Peninsula Hospital]

**Homer Senior Citizens, Inc.**  

3935 Svedlund St, 99603

[www.homerseniors.org](http://www.homerseniors.org)**235-7655**

fax 235-3739

[info@homerseniors.com](mailto:info@homerseniors.com)

Adult day services, congregate and home-delivered meals, information, referral, outreach, volunteer opportunities, transportation, recreational and social activities, exercise and health education. Participates in the MASST (Mature Alaskans Seeking Skills Training) senior employment program. Veteran's Pilot Program—VA covers "Cost of Care."

**Independent Living Senior Housing**

Independent living for those 55 years and older with a total of 45 one- and two-bedroom apartments in four buildings: Kachemak Bay, Pioneer Vistas, Bartlett Terrace, and Swatzell Terrace.

*...this listing continues next page...*

# Homer

## **The Terrace Assisted Living**

250 Herndon Dr

Forty 1-bedroom apartments, library, “wellness” room with a hair care station, activity room, family gathering room, van for resident outings and medical appointments.

Connected to Homer Senior Center for easy access to recreational programs and three meals daily.

## **Hospice of Homer**

**235-6899**

265 E Pioneer Ave, Ste 3

PO Box 4174, 99603

[www.hospiceofhomer.org](http://www.hospiceofhomer.org)

[director@hospiceofhomer.org](mailto:director@hospiceofhomer.org)

*service area: regional (Southwest Kenai Peninsula)*

Offers support services to individuals and their families who are experiencing a life-threatening illness. Services include respite for caregivers, bereavement counseling, loan of medical equipment and a lending library. Also serves the frail and isolated through the Volunteer Visitor program. All services are free.

## **Independent Living Center**



**235-7911**

265 E Pioneer Ave, Ste 201

PO Box 2474, 99603

[www.peninsulailc.org](http://www.peninsulailc.org)

fax 235-6236

[director@peninsulailc.org](mailto:director@peninsulailc.org)

Promoting choice, independence and quality of life for individuals and families experiencing disability. Services include information and referral, options counseling, advocacy, peer support, nursing home transition, skills training, services for the blind and low vision, transportation, assistive technology, and recreational programs. An Aging and Disability Resource Center (ADRC). Serves the Kenai Peninsula plus Kodiak Island, Valdez and Cordova through this and satellite offices in Kodiak, Soldotna and Seward (listed separately).

## **South Peninsula Haven House**

**235-7712**

3776 Lake St, 99603

fax 235-2733

[www.havenhousealaska.org](http://www.havenhousealaska.org)

crisis-line 235-8943

crisis-line 800-478-7712

[admin@havenhousealaska.org](mailto:admin@havenhousealaska.org)

Crisis intervention and support for victims of domestic violence, sexual assault and elder abuse, including a 24-hour staffed shelter and crisis line, information and referral, counseling, legal advocacy, support groups and educational programs. Also operates a thrift store in Homer.

**South Peninsula Hospital** 

4300 Bartlett St, 99603

[www.sphosp.org](http://www.sphosp.org)**235-8101**

TDD-TTY 235-0357

Full service hospital including rehabilitation services and 28 long-term nursing care beds.

**Homer Medical Center****235-8586**

4136 Bartlett St

The area's largest primary care clinic, open six days a week and offering family medicine, behavioral health and connections to specialists in and outside the SPH system.

**South Peninsula Family Care Clinic****235-0900**

4201 Bartlett St

Primary care for all ages.

**SPH Specialty Clinic****235-0310**

4201 Bartlett St

Specialists include orthopedics, ear, nose and throat, neurology, oncology, pulmonology, urology and diabetes care.

**U.S. Dept. of Veterans Affairs Clinic** **888-353-7574**

4141 Penneck St, 99603

[www.alaska.va.gov](http://www.alaska.va.gov)*service area: statewide*

Primary care outpatient clinic.

**Univ. of AK Kenai Peninsula College****235-7743**

533 E Pioneer Ave, 99603-7624

[www.kpc.alaska.edu](http://www.kpc.alaska.edu)[kbcinfo@alaska.edu](mailto:kbcinfo@alaska.edu)

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for "senior citizen tuition waiver."

## Kenai

**Alaska Division of Public Assistance** **800-478-7778**

11312 Kenai Spur Hwy Ste 2, 99611

fax 888-269-6520

[health.alaska.gov/dpa](http://health.alaska.gov/dpa)[hss.dpa.offices@alaska.gov](mailto:hss.dpa.offices@alaska.gov)*service area: statewide*

Provides for the welfare of low-income and disabled Alaskans with the programs listed below, plus Medicaid (health coverage for the low income), food stamps, and assistance

...this listing continues next page...

# Kenai

with burial costs. Call, or visit website for branch office locations throughout the state.  
[AK Dept. of Health]

## Adult Public Assistance

Provides financial assistance to the needy age 65 and older, the blind and the disabled, and helps them attain self-support or self-care.

## Senior Benefits

**888-352-4150**

[www.seniorbenefits.alaska.gov](http://www.seniorbenefits.alaska.gov)

Provides cash assistance to low-income residents 65 and older. Eligibility and payment amounts are based on gross annual income. Savings and assets such as real estate are not considered.

## Alaska Legal Services Corporation

**395-0352**

110 N Willow St, Ste 132

PO Box 2463, 99611

[www.alsc-law.org](http://www.alsc-law.org)

*service area: statewide*

fax 395-0938

[kenai@alsc-law.org](mailto:kenai@alsc-law.org)

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices.

## Aspen Creek Kenai

**335-2050**

701 N Forest Dr, 99611

[www.aspencreekalaska.com](http://www.aspencreekalaska.com)

fax 335-2051

[cody.tate@aspencreekalaska.com](mailto:cody.tate@aspencreekalaska.com)

Assisted living home with 21 suites with attached bathrooms and kitchenettes, room call system, 24-hour awake staff, respite care room with accommodations for overnight guests, beauty salon, foot spa, in-room massage, gym, and a variety of activities. Individualized care plan for each resident, with registered nurse on-call 24 hours a day.

## Central Peninsula Urgent Care

**714-5740**

10128 Kenai Spur Highway, 99611

[www.kenaiurgentcare.com](http://www.kenaiurgentcare.com)

Provides medical care that is urgent but does not require an emergency room visit and is not life threatening.

**Chuda House** 

52394 E 6th Ave, Ste 25, 99611

**793-3765**

or 283-5459

fax 283-9480

[www.cookinlethousing.org](http://www.cookinlethousing.org)[info@cookinlethousing.org](mailto:info@cookinlethousing.org)

Housing for seniors (62+) and disabled. The secured entry buildings have one and two bedroom apartments, on-site laundry and storage. Common areas include lounge, library and craft room. Income restrictions apply. Rent is based on income. [Cook Inlet Housing Authority]

**Consumer Direct Care Network** 

412 Frontage Rd, Ste 40, 99611

**357-7962**

toll-free 888-900-7962

fax 866-495-7963

[www.consumerdirectak.com](http://www.consumerdirectak.com)[InfoCDAK@consumerdirectcare.com](mailto:InfoCDAK@consumerdirectcare.com)*service area: statewide*

Provides individuals needing personal care assistance the ability to receive care in their home from the caregiver of their choice, via a Medicaid waiver program. Serves all of Alaska through this and additional offices in Anchorage, Wasilla, Homer, Kodiak, and Ketchikan.

**Dena'ina Wellness Center** 

508 Upland St, 99611

**335-7500**[www.kenaitze.org/denaina-wellness-center](http://www.kenaitze.org/denaina-wellness-center)

The Dena'ina Wellness Center is an integrated medical facility offering a holistic approach to care. Services include medical, dental, behavioral health, chemical dependency, wellness, physical therapy, optometry, pharmacy support and traditional healing. The building also features a gym, classroom space and wellness kitchen. Alaska Native and American Indian people have access to all programs, while programs that receive state funding — primarily behavioral health — are open to the entire community.

**Forget-Me-Not Center**

905 Cook Ave, Ste B, 99611

**262-6331**

fax 262-6294

[www.fcsonline.org](http://www.fcsonline.org)[jjacks@fcsonline.org](mailto:jjacks@fcsonline.org)

Adult day center offering activities, lunch and two snacks. [Frontier Community Services]

**Kenai Health Center** 

630 Barnacle Way, Ste B, 99611

**714-4495**[www.cpggh.org/KenaiHealthCenter](http://www.cpggh.org/KenaiHealthCenter)

Services include bone densitometry, electrocardiogram (EKG), X-Ray and laboratory services. [Central Peninsula Hospital]

# Kenai

## Kenai Job Center

11312 Kenai Spur Hwy, Ste 2, 99611  
TTY 335-3048

[www.jobs.alaska.gov](http://www.jobs.alaska.gov)

*service area: statewide*

**335-3000**

toll-free 877-724-2539

fax 335-3050

[peninsula.jobcenter@alaska.gov](mailto:peninsula.jobcenter@alaska.gov)

Job training and placement program for low-income adults and dislocated workers under the Workforce Innovation and Opportunity Act (WIOA). See website for complete list of job centers statewide, or call the toll-free number to be automatically connected to your nearest job center. [Dept. of Labor and Workforce Development]

## MASST program

[www.labor.alaska.gov/masst](http://www.labor.alaska.gov/masst)

**335-3005**

[lauriec@serrc.org](mailto:lauriec@serrc.org)

The Mature Alaskans Seeking Skills Training program seeks to foster individual economic self-sufficiency and promote older workers who are unemployed, not work ready, and need on-the-job training to help them find regular employment.

## Kenai Senior Center

361 Senior Ct, 99611

[www.kenai.city](http://www.kenai.city)

**283-4156**

fax 283-3200

[senior@kenai.city](mailto:senior@kenai.city)

Offers congregate and home-delivered meals, information and referral, outreach, transportation, recreation and social activities, hospital visits, personal advocacy, shopping assistance, home visits, telephone reassurance, senior companions, health screening, volunteer opportunities, and Medicare filing assistance. Participates in the MASST (Mature Alaskans Seeking Skills Training) program.

## Vintage Pointe

Independent living for those 60 and older featuring one- and two-bedroom apartments overlooking the mouth of the Kenai River.

## LeeShore Center

325 S Spruce St, 99611

[www.leeshoreak.org](http://www.leeshoreak.org)

*service area: regional (Kenai Peninsula)*

**283-9479**

crisis-line 283-7257

fax 283-5844

Provides safe, confidential and supportive 24-hour emergency shelter for victims of domestic violence and sexual assault. The LeeShore Center also provides non-residential crisis intervention services, as well as advocacy for housing, employment, health, and legal issues. Advocacy and support abused/neglected elders available. Weekly support groups for women are offered in the areas of domestic violence, parenting, and positive life skills.

**Transitional Living Center****283-2069**

Confidential residential program provides transitional housing for homeless women and children.

**Batterers Intervention Program****283-9479**

A domestic violence re-education and prevention program for men who have used violent, abusive behavior and wish to change that behavior.

**Nicholson's Assisted Living Home****283-6684**

36601 Navigator St  
PO Box 2495, 99611

fax 283-6567

[tmnicholson@gci.net](mailto:tmnicholson@gci.net)

Ten bed facility with private and semi-private wheelchair-accessible rooms and 24-hour awake staff. Licensed and equipped for Alzheimer's and other dementia patients.

**Tyotkas Elder Services****335-7280**

1000 Mission Ave  
PO Box 988, 99611

fax 877-290-1809

[www.kenaitze.org](http://www.kenaitze.org)

Serves lunch at the Tyotkas Elder Center. Also organizes social activities and outings, provides transportation, home visits, information and referral, advocacy and caregiver support. [Kenaitze Indian Tribe]

**Woodridge Apartments****283-4755**

903 Cook Ave, A-17, 99611

[woodridgeaptsmgr@coastmgt.com](mailto:woodridgeaptsmgr@coastmgt.com)

A 24-unit housing complex for those age 62 and older, or disabled. Rent is based on income. An equal housing opportunity project which participates in HUD and Rural Development programs. Some units are handicapped accessible.

## Kodiak

**Alaska Division of Public Assistance****800-478-7778**

211 Mission Rd, Ste 101, 99615

fax 888-269-6520

[health.alaska.gov/dpa](http://health.alaska.gov/dpa)[hss.dpa.offices@alaska.gov](mailto:hss.dpa.offices@alaska.gov)*service area: statewide*

Provides for the welfare of low-income and disabled Alaskans with the programs listed below, plus Medicaid (health coverage for the low income), food stamps, and assistance with burial costs. Call, or visit website for branch office locations throughout the state. [AK Dept. of Health]

*...this listing continues next page...*

## Adult Public Assistance

Provides financial assistance to the needy age 65 and older, the blind and the disabled, and helps them attain self-support or self-care.

## Senior Benefits

**888-352-4150**

[www.seniorbenefits.alaska.gov](http://www.seniorbenefits.alaska.gov)

Provides cash assistance to low-income seniors 65 and older. See listing under Wasilla for more details.

## Alaska Legal Services Corporation

**512-0499**

518 W Marine Way, 99615

[www.alsc-law.org](http://www.alsc-law.org)

[kodiak@alsc-law.org](mailto:kodiak@alsc-law.org)

*service area: statewide*

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices.

## Bayview Terrace/Sunrise Assisted Living

**942-1515**

PO Box 208

309 Erskine Ave, 99615

[angela@fandrinc.com](mailto:angela@fandrinc.com)

Fifty-four unit apartment complex with one- and two-bedroom independent living units, including 15 assisted living units, located across the street from the Kodiak Senior Center. The assisted living model encourages independence while providing help with day-to-day living. Social activities and a community room foster a relaxed atmosphere.

## Consumer Direct Care Network

**357-7962**

1941B Mill Bay Rd, 99615

toll-free 888-900-7962

fax 866-495-7963

[www.consumerdirectak.com](http://www.consumerdirectak.com)

[InfoCDAK@consumerdirectcare.com](mailto:InfoCDAK@consumerdirectcare.com)

*service area: statewide*

Provides individuals needing personal care assistance the ability to receive care in their home from the caregiver of their choice via a Medicaid waiver program. Serves all of Alaska through this and additional offices in Anchorage, Wasilla, Kenai, Homer and Ketchikan.



**Independent Living Center** 

211 Mission Rd, Ste 223, 99615

[www.peninsulailc.org](http://www.peninsulailc.org)**486-0493**

fax 486-0409

[director@peninsulailc.org](mailto:director@peninsulailc.org)

Promoting choice, independence and quality of life for individuals and families experiencing disability. Services include information and referral, options counseling, advocacy, peer support, nursing home transition, skills training, services for the blind and low vision, transportation, assistive technology and recreational programs, including the Total Recreation and Independent Living Services (TRAILS) program. An Aging and Disability Resource Center (ADRC). (Also has offices in Homer, Seward and Soldotna, listed under those cities).

**Kodiak Area Native Association** 

3449 Rezanof Dr E, 99615

[www.kodiakhealthcare.org](http://www.kodiakhealthcare.org)*service area: regional (Kodiak Archipelago)***486-9800**

toll-free 800-478-5721

fax 486-4829

[info@kodiakhealthcare.org](mailto:info@kodiakhealthcare.org)

Village programs include medical clinics, community health aides, congregate and home-delivered meals, food boxes and caregiver services, such as respite and chore services. Also offers human resource services, vocational rehabilitation and social services for women and children.

**Medical & Dental Clinics****486-9870**

toll-free 888-258-9870

Pharmacy 486-9860

**Kodiak Women's Resource & Crisis Center****486-6171**

PO Box 2122, 99615

crisis-line 486-3625

fax 486-4264

toll-free 800-486-3625

[www.kwrcc.org](http://www.kwrcc.org)[contact@kwrcc.org](mailto:contact@kwrcc.org)*service area: regional (Kodiak Island)*

Emergency shelter and help plus ongoing personal and professional transition help for victims of sexual assault and domestic violence, including elder abuse. Crisis line is monitored 24 hours by trained staff and volunteers. Distributes donated clothing and other items as needed at no cost.

**Providence Kodiak Island Medical Center** **486-9500**

1915 Rezanof Dr, 99615

[www.providence.org](http://www.providence.org)*service area: regional (Kodiak Island)*

Provides an extensive array of inpatient and outpatient services, including emergency department, surgery, laboratory services, general medicine, physical therapy, occupa-

*...this listing continues next page...*

tional therapy, respiratory therapy, sleep studies, specialty clinics, diagnostic imaging services, telehealth diabetes education and pharmacy.

## **Chiniak Bay Elder House**

**486-7800**

1838 E Chichenof St

A 22-bed long-term care center with skilled nursing care, physical and occupational therapy, registered dietitians, social services, activity therapy and spiritual services. Features private bed/bathrooms, and common areas such as a sunroom and outdoor patio. A demonstrated need for 24-hour nursing care is required.

## **Senior Citizens of Kodiak**



**486-6181**

Kodiak Senior Center

302 Erskine Ave, 99615

fax 486-4503

[www.kodiakseniorcenter.org](http://www.kodiakseniorcenter.org)

A nationally accredited senior center offering adult day center, congregate and home-delivered meals, transportation, escort, chore services, nutrition information, referral, advocacy, exercise, special activities and events, family caregiver support, case management and the Lifeline emergency response system. Participates in the Medicaid waiver program.

## **Kodiak Area Transit System (KATS)**

**486-8308**

2014 Mill Bay Rd

fax 486-3070

[www.katsbus.org](http://www.katsbus.org)

Affordable public transit for the elderly, disabled, and public on Kodiak Island.

## **Island Cove Day Program**

**486-2203**

## **Univ. of AK Kodiak College**

**486-4161**

117 Benny Benson Dr, 99615

toll-free 800-486-7660

[www.koc.alaska.edu](http://www.koc.alaska.edu)

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for "senior citizen tuition waiver."

## **Nikiski Senior Citizens, Inc.**



**776-7654**

50025 Lake Marie Ave

PO Box 6973, 99635

fax 776-7632

[www.nikiskiseniorcenter.org](http://www.nikiskiseniorcenter.org)

Senior center with activities and transportation available. Nutritional offerings include lunch at the center, home-delivered meals, food pantry for low-income seniors T-W 9

am-3 pm, and the Seniors Farmers Market Nutritional Program. Building available to rent for weddings, receptions, etc. Administers the MASST employment program on the Kenai Peninsula.

### **MASST program**

**776-7583**

The MASST (Mature Alaskans Seeking Skills Training) program provides employment training and placement for low-income seniors.

## Ninilchik

### **Ninilchik House**

14635 Sterling Hwy, Ste A, 99639

**793-3764**

or 567-3368

fax 567-3360

[www.cookinlethousing.org](http://www.cookinlethousing.org)

[info@cookinlethousing.org](mailto:info@cookinlethousing.org)

Housing for seniors (62+) and disabled. The secured entry buildings have one- and two-bedroom apartments, on-site laundry and storage. Common areas include community room, landscaped grounds and greenhouse. Income restrictions apply. Rent is based on income. [Cook Inlet Housing Authority]

### **Ninilchik Senior Center**

66265 Aspen Ave

PO Box 39422, 99639

[www.ninilchikseniors.org](http://www.ninilchikseniors.org)

**567-3988**

fax 567-3988

[seniors@ptialaska.net](mailto:seniors@ptialaska.net)

Congregate and home-delivered meals five days per week and weekly van trips to Kenai/Soldotna plus information and referral, social and recreational activities and public computers. Serving Ninilchik, Happy Valley, Clam Gulch and part of Kasilof.

## Palmer

### **Alaska Community Development Corporation**

1517 S Industrial Way, Ste 8, 99645

toll-free 800-478-8080

toll-free fax 800-478-1530

fax 746-5681

[www.alaskacdc.org](http://www.alaskacdc.org)

[acdc@alaskacdc.org](mailto:acdc@alaskacdc.org)

*service area: regional (varies by program)*

Promotes home ownership and home improvement through programs such as the Senior Housing Accessibility Modifications Program and weatherization assistance. Program coverage for the Alaska CDC is generally the southern half of Alaska.

**Alaska Family Services**

1825 S Chugach St, 99645

**746-4080**

toll- free crisis line 866-746-4080

fax 746-8026 24/7 crisis line

[www.akafs.org](http://www.akafs.org)

[info@akafs.org](mailto:info@akafs.org)

Provides domestic violence and sexual assault services including 24-hour crisis line, shelter, support groups, advocacy and hospital accompaniment response team. Accepts text messages at 907-795-9246.

**Behavioral Health Treatment Center**

**376-4000**

5851 E Mayflower Ct, 99654

Offers mental health and substance abuse treatment services.

**Work Services and Job Development**

**352-2600**

fax 376-2677

777 N Crusey St Ste B201, 99654

**Alaska Legal Services Corporation**



**746-4636**

634 S Bailey St, Ste 102, 99645

toll-free 855-996-4636

fax 707-1133

[www.alsc-law.org](http://www.alsc-law.org)

[palmer@alsc-law.org](mailto:palmer@alsc-law.org)

*service area: statewide*

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices.

**Alaska Veterans & Pioneers Home**



**745-4241**

250 E Fireweed Ave, 99645-6699

state office 465-4416

[dfcs.alaska.gov/daph](http://dfcs.alaska.gov/daph)

[joshua.shaver@alaska.gov](mailto:joshua.shaver@alaska.gov)

*service area: statewide*

Assisted and independent living facility for those 60 and over who have resided in Alaska for at least one year and have a need for the services provided. The majority of the beds are reserved for veterans. [AK Dept of Family and Community Services]

**Alzheimer's Resource of Alaska**



**746-3413**

10355 E Palmer-Wasilla Hwy, Ste 110, 99645

toll-free

800-478-1080

fax 746-3412

[www.alzalaska.org](http://www.alzalaska.org)

*service area: statewide*

Information, referral, support and education for individuals over the age of 60 and persons of any age with Alzheimer's disease and related disorders (ADRD). Education and

support for family caregivers, dementia-specific training for professionals and a library of books, tapes and articles. See also listings under Anchorage, Fairbanks and Juneau.

### Care Coordination Resource of Alaska

746-3445

fax 746-3439

[www.ccralaska.org](http://www.ccralaska.org)

Provides care coordination for Alaskans who need support to live safely and as independently as possible in the home of their choice. The coordinators help individuals identify the services and supports that meet their needs.

### Chugach Estates Senior Housing



745-5454

1102 S Chugach St (physical)

1132 S Chugach (mail), 99645

fax 746-5173

[www.matsuseniors.com](http://www.matsuseniors.com)

[contact@matsuseniors.com](mailto:contact@matsuseniors.com)

A 31-unit independent living housing facility for individuals 55 years of age and older. Includes both market rate and below market rate apartments.

### Colony Estates Senior Housing



745-5454

920 S Chugach St. (physical)

1132 S Chugach (mail), 99645

fax 746-5173

[www.matsuseniors.com](http://www.matsuseniors.com)

[contact@matsuseniors.com](mailto:contact@matsuseniors.com)

A 24-unit senior housing facility for individuals 55 years of age and older. Includes both market rate and below market rate units.

### Kehl's Palmer Mortuary

745-3580

209 South Alaska St, 99645

fax 746-0570

[www.legacyalaska.com](http://www.legacyalaska.com)

Alaskan-owned funeral homes and crematories helping Alaskans in their time of need.

### Mat-Su Regional Medical Center



861-6000

2500 S Woodworth Lp, 99645

[www.matsuregional.com](http://www.matsuregional.com)

*service area: regional (Palmer)*

A 125-bed hospital with a wide range of inpatient and outpatient care, diagnostic imaging, emergency medical and surgical services and inpatient behavioral health services. Also offers a sleep lab, cardiac catheterization lab, off-site urgent care facility, robotic surgery and advanced total hip replacement procedures.

### Senior Circle

861-6807

A program for individuals age 50+ who are interested in pursuing an active lifestyle, learning about health and wellness, and meeting others. Some of the benefits are physician-led health seminars, social engagements, education programs, volunteer opportu-

...this listing continues next page...

nities, a free meal for spouse or caregiver when member is hospitalized, and discounts on products and services from local vendors. The program is free.

## **Mat-Su Senior Services**

1132 S Chugach St, 99645

[www.matsuseniors.com](http://www.matsuseniors.com)

*service area: regional (Mat-Su Borough)*

**745-5454**

fax 746-5173

[contact@matsuseniors.com](mailto:contact@matsuseniors.com)

Provides a range of services in several facilities, including: congregate and home-delivered meals, transportation, adult day services (see below), chore services, family caregiver support including respite services, information and referral, health promotion programs, shopping trips, bingo and other activities, Living Well Alaska (chronic disease self management) program, durable medical equipment loans and more. Affordable senior housing projects can be found under separate listings for Chugach Estates and Colony Estates Senior Housing.

### **Adult Day Services (Big Lake)**

**892-5454**

Meadow Wood Mall

10927 W Big Lake Rd

### **Adult Day Services (Palmer)**

**746-3374**

920 S Chugach St

Daytime program serving frail seniors age 60+, individuals of any age who have Alzheimer's disease, related diseases, or those who experience intellectual or developmental disability. Medicaid Waiver (CHOICES) Certified. Open Monday - Friday.

## **Palmer Manor**

327 E Auklet Dr, 99645

[www.manormanagementak.com](http://www.manormanagementak.com)

**745-2110**

fax 745-2140

[pmanor@mtaonline.net](mailto:pmanor@mtaonline.net)

Independent living for low-income seniors 62 and older, consisting of four one-bedroom apartments with full kitchens and a personal outdoor patio. Rent subsidies for those who qualify. Rent includes all utilities (except telephone and cable television), a multipurpose room for resident events, laundry room, and on-site parking.

## **Providence Behavioral Health Clinic**

**921-5050**

2250 S Woodworth Lp, Ste 202, 99645

[www.providence.org](http://www.providence.org)

*service area: regional (Mat-Su)*

Behavioral health services for the Mat-Su Valley.

**Tranquility Manor Estates** 

1950 Hemmer Rd, 99645

**745-2012**

office 746-4255

fax 746-2016

[www.tranquilitymanorllc.com](http://www.tranquilitymanorllc.com)[tranquilitymanor@yahoo.com](mailto:tranquilitymanor@yahoo.com)

Seventeen-bed assisted living home with private furnished and unfurnished rooms, resident lounges and more. Staffed with a licensed practical nurse, certified nurses assistants and an activities director. CHOICE Waiver, Medicaid service providers, insurance and private pay are welcome. (See also Harbor View Manor under Wasilla)

**Univ. of AK Matanuska-Susitna College****745-9774**

8295 E College Dr, 99645

[www.matsu.alaska.edu](http://www.matsu.alaska.edu)[uaa\\_mscinfo@alaska.edu](mailto:uaa_mscinfo@alaska.edu)

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for “senior citizen tuition waiver.”

## Seldovia

**Seldovia House** 

PO Box 147, 99663

**793-3766**

or 234-7864

fax 234-7499

[www.cookinlethousing.org](http://www.cookinlethousing.org)[info@cookinlethousing.org](mailto:info@cookinlethousing.org)

Housing for seniors (62+) and disabled. The secured-entry buildings have one- and two-bedroom apartments, on-site laundry and storage. Common areas include a community room, landscaped grounds, and a greenhouse. Income restrictions apply and rent is based on income. [Cook Inlet Housing Authority]

**Seldovia Senior Citizens Program**  **234-7898**

Seldovia Village Tribe

Drawer L, 99663

fax 234-7865

[www.svt.org](http://www.svt.org)[svt@svt.org](mailto:svt@svt.org)

Congregate and home-delivered meals, homemaker and chore services, respite care, home visits, transportation, and fitness programs. [Seldovia Village Tribe]

## Seward

**Glacier View Apartments** **224-3737**

200 Lowell Canyon Rd

PO Box 1475, 99664

[www.ahfc.us](http://www.ahfc.us)

fax 224-5527

Thirty low-income senior/disabled apartments. [Alaska Housing Finance Corp]

**Independent Living Center** **224-8711**

201 3rd Ave, Ste 101

PO Box 3523, 99664

[www.peninsulailc.org](http://www.peninsulailc.org)

fax 224-7793

[tburnett@peninsulailc.org](mailto:tburnett@peninsulailc.org)

Promoting choice, independence, and quality of life for individuals and families experiencing disability. Services include information and referral, options counseling, advocacy, peer support, nursing home transition, skills training, services for the blind and low vision, transportation, assistive technology, and recreational programs. An Aging and Disability Resource Center (ADRC). Serves the Kenai Peninsula plus Kodiak Island, Valdez and Cordova through this and satellite offices in Kodiak, Homer, and Soldotna (see separate listings under those cities).

**Providence Seward Medical Center** **224-5205**

417 1st Ave, 99664

[www.providence.org](http://www.providence.org)

fax 224-7248

Critical access hospital offering inpatient and outpatient health care services including a 24-hour emergency department, laboratory and radiology services and rehabilitation services such as occupational, speech and physical therapies.

**Providence Seward Mountain Haven****224-2800**

2203 Oak St

fax 224-3798

PO Box 430

A long-term care facility that provides skilled care and rehabilitation services in a homelike setting with private bed/bathrooms. The center is staffed by registered nurses, licensed practical nurses, certified nursing assistants, physical, occupational, and speech therapists, certified dietitians and activity staff who work together to develop individual plans of care for each resident.



**Qutekcak Native Tribe** **224-3118**

221 3rd Ave

PO Box 1467, 99664

[www.qutekcak.org](http://www.qutekcak.org)[tribalclerk@qntak.org](mailto:tribalclerk@qntak.org)

Sponsors monthly luncheon with traditional Alaska Native foods and drum and dance festivities, trips for local berry picking, picnics, and an annual trip to the You-Pick vegetable farm in Palmer (August) plus occasional overnight trips to Talkeetna, Willow and Hatcher Pass. Local transportation is available to QNT members for shopping, medical appointments etc. Winter snow removal, summer yard work and chore services available to qualifying elders.

**Seaview Community Services** **224-5257**

302 Railway Ave

24-hr crisis line 224-3027

PO Box 1045, 99664

fax 224-7081

[www.seaviewseward.org](http://www.seaviewseward.org)

A 24-hour crisis service offering adult mental health assistance, substance abuse prevention and residential programs.

**Seward Prevention Coalition****422-7668**

302 Railway Ave, Ste 123

PO Box 482, 99664

24-hr crisis line 362-1843

[www.sewardpreventioncoalition.org](http://www.sewardpreventioncoalition.org)[info@spsalaska.org](mailto:info@spsalaska.org)

Safe Harbor is an advocacy center for people experiencing personal violence or abuse — helping them with plans, resources, and protections they need to heal and create lives of safety and security. Also offers wellness classes including meditation, yoga and other forms of holistic healing.

**Seward Senior Center**  **224-5604**

336 3rd Ave

PO Box 1195, 99664

[www.sewardsenior.org](http://www.sewardsenior.org)[ssc@seward.net](mailto:ssc@seward.net)

Meals, transportation, information and referral, shopping, outreach, recreation, social activities, exercise programs, volunteer opportunities, and computer education.

## Soldotna

**Access Alaska**  

36275 Kenai Spur Hwy, Ste 5, 99669

**262-4955**

toll-free 800-770-4488

fax 262-4936

[www.accessalaska.org](http://www.accessalaska.org)[info@accessalaska.org](mailto:info@accessalaska.org)*service area: statewide*

Helps the elderly and disabled live independently in the community of their choice. Offers Consumer Directed Personal Care Services (Medicaid, private pay, VA). See index for other offices.

**All Ways Caring HomeCare** 

170 E Corral Ave, Ste 4, 99669

**262-9400**

fax 260-2029

[www.allwayscaring.com](http://www.allwayscaring.com)*service area: statewide*

In-home personal care attendants, day-outing attendants, chore and respite services, care coordination and referral services, and employment evaluation and coaching. Most services qualify for one or more waiver programs. Also operates several assisted living homes in the area. See the index for more locations.

**Aspen Creek Soldotna** 

390 Lovers Ln, 99669

**262-9600**

fax 262-6400

[www.aspencreekalaska.com](http://www.aspencreekalaska.com)

A 96-bed assisted living facility with 24-hour staffing, registered nurses, personalized care plans, fitness and health maintenance program, beauty salon, spa, massage room, light therapy, library, game room, gardening area and social activities.

**Central Area Rural Transit System (CARTS)**  **262-8900**

50445 Onslow Ave

PO Box 993, 99669

fax 262-6122

[www.ridecartsak.org](http://www.ridecartsak.org)

Door-to-door public transportation service within the cities of Soldotna and Kenai, the communities of Funny River, Kasilof, Nikiski, Sterling and all areas in between. Call M-F 8 am to 5 pm (except holidays) for more information or to schedule a ride. Rides must be scheduled by 5 pm the previous business day. Rides can also be booked online.

**Central Peninsula Hospital** 

250 Hospital Place, 99669

[www.cpg.org](http://www.cpg.org)*service area: regional (central Kenai Peninsula)***714-4404**

fax 260-3420

A full service hospital offering primary and specialty care on both an inpatient and out-patient basis, including behavioral health, robotic surgery and a sleep center. See also Heritage Place Continuing Care under separate listing.

**First Choice Home Health Care** 

159 E Redoubt Ave, 99669

[www.homehealthalaska.com](http://www.homehealthalaska.com)**260-5959**

fax 260-5900

[frontdesk@homehealthalaska.com](mailto:frontdesk@homehealthalaska.com)

Home health care agency providing skilled nursing, physical, occupational, and speech therapy, and medical social work from Ninilchik to Nikiski and all points between, including Sterling and Cooper Landing. Accepts Medicare, Medicaid, Tri-west veterans insurance and private pay.

**Frontier Community Services** 

43335 Kalifornsky Beach Rd, Ste 36, 99669

[www.fcsonline.org](http://www.fcsonline.org)**262-6331**

fax 262-6294

[tsvec2@fcsonline.org](mailto:tsvec2@fcsonline.org)

Provides case management and referral, in-home respite, chore services, adult day care and mental health counseling. Offers financial assistance for medical supplies and services. Participates in the Medicaid Waiver program, SIH grant and NTS Homemaker grant programs.

**Heritage Place Continuing Care Community** 

232 W Rockwell Ave, 99669

[www.cpg.org/continuingcareheritageplace](http://www.cpg.org/continuingcareheritageplace)**714-5000**

fax 260-3420

Sixty-bed, long-term skilled nursing care and rehabilitation facility. [Central Peninsula General Hospital]

**Hospice of the Central Peninsula****262-0453**

35911 Kenai Spur Hwy, Ste 9

PO Box 2584, 99669

[www.hospiceofcentralpeninsula.com](http://www.hospiceofcentralpeninsula.com)

fax 262-4961

[director@hocpak.org](mailto:director@hocpak.org)

Provides end-of-life care, bereavement services, community programs, lending library, and long-term loans of durable medical equipment such as wheelchairs, walkers, bedside commodes, etc. Provides adult incontinence supplies at no charge as available. All services are free. Also offers a free summer camp each August for youth 6-12.

**Independent Living Center**   
47255 Princeton Ave, Ste 8, 99669

**262-6333**  
TTY 800-770-7911  
fax 260-4495

[www.peninsulailc.org](http://www.peninsulailc.org)

[mwinston@peninsulailc.org](mailto:mwinston@peninsulailc.org)

Promoting choice, independence, and quality of life for individuals and families experiencing disability. Services include information and referral, options counseling, advocacy, peer support, nursing home transition, skills training, services for the blind and low vision, transportation, assistive technology, and recreational programs including the Total Recreation and Independent Living Services (TRAILS) program. An Aging and Disability Resource Center (ADRC). Serves the Kenai Peninsula plus Kodiak Island, Valdez and Cordova through this office plus offices in Kodiak, Homer and Seward (see separate listings under those cities).

**Kenai Peninsula Family Caregiver  
Support Program**

35477 Kenai Spru Hwy, Ste 205, 99669 toll-free 866-776-8210

[www.facebook.com/kpfcsp](http://www.facebook.com/kpfcsp)

[kpfcsp@soldotnaseniors.com](mailto:kpfcsp@soldotnaseniors.com)

*service area: regional (Kenai Peninsula)*

Support, education, training and respite for caregivers of seniors 60 and older in frail health or with cognitive disabilities, or any age with Alzheimer's or Parkinson's diseases or related conditions. Serves the Kenai Peninsula area. All services are free.

**Northwood Retirement Apartments** 

190 W Park Ave, 99669

**262-8448**

fax 262-8449

[northwood.cd@fpimgt.com](mailto:northwood.cd@fpimgt.com)

22-unit housing complex for low-income seniors and disabled.

**ProCare Home Medical** 

35563 Kenai Spur Hwy, 99669

**260-4433**

fax 260-3757

[www.procarehm.com](http://www.procarehm.com)

Provides home medical equipment and supplies including respiratory services, enteral nutrition supplies, incontinence supplies, hospital beds, walkers and wheelchairs. Accepts Medicare and Medicaid patients.

**Soldotna Area Senior Citizens**  

197 W Park Ave, 99669

**262-2322**

fax 262-2147

[www.soldotnaseniorcenter.org](http://www.soldotnaseniorcenter.org)

[solsrctr@soldotnaseniors.com](mailto:solsrctr@soldotnaseniors.com)

Offers congregate and home-delivered meals, transportation, outreach, shopping, education, caregiver support, plus exercise, social, and recreational programs. Also operates an independent living senior 8-plex, and a pull tab store at 44758 Sterling Hwy to help fund programs.

**Statewide Independent Living****Council of Alaska** **263-2011**

35555 Kenai Spur Hwy

PMB 285, 99669

[www.alaskasilc.org](http://www.alaskasilc.org)*service area: statewide*

fax 263-2012

[info@alaskasilc.org](mailto:info@alaskasilc.org)

A non-profit, consumer-controlled organization which develops, monitors, and evaluates the federally mandated Alaska State Plan for Independent Living. This plan sets the direction for the Independent Living Program throughout the state focusing on those priorities voiced by Alaskans with disabilities and various community organizations.

**U.S. Dept. of Veterans Affairs Clinic** **888-353-7574**

237 West Rockwell Ave, 99669 Mental Healthcare 907-420-3219

[www.alaska.va.gov](http://www.alaska.va.gov)*service area: statewide***Kenai Vet Center Outstation****260-7640**

24-hr help line 877-927-8387

43299 Kalifornsky Beach Rd, Ste 4

Provides a range of counseling, outreach and referral services to veterans and their families, including job search help and bereavement counseling.

**Univ. of AK Kenai Peninsula College****262-0330**

156 College Rd, 99669

toll-free 877-262-0330

[www.kpc.alaska.edu](http://www.kpc.alaska.edu)[uaa\\_kpcinfo@alaska.edu](mailto:uaa_kpcinfo@alaska.edu)

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for "senior citizen tuition waiver." Also has sites in Homer and Seward.

## Sterling

**Sterling Area Senior Citizens** **262-6808**

34453 Sterling Hwy, 99672

Housing Manager 262-6825

fax 262-3883

[www.sterlingseniors.org](http://www.sterlingseniors.org)[sterlingseniorcenter@gmail.com](mailto:sterlingseniorcenter@gmail.com)

Congregate and home-delivered meals, home visits, information and referral, advocacy, social activities, health programs, caregiver support group, volunteer and employment opportunities (MASST program) and a monthly newsletter. Also operates Moose River Manor independent senior living apartment complex.

## Sutton

### **Sutton Manor/Sutton Annex**

15816/15838 N Glenn Hwy, 99674

[www.manormanagementak.com](http://www.manormanagementak.com)

**745-1372**

fax 745-1382

[suttonmanor@mtaonline.net](mailto:suttonmanor@mtaonline.net)

Independent living in the heart of Sutton, Alaska for low-income seniors 62 and older. Both communities have four one-bedroom apartments with full kitchens and rent subsidies for those who qualify. Rent includes all utilities (except telephone and cable television), a common area for resident events, laundry room, and on-site parking.

## Talkeetna

### **Upper Susitna Senior Center**

16463 Helena Ave

HC 89 Box 592, Willow, 99688, 99676

[www.sites.google.com/site/uppersuseniors](http://www.sites.google.com/site/uppersuseniors)

**733-6200**

fax 733-6201

[ussi.inc@gmail.com](mailto:ussi.inc@gmail.com)

Offers weekly lunch at the center and home-delivered meals three days a week, crafts, games, and exercise programs including weights, machines, floor exercises, strength and balance, and Zumba.

### **Susitna Senior Village**

A six-unit apartment complex for seniors. These one- and two-bedroom apartments include utilities and covered parking.

## Valdez

### **Prince William Sound College**

303 Lowe St

PO Box 97, 99686

[www.pwsc.alaska.edu](http://www.pwsc.alaska.edu)

**834-1600**

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for “senior citizen tuition waiver.”

**Providence Valdez Medical Center** **835-2249**

911 Meals Ave, 99686

[www.providence.org](http://www.providence.org)

Critical access hospital with 11 acute-care beds and 10 long-term care beds offering inpatient and outpatient services including rehabilitation, physical and occupational therapy, health clinics, counseling and social services.

**Providence Valdez Extended Care Center**

Long-term care facility with 10 private rooms with private baths, 24-hour nursing staff, social and recreational activities in a comfortable homelike environment.

**Valdez Senior Center, Inc.**  **835-5032**

1300 E Hanagita

PO Box 1635, 99686

[www.valdezseneiorcenter.org](http://www.valdezseneiorcenter.org)

fax 835-2518

[vsc@valdezak.net](mailto:vsc@valdezak.net)

Meals, recreational and social activities, transportation, nutrition education, information and referral, Medicare information, CHOICE Waiver personal care attendant program and a 15-unit independent living complex for seniors 60 and older.

## Wasilla

**AARP Mat-Su Community Council****373-1924**

state office 866-227-7447

[www.aarp.org/states/ak](http://www.aarp.org/states/ak)[drgold@gci.net](mailto:drgold@gci.net)

The AARP Mat-Su Community Council helps enhance the quality of life for all as we age, and helps people age with dignity and purpose and fulfill their goals and dreams. See also the AARP Alaska State Office listed under Anchorage.

**Access Alaska**  **357-2588**

1075 Check St, Ste 109, 99654

toll-free 800-770-4488

[www.accessalaska.org](http://www.accessalaska.org)

fax 357-5585

[info@accessalaska.org](mailto:info@accessalaska.org)*service area: statewide*

Helps the elderly and disabled live independently in the community of their choice. Provides independent living skills, DD, mental health and TABI IL advocacy, head injury support group and peer support groups (all free services). Also offers Consumer Directed Personal Care Services (Medicaid, private pay, VA). See index for other offices.

## Alaska Division of Public Assistance



**800-478-7778**

855 W Commercial Dr, 99654

fax 888-269-6520

[health.alaska.gov/dpa](http://health.alaska.gov/dpa)

[hss.dpa.offices@alaska.gov](mailto:hss.dpa.offices@alaska.gov)

*service area: statewide*

Provides for the welfare of low-income and disabled Alaskans with the programs listed below, plus Medicaid (health coverage for the low income), food stamps, and assistance with burial costs. Call, or visit website for branch office locations throughout the state. [AK Dept. of Health]

### Adult Public Assistance

Provides financial assistance to the needy age 65 and older, the blind and the disabled, and helps them attain self-support or self-care.

### Senior Benefits

**352-4150**

outside Wasilla 888-352-4150

toll-free fax 866-352-8839

[www.seniorbenefits.alaska.gov](http://www.seniorbenefits.alaska.gov)

Provides cash assistance to low-income residents 65 and older. Eligibility and payment amounts are based on gross annual income. Savings and assets such as real estate are not considered.

## Alaska Housing Finance Corporation



**376-5744**

1201 N Lucille St, Ste 104

PO Box 873347, 99654

fax 376-1229

[www.ahfc.us](http://www.ahfc.us)

*service area: statewide (Mat-Su)*

Intake office of the Mat-Su region including Williwa Manor (see below). Offers housing for seniors and the disabled, including the Housing Choice Voucher Program.

### Williwa Manor I & II

**373-3568**

1201 Century Cir

A 32-unit low-income housing complex for those 62 or older or disabled. To apply for housing or for general information contact the intake office above. Williwa Manor office is staffed the first five days of the month, M-F 9 am-noon. Remainder of the month: M-Tu 9 am-noon.

## Alaska Legal Services Corporation



**373-3632**

Connect Mat-Su Resource Center

777 North Crusey St, Ste A101, 99654

fax 833-939-2064

[www.alsc-law.org](http://www.alsc-law.org)

*service area: statewide*

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is



funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices.

### All Ways Caring HomeCare

892 E USA Cir, Ste 102, 99654

[www.allwayscaring.com](http://www.allwayscaring.com)

service area: statewide

**357-5627**

fax 357-5628

In-home personal care attendants, day-outing attendants, chore and respite services, care coordination and referral services, and employment evaluation and coaching. Most services qualify for one or more waiver programs. See the index for more locations.

### Ancora Home Health and Hospice

3831 E Blue Lupine Dr, Ste B, 99654

[www.ancoraalaska.com](http://www.ancoraalaska.com)

**561-9240**

fax 866-934-0349

[contact@ancoraalaska.com](mailto:contact@ancoraalaska.com)

Provides in-home skilled nursing, home health aides and physical, occupational and speech therapy. Also offers hospice, a home-based program of medical and supportive services for the terminally ill and their families. Accepts Medicare, Medicaid, VA, self-pay and most private insurance plans. Services provided throughout the Mat-Su Valley.

### Birch Creek Villas

1210 N Kim Dr, Ste A, 99623

[www.facebook.com/madowlakeseniorsinc](http://www.facebook.com/madowlakeseniorsinc)

**357-3999**

[bcv@mtaonline.net](mailto:bcv@mtaonline.net)

Seven two-bedroom and one one-bedroom ADA compliant independent living apartments featuring over-sized garages, walk-in showers with seating, and full kitchens. Utilities and maintenance included except for phone, TV and personal electricity. [Meadow Lakes Seniors, Inc.]

### Colony Assisted Living Homes

PO Box 870469, 99687

[www.colonymanor.com](http://www.colonymanor.com)

**357-2273**

fax 373-1820

[ndahl@colonymanor.com](mailto:ndahl@colonymanor.com)

Operates four assisted living homes in the Mat-Su Valley with 24-hour personalized care plans, meals, housekeeping, and daily activities. Facilities are Colony House (12 beds), Colony Manor, Village Park, and Creekside, all with five beds.

### Comfort Keepers

701 E Parks Hwy, Ste 201A, 99654

[www.comfortkeepers.com](http://www.comfortkeepers.com)

**745-3000**

24-hr needs 334-3001

fax 334-3003


[JackDemoss@comfortkeepers.com](mailto:JackDemoss@comfortkeepers.com)

Offers a variety of services to help seniors, post-operative clients, and the disabled remain at home and independent. Services include personal care, household chores,

...this listing continues next page...

# Wasilla


errands, transportation, hospice, respite and short term care after hospitalization or surgery. Accepts private pay, long-term care insurance and VA Special personal care program for veterans and spouses. Serves Mat-Su Valley and Anchorage from this and Anchorage office.

**Consumer Direct Care Network**  **357-7962**  
131 E Swanson Ave, Ste 1, 99654 toll-free 888-900-7962  
fax 866-495-7963  
[www.consumerdirectak.com](http://www.consumerdirectak.com) [InfoCDAK@consumerdirectcare.com](mailto:InfoCDAK@consumerdirectcare.com)  
*service area: statewide*

Provides individuals needing personal care assistance the ability to receive care in their home from the caregiver of their choice, via a Medicaid waiver program. Serves all of Alaska through this and additional offices in Anchorage, Kenai, Homer, Kodiak and Ketchikan.

**Fresenius Medical Care**  **357-5600**  
3787 E Meridian Lp, 99654 fax 357-5661  
[www.freseniuskidneycare.com](http://www.freseniuskidneycare.com)

Offers kidney dialysis at home or in their facility.

**Geneva Woods Mat-Su Pharmacy**  **376-8200**  
3674 E Country Field Cir, Ste C, 99654 fax 844-297-7324  
[www.genevawoods.com](http://www.genevawoods.com)

Retail and medset (for long term care and assisted living facilities) pharmacy. Also offers home medical equipment and supplies.

**Harbor View Manor**  **357-8019**  
4070 S Birch Cove Dr, 99654 office 746-4255  
fax 357-8029  
[www.tranquilitymanorllc.com](http://www.tranquilitymanorllc.com) [tranquilitymanor@yahoo.com](mailto:tranquilitymanor@yahoo.com)

Seventeen-bed assisted living home with private furnished and unfurnished rooms, resident lounges and more. Staffed with certified nurses assistants and an activities director. CHOICE Waiver, Medicaid service providers, insurance and private pay are welcome. See also Tranquility Manor Estates under Palmer.

**Hearts & Hands Adult Day Services**

951 E Bogard Rd, Ste 100, 99654

fax 357-3575

[heartsak.com](http://heartsak.com)**644-0480**

toll-free 888-644-0480

dispatch 414-1267

[support@lifeworksak.com](mailto:support@lifeworksak.com)

Offers activities such as group games, memory skill building, light exercise and holiday festivals. Also provides opportunities for recreational field trips for a change of scenery, socialization and safe, supervised activities within the community. [LifeWorks]

**Home Instead Senior Care** **357-3070**

Provides personal care, chore and errand service, incidental transportation and companionship. Also offers Alzheimer's and dementia care.

**LINKS Resource Center**

777 N Crusey St, Ste A101, 99654

[www.linksprc.org](http://www.linksprc.org)**373-3632**

fax 373-3620

Serves as the valley's Aging and Disability Resource Center (ADRC) which provides information and referral for a variety of senior services. Offers Medicaid waiver program pre-screening service plus help in filing Medicare, Social Security and other paperwork. Covers the Mat-Su Valley.

**Mat-Su Job Center** 

877 Commercial Dr, 99654-6937

(TTY) 352-2500

[www.jobs.alaska.gov](http://www.jobs.alaska.gov)*service area: statewide***352-2500**

toll-free 877-724-2539

fax 352-2522

[matsu.jobcenter@alaska.gov](mailto:matsu.jobcenter@alaska.gov)

Job training and placement program for low-income adults and dislocated workers under the Workforce Innovation and Opportunity Act (WIOA). See website for complete list of job centers statewide, or call the toll-free number to be automatically connected to your nearest job center. [Dept. of Labor and Workforce Development]

**Miracle Ear** 

3600 E Wickersham Way, 99654

[www.miracle-ear.com](http://www.miracle-ear.com)**373-7700**

fax 373-1610

Hearing support company with free annual hearing tests, consultation, sales and maintenance of hearing aids.

## Northern Comfort Assisted Living



2800 N Lagoon Dr, 99654

[www.northerncomfortak.com](http://www.northerncomfortak.com)

**746-6493**

fax 746-0943

[northerncomfortak@gmail.com](mailto:northerncomfortak@gmail.com)

Sixteen-bed assisted living home. Covered decks on both floors overlook lush ground. Provides transportation to appointments, etc.

## Primrose Retirement Community



889 N Elkhorn Dr, 99654

[www.primroseretirement.com](http://www.primroseretirement.com)

**373-5500**

toll-free 855-443-9777

fax 631-4167

[wasilla@primroseretirement.com](mailto:wasilla@primroseretirement.com)

Independent and assisted living facilities. Assisted living amenities include 24-hour personal assistance, wellness programs, social events, transportation, emergency response system, fitness center, free laundry rooms on each floor, beauty salon and barbershop, chapel and a quiet area with city and country views. Independent properties include two-bedroom town homes with garages.

## ProCare Home Medical



901 N Leatherleaf Lp, Ste 104, 99654

[www.procarehm.com](http://www.procarehm.com)

**357-7882**

toll-free 877-274-0770

fax 357-7883

Provides home medical equipment and supplies including respiratory services, enteral nutrition supplies, incontinence supplies, hospital beds, walkers and wheelchairs. Accepts Medicare and Medicaid patients.

## Providence ExpressCare



1861 E Parks Hwy, 99654

[www.Providence.org/ExpressCare](http://www.Providence.org/ExpressCare)

**888-227-3312**

Same-day care for minor illnesses and injuries like coughs and colds, strains and sprains, rashes, earaches, UTIs, and more. No waiting rooms — book online and choose a time. Also provides screenings and tests.

## Taylor Restoration



276 E Danna Ave, Ste B, 99654

[www.taylorrestorationalaska.com](http://www.taylorrestorationalaska.com)

**373-1239**

Taylor Restoration is a family owned construction and remodeling company offering accessible home renovations as well as move-out cleanings and pack-out services. Additional services include fire and water damage restoration, mold remediation, and carpet and blind cleaning. Serves Mat-Su Valley, Talkeetna, Valdez.

**U.S. Dept. of Veterans Affairs** [www.alaska.va.gov](http://www.alaska.va.gov)

service area: statewide

**Wasilla Vet Center****376-4318**

24-hr help line 877-927-8387

1751 E Gardner Way, 99654

Provides a range of counseling, outreach and referral services to veterans and their families, including job search help and bereavement counseling.

**Mat-Su VA Clinic****888-353-7574**

Mental Healthcare 631-3100

865 N Seward Meridian Pkwy, Ste 105, 99654

The clinic provides primary medical and mental health care with full-time staff and support from Anchorage for some specialty clinics. Patient referrals can be accomplished by contacting the Clinic directly.

**Valley Funeral Home****373-3344**

151 E Herring Ave, 99654

[www.legacyalaska.com](http://www.legacyalaska.com)

Alaskan-owned funeral homes and crematories helping Alaskans in their time of need.

**Wasilla Area Seniors, Inc.**  **206-8800**

1301 S Century Cir, 99654

376-3104

fax 373-5170

[www.wasillaseniors.com](http://www.wasillaseniors.com)[wasillaseniors@alaskaseniors.com](mailto:wasillaseniors@alaskaseniors.com)

Operates the Floyd D. Smith Senior Center and provides daily congregate and home-delivered meals, social activities, transportation, 182 units of low income senior housing, health and wellness programs (fitness club with classes, older Alaskan fall prevention), computer labs and lending library and much more. Serves Wasilla and the Matanuska-Susitna valley.

**Mid-Valley Senior Center****206-8811**

lunch info 206-8800

11975 W Mid Valley Way

Congregate and home-delivered lunches M-F. Also offers a computer lab and summer gardening plots.

**Wasilla Heritage Chapel****373-3840**

1015 South Check St, 99654

fax 373-3841

[www.legacyalaska.com](http://www.legacyalaska.com)

Alaskan-owned funeral homes and crematories helping Alaskans in their time of need.

## Wasilla

**Wellspring Home Health**   
201 E Swanson Ave, Ste 7, 99654

**357-3655**  
on-call 671-2925  
fax 357-3656

[www.wellspringhomehealth.com](http://www.wellspringhomehealth.com)

[info@wellspringhomehealth.com](mailto:info@wellspringhomehealth.com)

Offers skilled nursing and physical, occupational, and speech therapy in the patient's home for those who have difficulty leaving the home (such as use of walker or wheelchair). Also offers personal care services. Accepts Medicare, VA and private insurance.

# Interior/Northern Barrow

see *Utqiagvik*

## Fairbanks

### **AARP Fairbanks Chapter 770**

**866-227-7447**

[www.aarp.org/states/ak](http://www.aarp.org/states/ak)

Local chapter of nationwide, nonprofit organization for those age 50 or older. AARP chapters are nongovernmental, nonpartisan, nonprofit community service organizations. Chapter members demonstrate the power of volunteer service to help address key issues in their community. See also the AARP Alaska State Office listed under Anchorage.

### **Access Alaska**

**479-7940**

3399 Peger Rd

PO Box 71569, 99707

[www.accessalaska.org](http://www.accessalaska.org)

*service area: statewide*

fax 474-4052

[info@accessalaska.org](mailto:info@accessalaska.org)

Helps the elderly and disabled live independently in the community of their choice. Provides independent living skills, DD, mental health and TABI IL advocacy, durable medical equipment loan closet, head injury support group and peer support groups (all free services). Also offers Consumer Directed Personal Care Services (Medicaid, private pay, VA). See index for other offices.

#### **Interpreter Referral Line**

Coordinates requests for American Sign Language (ASL) interpreters, who aid in accurate communication for the deaf and hard of hearing.

### **Adult Protective Services**

**800-478-9996**

**TTY 465-5430**

[health.alaska.gov/dsds/Pages/aps](http://health.alaska.gov/dsds/Pages/aps)

*service area: statewide*

Investigates reports of physical, financial, sexual or emotional abuse, neglect or self-neglect of vulnerable adults over 18. See also Alaska Division of Senior and Disabilities Services listing under Anchorage. [AK Dept. of Health, Div. of Senior and Disabilities Services]

## **Aging at Home Fairbanks**

**799-4026**

1424 Moore St, 99701

[www.aahfairbanks.org](http://www.aahfairbanks.org)

[aahfairbanks@gmail.com](mailto:aahfairbanks@gmail.com)

A membership organization for older adults, connecting members with each other and with the resources they need to remain active and independent as they age. Membership provides one-call access to help with things that become difficult as we age.

## **Alaska Division of Public Assistance**

**800-478-7778**

675 7th Ave, Sta E, 99701

fax 888-269-6520

[health.alaska.gov/dpa](http://health.alaska.gov/dpa)

[hss.dpa.offices@alaska.gov](http://hss.dpa.offices@alaska.gov)

*service area: statewide*

Provides for the welfare of low-income and disabled Alaskans with the programs listed below, plus Medicaid (health coverage for the low income), food stamps, and assistance with burial costs. Call, or visit website for branch office locations throughout the state. [AK Dept. of Health]

### **Adult Public Assistance**

Provides financial assistance to the needy age 65 and older, the blind and the disabled, and helps them attain self-support or self-care.

### **Senior Benefits**

**888-352-4150**

[www.seniorbenefits.alaska.gov](http://www.seniorbenefits.alaska.gov)

Provides cash assistance to low-income seniors 65 and older. See listing under Wasilla for more details.

## **Alaska Health Fair, Inc.**

**374-6853**

725 26th Ave, Ste 201, 99701

fax 374-6854

[www.alaskahealthfair.org](http://www.alaskahealthfair.org)

[fairbanks.director@alaskahealthfair.org](mailto:fairbanks.director@alaskahealthfair.org)

*service area: statewide*

Promotes health and wellness through health fairs — free public events where Alaskans can access health education on important topics, basic screenings and affordable comprehensive blood tests. Health fairs are delivered statewide in the Spring and Fall. Visit website above for schedule and volunteer and exhibitor opportunities. Worksite health fairs are available for employers. (See also listing under Anchorage for the office there.)



**Alaska Housing Finance Corporation** 

Family Investment Center  
1441 22nd Ave, 99701-6517

[www.ahfc.us](http://www.ahfc.us)

service area: statewide

**456-3738**

fax 456-2142

TTY/TDD 456-4621

Intake and management office for Fairbanks low-income senior and disabled Alaskan housing. Offers the Housing Choice Voucher Program. Office hours 9 am-5 pm M-F. See listings for individual Fairbanks properties below.

**Golden Ages**

1271 9th Ave, 99701

**456-1852**

fax 456-1855

A 20-unit low-income housing project for seniors and handicapped. Call the Family Investment Center above for rental information.

**Golden Towers**

330 3rd Ave, 99701

**456-1852**

fax 456-1855

A 96-unit low-income housing project for seniors and handicapped. Office hours 1-5 pm M-F. Call the Family Investment Center above for rental information.

**Southall Manor**

401 7th Ave, 99701

**451-6426**

fax 451-6332

A 40-unit low-income housing project for seniors and handicapped. Office hours 8 am-noon M-F. Call the Family Investment Center above for rental information.

**Alaska International Senior Games**

**978-2388**

PO Box 73225, 99707

[www.alaskaisg.org](http://www.alaskaisg.org)

service area: statewide

[info@alaskaisg.org](mailto:info@alaskaisg.org)

Offers those age 50 and over the opportunity to compete with peers in a variety of activities while promoting healthy aging, challenge, fun and friendliness. Volunteers put on a nine-day program of 20 plus sports ranging from mini-golf to Olympic sports. In even numbered years, participants can qualify for the National Senior Games, which are held in odd numbered years.

**Alaska Legal Services Corporation** 

100 Cushman St, Ste 500, 99701

**452-5181**

toll-free 800-478-5401

fax 456-6359

[www.alsc-law.org](http://www.alsc-law.org)

service area: statewide

[fairbanks@alsc-law.org](mailto:fairbanks@alsc-law.org)

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure

...this listing continues next page...

# Fairbanks

to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices. The Fairbanks office serves interior Alaska.

## **All Ways Caring HomeCare**

3407 Airport Way, 99709

[www.allwayscaring.com](http://www.allwayscaring.com)

*service area: statewide*

**456-4524**

fax 456-5524

In-home personal care attendants, day-outing attendants, chore and respite services, care coordination and referral services, and employment evaluation and coaching. Most services qualify for one or more waiver programs. See the index for more locations.

## **Alzheimer's Resource of Alaska**

565 University Ave, Ste 2, 99709

[www.alzalaska.org](http://www.alzalaska.org)

*service area: statewide*

**452-2277**

toll-free 800-478-1080

fax 457-3376

Information, referral, support and education for individuals over the age of 60 and persons of any age with Alzheimer's disease and related disorders (ADRD). Education and support for family caregivers, dementia-specific training for professionals and a library of books, tapes and articles. See listings for offices in Anchorage, Juneau and Palmer.

## **Careline Crisis Intervention Hotline**

818 26th Ave, 99701

[www.carelinealaska.com](http://www.carelinealaska.com)

*service area: statewide*

**452-4357**

toll-free crisis 877-266-4357

fax 452-2613

A statewide, toll-free hotline serving Alaskans 24/7 with free, immediate and confidential help for crisis intervention, suicide prevention, ongoing support, information, and referral. Text '4help' to 839863. Text line available Tu-Sa from 3 pm -11 pm. Administrative phone number 452-2771.

## **Chapel of Chimes Funeral Home**

415 Illinois St, 99701

[www.legacyalaska.com](http://www.legacyalaska.com)

**456-5566**

Alaskan-owned funeral homes and crematories helping Alaskans in their time of need.

**Chief Andrew Isaac Health Center** 

1717 W Cowels St, 99701

**451-6682**

toll-free 800-478-6682

fax 459-3811

Provides comprehensive outpatient services to the Alaska Native and American Indian populations in Interior Alaska, which includes medical and behavioral health, urgent care, dental services, eye care and pharmacy.

**Denakkanaaga**

101 Dunkel St, Ste 135, 99701

**451-3900**

fax 451-3909

[www.denakkanaaga.org](http://www.denakkanaaga.org)[info@denakkanaaga.org](mailto:info@denakkanaaga.org)*service area: regional (Interior)*

Serves as the voice for Native elders in Interior Alaska, and works and advocates to ensure that elders' concerns are addressed in such areas as Native cultures, traditions and languages, subsistence and social issues. Provides outreach, information, referrals, advocacy and support to elders in Dot Lake, Minto, Nenana, Northway, Tanacross, Tetlin, Eagle and Tok. Hosts an annual Native Elder and Youth Conference each June.

**Fairbanks Funeral Home**

3704 Erickson Ave, 99709

**451-1110**

fax 451-7098

[www.legacyalaska.com](http://www.legacyalaska.com)

Alaskan-owned funeral homes and crematories helping Alaskans in their time of need.

**Fairbanks Job Center** 

675 7th Ave, Sta B, 99701

**451-5901**

toll-free 877-724-2539

TTY 451-5901

fax 451-2919

[www.jobs.alaska.gov](http://www.jobs.alaska.gov)[fairbanks.jobcenter@alaska.gov](mailto:fairbanks.jobcenter@alaska.gov)*service area: statewide*

Job training and placement program for low-income adults and dislocated workers under the Workforce Innovation and Opportunity Act (WIOA). See website for complete list of job centers statewide, or call the toll-free number to be automatically connected to your nearest job center. [Dept. of Labor and Workforce Development]

**MASST program**[www.labor.alaska.gov/masst](http://www.labor.alaska.gov/masst)**451-5918**[tomh@serrc.org](mailto:tomh@serrc.org)

The Mature Alaskans Seeking Skills Training program seeks to foster individual economic self-sufficiency and promote older workers who are unemployed, not work ready, and need on-the-job training to help them find regular employment.

## Fairbanks Memorial Hospital

**452-8181**

1650 Cowles St, 99701

[www.foundationhealth.org](http://www.foundationhealth.org)    [Fmhcommunityfeedback@foundationhealth.org](mailto:Fmhcommunityfeedback@foundationhealth.org)

*service area: regional (interior)*

Full service hospital for Interior Alaska. Offers income-based financial assistance to seniors who have only Medicare coverage. (see also Tanana Valley Clinic)

### Home Health Care

**458-5410**

fax 458-5412

1701 Gillam Way

Offers skilled nursing, home infusion therapy, physical and occupational therapy, speech pathology, medical social services, an extended-care program and home health aides.

### Home Medical Equipment

**458-5421**

19 College Rd, Suite D

Home medical equipment for rent or sale.

### Denali Center

**458-5100**

fax 458-5151

Ninety-bed comprehensive short- and long-term care facility located adjacent to the hospital and featuring a neighborhood-like layout and homelike atmosphere, with live plants and visiting pets. Residents have access to daily activities, visits from friends and family, a place to worship and on-site shopping.

## Fairbanks Native Assn. Elders Program

**451-5225**

320 2nd Ave (meals)

319 1st Ave, 99701

fax 452-6355

[www.fairbanksnative.org](http://www.fairbanksnative.org)

[keddy@fairbanksnative.org](mailto:keddy@fairbanksnative.org)

Services for Alaska Native and Native American elders and their spouses 60 and older, including congregate meals, food boxes, and home visits to homebound, transportation to meals, appointments and errands, referral, advocacy, and help with paperwork such as Medicare, Permanent Fund Dividend, etc., (but not tax forms). Occasional outings. Special birthday celebration with Native foods the last Wednesday of each month. See also Ralph Perdue Center for treatment of alcohol and other addictions.

## Fairbanks Resource Agency Senior Services **456-8901**

805 Airport Way, 99701

fax 452-5171

[www.fra-alaska.org](http://www.fra-alaska.org)

[outreach@fra-alaska.net](mailto:outreach@fra-alaska.net)

Helps seniors experiencing dementia or frailty maximize their independence and self-esteem through referral and case management, caregiver training and support, respite service, chore service and an adult day center with various therapies and activities.

**Fairbanks Retired Teachers Association**[www.akfrta.weebly.com](http://www.akfrta.weebly.com)

Fraternal and service organization for retired Alaskan educators. Meets the second Wednesday of the month Aug-May at Raven's Landing. RSVP by the 1st Wednesday.

**Fairbanks Senior Center**  

1424 Moore St, 99701

**452-1735**

fax 451-9974

[www.fairbanksseniorcenter.org](http://www.fairbanksseniorcenter.org)

Offers congregate and home-delivered meals (Meals on Wheels), information, referral, outreach, transportation, homemaker services, personal advocacy, public computers, home modification, and exercise and social activities. Also houses an Aging and Disability Resource Center (ADRC), Aging At Home Fairbanks (AAH), and Helping Hands Home Modifications (HHHM). [North Star Council on Aging]

**Fresenius Kidney Care** 

1863 Airport Way, 99701

**452-2900**

fax 452-2808

[www.freseniuskidneycare.com](http://www.freseniuskidneycare.com)

Kidney dialysis facility.

**Interior Alaska Center for Non-Violent Living** **452-2293**

726 26th Ave, Ste 1, 99701

toll-free 800-478-7273

[www.iacnvl.org](http://www.iacnvl.org)

*service area: regional (interior Alaska)*

Provides emergency shelter, advocacy, prevention, and referral services to battered women and their children.

**Lifespan Home Modifications** 

Box 165

**800-993-1798**

3875 Geist Rd, Ste E, 99709-3549

[www.homemodification.com](http://www.homemodification.com)[lifespan@homemodification.com](mailto:lifespan@homemodification.com)

*service area: statewide*

Home improvements, remodeling, repairs, and new home construction specifically for the needs of older Alaskans who are aging in place. Modifications include accessible entrances, safer stairs, easier to use bathrooms, more convenient kitchens, and lighting for aging eyes. Universal design projects for all ages and abilities to reduce maintenance, facilitate home health care, and increase comfort, convenience and safety.

# Fairbanks

## Medicaid

see Alaska Div of Public Assistance

## Medicare

see U.S. Social Security Administration

## Metropolitan Area Commuter Sys



**459-1010 ext 1**

501 S Cushman St (Transit Center)

3175 Peger Rd (mail), 99709

Fairbanks area bus service. Senior citizens (60+) ride free.

### Van Tran

[www.fnsb.gov/369/Van-Tran](http://www.fnsb.gov/369/Van-Tran)

**459-1010 ext 2**

[vantran@fnsb.gov](mailto:vantran@fnsb.gov)

Provides transportation for the elderly and disabled who are unable to use the MACS buses. Call for further information. Cost is \$2 each way.

## Northern Lights Memorial Park

**479-2545**

2318 Yankovich Rd, 99709

[www.legacyalaska.com](http://www.legacyalaska.com)

Alaskan-owned funeral homes and crematories helping Alaskans in their time of need.

## Pioneer Home



2221 Eagan Ave, 99701-5709

**458-2221**

state office 465-4416

fax 452-1070

[dfcs.alaska.gov/daph](http://dfcs.alaska.gov/daph)

service area: statewide

[angie.howard@alaska.gov](mailto:angie.howard@alaska.gov)

Assisted and independent living facility for those 60 and over who have resided in Alaska for at least one year and have a need for the services provided. [AK Dept of Family and Community Services]

## ProCare Home Medical



915 30th Ave, Ste 106, 99701

[www.procarehm.com](http://www.procarehm.com)

**458-8912**

fax 458-8914

Provides home medical equipment and supplies including respiratory services, enteral nutrition supplies, incontinence supplies, hospital beds, walkers and wheelchairs. Accepts Medicare and Medicaid patients.

**Public Health Center** 

1025 W Barnette St, 99701

**452-1776**

toll-free 800-478-1777

fax 451-1611

[health.alaska.gov/dph/Nursing](http://health.alaska.gov/dph/Nursing)

Public health nurses are available to answer questions and make referrals for adults who need to be linked to community and medical resources. Also offers flu and COVID vaccines and tuberculosis testing and treatment.

**Ralph Perdue Center** 

3100 S Cushman St, 99701

**452-6251**

fax 456-4849

[www.fairbanksnative.org](http://www.fairbanksnative.org)

Inpatient and outpatient drug and alcohol and drug abuse treatment programs, including a detox center. [Fairbanks Native Behavioral Health Services]

**Raven Landing Senior Community** 

1222 Cowles St

949 McGown St (mail), 99701

**328-5454**

fax 328-5455

[www.ravenlanding.org](http://www.ravenlanding.org)

Ninety-five studio, one- and two-bedroom market-rate apartments for those 55 and older. Rent includes five meals per week, light housekeeping, all utilities including cable TV, telephone, and internet, pull cord assistance, building security, and activities and exercise programs. Apartments have a balcony or patio, full kitchen, ADA compliant systems and washer/dryer hookups (with full laundry rooms available in each building.) Covered parking and exterior storage included.

**Rocking Years II** 

3291 Jefferson Dr, 99709

**388-4665**

fax 374-7768

[rockingyears@hotmail.com](mailto:rockingyears@hotmail.com)

Ten-bed assisted living home for men or women.

**Tanana Valley Clinic** 

1001 Noble St, 99701

**459-3500**

fax 459-3566

[www.foundationhealth.org](http://www.foundationhealth.org)[Tvccommunityfeedback@foundationhealth.org](mailto:Tvccommunityfeedback@foundationhealth.org)

Medical offices featuring 60 providers in family medicine, internal medicine, osteopathic, orthopedic and other specialties. (see also Fairbanks Memorial Hospital)

**1st Care****458-2682**

1101 Noble St

Walk-in clinic for urgent and after-hours care, staffed by board-certified family physicians, advanced-practice providers, nurses, and medical assistants. Open daily, 8 am to 8 pm. No appointment needed.

...this listing continues next page...

## 1st Care West

570 Riverstone Way

Walk-in clinic open M-F, 8 am to 8 pm. No appointment needed.

458-2655

## Taylor Restoration

1896 Marika Rd, Ste 7, 99709

[www.taylorrestorationalaska.com](http://www.taylorrestorationalaska.com)

455-1239

Taylor Restoration is a family owned construction and remodeling company offering accessible home renovations as well as move-out cleanings and pack-out services. Additional services include fire and water damage restoration, mold remediation and carpet and blind cleaning.

## TCC Home Care Program

201 1st Ave, Ste 300, 99701

451-6682

toll-free 800-478-7822 x3440

fax 459-3985

[www.tananachiefs.org/services/home-care-program](http://www.tananachiefs.org/services/home-care-program)

*service area: regional (Interior (Doyon region))*

Provides care coordination, family caregiver support, respite and chore services, and the Home and Community Based waiver program (an alternative to nursing homes). Grant-funded services are offered without regard to race or income. Communities served are shown below under their subregions. **Yukon-Tanana:** Alatna, Allakaket, Anaktuvuk, Evansville/Bettles, Hughes, Manley Hot Springs, Minto, Nenana, Rampart, Stevens Village and Tanana. **Yukon Flats:** Arctic Village, Beaver, Birch Creek, Chalkyitsik, Circle, Fort Yukon, Venetie. **Yukon Koyukuk:** Galena, Huslia, Kaltag, Koyukuk and Nulato. **Lower Yukon:** Anvik, Grayling, Holy Cross, Shageluk. **Kuskokwim:** McGrath, Nikolai, Takotna and Ruby. **Upper Tanana:** Dot Lake, Eagle, Healy Lake, Northway, Tanacross, Tetlin and Tok. [Tanana Chiefs Conference]

## U.S. Dept. of Veterans Affairs

[www.alaska.va.gov](http://www.alaska.va.gov)

*service area: statewide*

### VA Clinic

Bassett Army Community Hospital  
4076 Neeley Rd, Rm IJ-101, 99703

888-353-7574

Mental Healthcare 361-6370

Offers a health care program to veterans which includes health promotion, primary care, mental health care, women's health care, orthopedics, audiology and case management. Laboratory and X-Ray are provided via services within Bassett Army Community Hospital.



**Fairbanks Vet Center****456-4238**

24-hr help line 877-927-8387

540 4th Ave, Ste 100, 99701

Provides a broad range of counseling, outreach and referral services to veteran and their families, including job search help and bereavement counseling.

**U.S. Social Security Administration** **800-478-0391**

Federal Bldg

456-0305 TTY

101 12th Ave, Rm 138, 99701

national TTY 800-325-0778

[www.ssa.gov](http://www.ssa.gov)*service area: statewide*

Information concerning Social Security, Medicare, and Supplemental Security Income (SSI). Hours M-F 9 am-4 pm. See also Medicare Information Office under Alaska Division of Senior and Disabilities Services.

**University of Alaska Fairbanks****474-7034**

1731 South Chandalar Dr

PO Box 757500, 99775

[www.uaf.edu](http://www.uaf.edu)*service area: statewide*

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for “senior citizen tuition waiver.”

**Osher Lifelong Learning Institute at UAF****474-6607**

University Park Bldg Rm 159

Box 758100

[www.uaf.edu/olli](http://www.uaf.edu/olli)[uaf-olli@alaska.edu](mailto:uaf-olli@alaska.edu)

A non-credit educational program offering courses, lectures, social events and group travel within Alaska especially designed for those 50 and over. Annual membership is \$35 and classes are \$15 each, or the \$185 membership gets you unlimited access.

**Interior Alaska Campus****474-5439**

Harper Bldg, 810 Draanjik Dr

fax 474-5208

PO Box 756720, 99775

toll-free 888-474-5207

[www.uaf.edu/iac](http://www.uaf.edu/iac)[uaf-iac@alaska.edu](mailto:uaf-iac@alaska.edu)

Serves rural residents of Interior Alaska through local centers in Fairbanks, McGrath, Tok, Galena and Fort Yukon via local classes, distance education and self-study courses.

*...this listing continues next page...*

# Galena

## **UAF Community and Technical College**

604 Barnette St, 99701

[www.ctc.uaf.edu](http://www.ctc.uaf.edu)

**455-2800**

toll-free 877-882-8827

Specializes in academic preparation, lifelong learning and developing a quality local workforce. Offers more than 40 one-year certificate and two-year associate degree programs in a variety of exciting fields. Also administers UAF's programs on interior military bases.

# Galena

## **Yukon Koyukuk Elder Assisted Living**

PO Box 189, 99741



**656-2574**

[a.m.sweetsir@gmail.com](mailto:a.m.sweetsir@gmail.com)

Nine-bed assisted living home.

# Kotzebue

## **Alaska Legal Services Corporation**



**442-3500**

333 Shore Ave, Eskimo Bldg, Rm 207

PO Box 526, 99752

[www.alsc-law.org](http://www.alsc-law.org)

*service area: statewide*

fax 442-4115

[kotzebue@alsc-law.org](mailto:kotzebue@alsc-law.org)

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices.

## **Maniilaq Elder Services**



**442-7935**

[www.maniilaq.org/senior-disability-services](http://www.maniilaq.org/senior-disability-services)

*service area: regional (Northwest Arctic Borough)*

Provides elders who experience physical or mental challenges with services to help them maintain the maximum level of independence within their own community. The care coordinator will assist in completing applications for state services. The Senior In-Home program provides case management, chore, and respite services, nutrition, transportation, and support services. Provides home-delivered meals (Kotzebue) and congregate meals (villages), transportation (Kotzebue), and social and recreational activities. Also operates the Tupquich four-unit, low-income senior apartments.

**Maniilaq Family Crisis Center**

PO Box 38, 99752

**442-3724**

crisis-line 442-3969

toll-free crisis 888-478-3969

[www.maniilaq.org/tribal-government-services](http://www.maniilaq.org/tribal-government-services)[crisis.center@maniilaq.org](mailto:crisis.center@maniilaq.org)*service area: regional (Kotzebue region)*

Helps and advocates for adults and children in abuse and crisis situations. Operates an emergency shelter that provides safety and support to victims of domestic violence and sexual assault. Offers support groups, prevention and awareness education, and other outreach, information and referrals and legal advocacy.

**Maniilaq Health Services** 

436 5th Ave

PO Box 43, 99752

medical appointments 442-7777

[www.maniilaq.org](http://www.maniilaq.org)[cory.jackson@maniilaq.org](mailto:cory.jackson@maniilaq.org)*service area: regional (Northwest Arctic Borough)*

Provides comprehensive primary health care including medical, nursing and community health services based out of the Maniilaq Health Center in Kotzebue, and village health clinics located in regional communities. Also operates the Utuqqanaat Inaat long-term care facility, call 442-7975.

**Univ. of AK Chukchi Campus**

604 3rd Ave

PO Box 297, 99752

fax 442-2322

[www.uaf.edu/chukchi](http://www.uaf.edu/chukchi)*service area: regional (Northwest Arctic)*

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for "senior citizen tuition waiver."

## Nenana

**Marge Anderson Senior Center**  

3rd and B Streets

PO Box 205, 99760

**832-5818**

cell 460-1477

fax 832-5261

[ntca@alaska.net](mailto:ntca@alaska.net)

Serves congregate and home-delivered meals M,W,F noon to 1 pm. Provides transportation to and from the senior center and transportation to Fairbanks at least twice a month. Offers referral to other services such as home repair, chore and errand services. [Nenana Tortella Council on Aging]

## Nome

**Alaska Division of Public Assistance**  **800-478-7778**

214 E Front St

675 7th Ave, Sta E, 99762

[health.alaska.gov/dpa](http://health.alaska.gov/dpa)*service area: statewide*

fax 888-269-6520

[hss.dpa.offices@alaska.gov](mailto:hss.dpa.offices@alaska.gov)

Provides for the welfare of low-income and disabled Alaskans with the programs listed below, plus Medicaid (health coverage for the low income), food stamps, and assistance with burial costs. Call, or visit website for branch office locations throughout the state.

[AK Dept. of Health]

**Adult Public Assistance**

Provides financial assistance to the needy age 65 and older, the blind and the disabled, and helps them attain self-support or self-care.

**Senior Benefits****888-352-4150**[www.seniorbenefits.alaska.gov](http://www.seniorbenefits.alaska.gov)

Provides cash assistance to low-income seniors 65 and older. See listing under Wasilla for more details.

**Alaska Legal Services Corporation**  **443-2230**

PO Box 1429, 99762

toll-free 888-495-6663

fax 443-2239

[www.alsc-law.org](http://www.alsc-law.org)[nome@alsc-law.org](mailto:nome@alsc-law.org)*service area: statewide*

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices.

**Arctic Access** 

PO Box 1569, 99762

**387-0688**

toll-free 877-442-2393

fax 387-0689

[www.arcticaccesscil.org](http://www.arcticaccesscil.org)[arcticaccessnome@gci.net](mailto:arcticaccessnome@gci.net)*service area: regional (Bering Strait and NW arctic)*

Provides services and opportunities for elders and people with disabilities to remain in the village of their choice and be as active as possible. Serves communities in the Bering Strait and NW Arctic Region including Point Hope. A majority of the board and staff are seniors or people who have disabilities.

**Bering Sea Women's Group**

PO Box 1596, 99762

**443-5491**

24-hr crisis-line 443-5444

or 800-570-5444

fax 443-3748

[www.beringseawomensgroup.org](http://www.beringseawomensgroup.org)[leadadvocate@nome.net](mailto:leadadvocate@nome.net)*service area: regional (Bering Strait/Norton Sound region)*

Safe shelter and advocacy for women, children, and men who are victims of domestic violence or sexual assault, or other violent crimes. Provides crisis intervention via the 24-hour crisis phone line, as well as the Safe Home program for villages in the region.

**Munaqsri Senior Apartments** 

515 Steadman St

PO Box 1289, 99762

**443-5220**

fax 443-5318

Sixteen one-bedroom, unfurnished apartments with major appliances and community and laundry facilities on site. For those 62 years or older or disabled. Priority given to low income, and rent is based on income.

**Nome Community Center, Inc.**  

104 Division St

PO Box 98, 99762

**443-5259**

fax 443-2990

[www.nomecc.org](http://www.nomecc.org)[staff@nomecc.org](mailto:staff@nomecc.org)**Munaqsri Senior Services****443-4150**

Adult day services, transportation and subsistence gathering outings.

**XYZ Senior Center****443-5238**

fax

Congregate and home-delivered meals, activities, health monitoring, information and referral, outreach, transportation, laundry facilities, and shopping help.

**Nome Job Center** 

214 Front St, Ste 320

PO Box 280, 99762-0280

**443-2626**

fax 443-2810

[www.jobs.alaska.gov](http://www.jobs.alaska.gov)[nome.jobcenter@alaska.gov](mailto:nome.jobcenter@alaska.gov)*service area: statewide*

Job training and placement program for low-income adults and dislocated workers under the Workforce Innovation and Opportunity Act (WIOA). See website for complete list of job centers statewide, or call the toll-free number to be automatically connected to your nearest job center. [Dept. of Labor and Workforce Development]

# Nome

## **Norton Sound Health Corporation**



**443-3311**

1000 Greg Kruschek Ave

Nurse Call Line 443-6411

PO Box 966, 99762

fax 443-2113

[www.nortonsoundhealth.org](http://www.nortonsoundhealth.org)

*service area: regional (Bering Strait region)*

Full service inpatient and outpatient health and mental health system for the Bering Strait region. The Norton Sound Regional Hospital in Nome is an 18-bed Critical Access Hospital. The 15 village clinics managed by NSHC are staffed with community health practitioners, health aides, advanced-practice practitioners, and dental health aide therapists.

## **Quayanna Care Center** 443-3357

Eighteen-bed long-term care facility.

## **In-Home Support Program**

**443-3283**

In-Home services including Personal Care Attendants.

## **Senior Housing**



**443-5256**

1008 E Front St

PO Box 995, 99762

fax 443-8652

[www.bsrha.org](http://www.bsrha.org)

[hr@bsrha.org](mailto:hr@bsrha.org)

Eighteen one- bedroom apartments for low income native renters 62 or older. Rent is based on income. [Bering Straits Regional Housing Authority]

## **Univ. of AK Northwest Campus**

**443-2201**

400 E Front St

PO Box 400, 99762

fax 443-5602

[www.uaf.edu/nwc](http://www.uaf.edu/nwc)

[nwc.info@alaska.edu](mailto:nwc.info@alaska.edu)

*service area: regional (Norton Sound area)*

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for “senior citizen tuition waiver.”

## North Pole

**Eagles Wings I & II Assisted Living Homes**  **385-0267**  
 PO Box 57425, 99705 EW II 385-0500

fax 385-0275

[www.eagleswingsalh.com](http://www.eagleswingsalh.com)

[admin@eagleswingsalh.com](mailto:admin@eagleswingsalh.com)

Operates two assisted living homes: Eagles Wings I at 109 E 5th Ave has 16 beds and Eagles Wings II at 2793 Perimeter Dr has 12 beds. Both have dedicated kitchen staff, planned facility and community activities, transportation for appointments, church services and community events. Referral to medical and social services as needed. Has a nurse on call and works closely with physicians, pharmacists, care coordinators, family members, and agencies to assure the best quality of life for each individual.

**Santa's Senior Center**  **488-4663**  
 101 E 5th Ave, 99705 fax 488-4683

[www.santaseniors.com](http://www.santaseniors.com)

[santaseniors@alaska.net](mailto:santaseniors@alaska.net)

Office and Gift Shop hours M-F 11 am-3 pm. Lunch served W and F at noon. Exercise groups, potlucks, games, monthly membership/birthday luncheon, outings around town and a newsletter with monthly event calendar and senior stories.

## Tanana

**Tanana Regional Elders' Residence**   **366-7160**  
 100 Front St  
 PO Box 130, 99777

Nine unit assisted living home for elderly with dementia, and disabled. Amenities include phone and cable in rooms, laundry, meals, etc. Additional services for all community elders (frequently with Native foods), transportation, cultural and social activities, help with shopping and escort to medical appointments. The facility serves as a community gathering place.

**Upper Tanana Aging Program**  **883-5157**

Jon Summar Dr

PO Box 459, 99780

*service area: regional (Upper Tanana Valley-Glennallen)*

Provides meals, information, referral and outreach, transportation and help with shopping and homemaking. Serves villages in the Upper Tanana and Glennallen region. [Upper Tanana Development Corporation]

**Utqiagvik**

(formerly Barrow)

**Aimaagvik Assisted Living** **852-0272**

5452 North Star St, 99723

[www.arcticslope.org/services/aimaavik-assisted-living](http://www.arcticslope.org/services/aimaavik-assisted-living)[diane.nosbisch@arcticslope.org](mailto:diane.nosbisch@arcticslope.org)

A 12-bed facility with six shared rooms offering 24-hour supportive care, organized recreational, spiritual and physical activities, meeting space and referrals to medical or social services when appropriate. [Arctic Slope Native Association]

**Alaska Legal Services Corporation** **855-8998**

1078 Kiogak St, Rm 315

PO Box 1651, 99723

[www.alsc-law.org](http://www.alsc-law.org)*service area: statewide*

fax 888-840-0522

[barrow@alsc-law.org](mailto:barrow@alsc-law.org)

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices.

**Arctic Women in Crisis (AWIC)****852-0261**

PO Box 69, 99723

toll-free 800-478-0267

fax 852-2474

[www.north-slope.org](http://www.north-slope.org)[virginia.walsh@north-slope.org](mailto:virginia.walsh@north-slope.org)

Shelter, counseling, and group support services for victims of domestic violence and sexual assault, including medical and legal assistance for elders and vulnerable adults. [North Slope Borough Dept. of Health and Social Services]



**North Slope Borough****Sr Citizen's Program**   **852-0276**

5452 Northstar St

PO Box 69, 99723

[www.north-slope.org](http://www.north-slope.org)*service area: regional (North Slope)*

fax 852-0345

[info@north-slope.org](mailto:info@north-slope.org)

Meals (congregate and home-delivered), transportation, information and referral, recreational and social activities, outreach, housing, shopping assistance, escort, translation service, and assistance with forms. Serves those 60 or older and their spouses or disabled dependents. The program serves all North Slope Borough communities.

**North Slope Borough Health Dept.****852-0344**

fax 852-0389

Programs include public health nursing, behavioral health services, and community health aides in village clinics.

## Wainwright

**Wainwright Senior Center**  **763-2419**

PO Box 9, 99782

Offers meals, social activities and transportation.

# Get word out about your upcoming event!

Publicize a program or class.  
Post an invitation to a new Zoom offering.  
The Senior Voice online calendar is here for you.

It's easy to post your events  
to [seniorvoicelaska.com](http://seniorvoicelaska.com) – and it's **FREE**.



**1** Go to the Senior Voice website: [seniorvoicelaska.com](http://seniorvoicelaska.com) Click on the “Calendar” tab in the upper right corner



**2** You will see the list of upcoming events. To add your own event, click the “Submit Event” button on the upper right.

**3** You will be taken to a forms page where you can quickly enter your details.

In addition to the date, time, location and description, you can include other items:

- Photos, fliers and other images
- Links to your website
- A button linking to the event and your site
- Zoom, Skype and other conferencing links
- Your email and other contact information

A screenshot of the 'Senior Voice Calendar of Events' form. The form includes fields for 'Your Name', 'Event Name', 'Event Description', 'Event Title', and 'Event Date'. There is a 'Submit Event' button at the top right of the form.

## **TRY IT NOW.**

Our website readers are all around the state, and beyond. If you run into problems, call 1-800-478-1059 or email [editor@seniorvoicelaska.com](mailto:editor@seniorvoicelaska.com)

# Senior Voice

Senior Voice is published by Older Persons Action Group, Inc.

# Southeast

## Angoon

### **Aangoon Shu' Senior Center**



**788-3804**

812 Xootz Rd  
PO Box 107, 99820  
[www.ccsak.org](http://www.ccsak.org)

Resource Center 866-746-6177  
fax 788-3805  
[angoon.sc@ccsjuneau.org](mailto:angoon.sc@ccsjuneau.org)

Congregate and home-delivered meals, information and referral, transportation, case management, cultural and social activities, and caregiver support. Open M-F 8:30 am-1:00 pm with lunch served at 11:30. Located at the T & H Community Building. [South-east Senior Services (SESS)/CCS]

### **Angoon Elderly Apartments**



**780-3119**

5446 Jenkins Dr  
PO Box 32237, Juneau, 99803  
[www.regionalhousingauthority.org](http://www.regionalhousingauthority.org)

fax 866-684-5856  
[bfriday@thrha.org](mailto:bfriday@thrha.org)

Three-unit independent living housing complex for elders. Rent is income based, [Tlingit-Haida Regional Housing Authority]

### **Jessie Norma Jim Health Center (SEARHC)**



**788-4600**

725 Relay Rd  
PO Box 290, 99820  
[www.searhc.org](http://www.searhc.org)

fax 788-3180

Primary and specialty care clinic offering family medicine, preventative care, and treatment for new and chronic health conditions, plus visiting specialty practitioners.

### **Southeast Alaska Independent Living**



**888-487-1022**

[www.sailinc.org](http://www.sailinc.org)

[pobrien@sailinc.org](mailto:pobrien@sailinc.org)

Serves disabled of all ages with information and referral, advocacy, peer support, skills training, services for deaf, blind and low vision, recreational programs, and assistive technology. An Aging and Disability Resource Center (ADRC). See also main office under Juneau.

## Craig

*see Prince of Wales Island*

## Douglas

*see Juneau/Douglas*

## Gustavus

### **Gustavus Clinic (SEARHC)**

42 Dolly Varden Rd, 99826

[www.searhc.org](http://www.searhc.org)

**697-3008**

fax 697-3034

Offers appointments with a full-time nurse practitioner to address acute and chronic health care needs.

## Haines/Klukwan

### **Becky's Place Haven of Hope**

**303-0076**

PO Box 1506, 99827

[www.beckysplacehavenofhope.org](http://www.beckysplacehavenofhope.org)

[beckysplace.haines@gmail.com](mailto:beckysplace.haines@gmail.com)

A domestic violence/sexual assault shelter fostering hope and independence by offering a safe and secure environment, food, clothing, and unconditional love and support without judgment or condemnation.

### **Haines Assisted Living**

**766-3616**

PO Box 916, 99827

[www.hainesassistedliving.org](http://www.hainesassistedliving.org)

fax 766-3617

[info@hainesassistedliving.org](mailto:info@hainesassistedliving.org)

Assisted living facility for seniors and disabled of the Chilkat Valley. Includes meals and snacks, 24-hour personal care, registered nursing care, transportation arrangements and social, cultural, educational and recreational activities all in an ADA-compliant, state-of-the-art facility run with an elder-directed care model.

### **St. Lucy's Senior Living**

Five one-bedroom apartments for low-income seniors. Rents subsidized under the HUD 202 program.

### **Haines Health Center**

**766-6300**

131 1st Ave

Physical Therapy 766-6390

PO Box 1549, 99827

[www.searhc.org](http://www.searhc.org)

fax 766.2675

Primary and specialty care clinic offering family medicine, preventative care, and treatment for new and chronic health conditions, plus visiting specialty practitioners.

### **Haines Dental Clinic**

**766-6372**

230 Dalton St, Ste 102

766-2581

PO Box 1529

### **Mountainside Behavioral Health**

**766-6313**

230 Dalton St, Ste 102

24-hr crisis line 877-294-0074

**Klukwan Health Center**

11 Chilkat Ave  
HC60-Box 2201P

**766-6335**  
fax 767-5609

**Haines Senior Housing** 

5446 Jenkins Dr  
PO Box 32237, Juneau, 99803  
[www.regionalhousingauthority.org](http://www.regionalhousingauthority.org)

**780-3119**

fax 866-684-5856  
[bfriday@thrha.org](mailto:bfriday@thrha.org)

Twelve-unit independent living housing complex, elders given preference. Rent is income based. [Tlingit-Haida Regional Housing Authority]

**Haines Senior Village** 

153 1st Ave S  
PO Box 835, 99827  
[www.hainesseniorvillage.com](http://www.hainesseniorvillage.com)

**766-3199**[hainesseniorvillage@aptalaska.net](mailto:hainesseniorvillage@aptalaska.net)

Thirteen one- and two-bedroom independent living apartments for those 55 or older.

**Haines/Klukwan Senior Center**  

33 Mission St  
PO Box 801, 99827  
[www.ccsak.org](http://www.ccsak.org)

**766-2383**  
Resource Center 866-746-6177  
fax 766-3083  
[hainessc@ccsjuneau.org](mailto:hainessc@ccsjuneau.org)

Congregate and home-delivered meals, transportation, information and referral, cultural and social activities, health maintenance, and caregiver support. Open M-Th 8:30 am- 2 pm with lunch served at noon. [Southeast Senior Services (SESS)/CCS]

**Hospice of Haines**

13 E Barnett Dr  
PO Box 1034, 99827  
[www.hospiceofhaines.org](http://www.hospiceofhaines.org)

**766-3645**[hospiceofhaines@aptalaska.net](mailto:hospiceofhaines@aptalaska.net)

Trained volunteers provide care and support to the terminally and critically ill and their families to help ensure comfort, dignity and choice. Also provides education and support to community members regarding the care-giving, dying and grieving processes.

**Soboleff-McRae Veterans Village** 

230 Dalton St, 99827  
[www.searhc.org](http://www.searhc.org)

**766-6300**  
or 907-463-4000

Independent senior living apartments for veterans or their surviving spouses. [Southeast Alaska Regional Health Consortium]

# Hoonah

## **Southeast Alaska Independent Living**



**888-471-1332**

431 Union St, 99827

PO Box 183, 99827

[www.sailinc.org](http://www.sailinc.org)

*service area: regional (Haines, Klukwan, Skagway)*

fax 766-3254

[haines@sailinc.org](mailto:haines@sailinc.org)

Serves disabled of all ages with information and referral, advocacy, peer support, skills training, services for deaf, blind and low vision, recreational programs and assistive technology. An Aging and Disability Resource Center (ADRC). See also main office under Juneau.

# Hoonah

## **Hoonah Health Center (SEARHC)**



**945-2735**

490 Gartina Hwy

PO Box 103, 99839

[www.searhc.org](http://www.searhc.org)

fax 945-3239

Primary and specialty care clinic offering family medicine, preventative care, and treatment for new and chronic health conditions, plus visiting specialty practitioners.

## **Hoonah Senior Center**



**945-3350**

610 Douglas Dr

PO Box 353, 99829

[www.ccsak.org](http://www.ccsak.org)

Resource Center 866-746-6177

fax 945-3107

[hoonahsc@ccsjuneau.org](mailto:hoonahsc@ccsjuneau.org)

Congregate and home-delivered meals, transportation, information and referral, social and cultural activities, shopping/errand services, case management and caregiver support. Open M-F 8 am-2 pm with lunch served at 11:30 am. Located at the T & H Community Building. [Southeast Senior Services (SESS)/CCS]

## **Hoonah Senior Housing**



**780-3119**

5446 Jenkins Dr

PO Box 32237, Juneau, 99803

[www.regionalhousingauthority.org](http://www.regionalhousingauthority.org)

fax 866-684-5856

[bfriday@thrha.org](mailto:bfriday@thrha.org)

Twelve-unit independent living housing complex, elders given preference. Rent is income based. [Tlingit-Haida Regional Housing Authority]

# Hydaburg

*see Prince of Wales Island*

## Juneau/Douglas

**AARP Juneau Community Council****866-227-7447**[www.aarp.org/states/ak](http://www.aarp.org/states/ak)

Addresses issues of concern and creates positive social change within the community. See also the AARP Alaska State Office listed under Anchorage.

**Adult Protective Services****800-478-9996**

TTY 465-5430

[health.alaska.gov/dsds/Pages/aps](http://health.alaska.gov/dsds/Pages/aps)*service area: statewide*

Investigates reports of physical, financial, sexual or emotional abuse, neglect or self-neglect of vulnerable adults over 18. See also Alaska Division of Senior and Disabilities Services listing under Anchorage. [AK Dept. of Health, Div. of Senior and Disabilities Services]

**Alaska Commission on Aging****465-3250**

240 Main St, Ste 100

PO Box 110693, 99811-0693

fax 465-1398

[www.alaskaaging.org](http://www.alaskaaging.org)[hss.acoa@alaska.gov](mailto:hss.acoa@alaska.gov)*service area: statewide*

The Commission on Aging is a governor-appointed board that plans services for Alaskans age 60 and older, educates Alaskans about senior issues and advocates for programs and services to address the needs of Alaska's older citizens. The Commission also advises the Alaska Mental Health Trust Authority regarding the needs of older Alaskans with Alzheimer's disease and related dementias. [AK Dept. of Health]

**Alaska Division of Public Assistance****800-478-7778**

10002 Glacier Hwy, Ste 200

PO Box 110642, 99801

fax 888-269-6520

[health.alaska.gov/dpa](http://health.alaska.gov/dpa)[hss.dpa.offices@alaska.gov](mailto:hss.dpa.offices@alaska.gov)*service area: statewide*

Provides for the welfare of low-income and disabled Alaskans with the programs listed below, plus Medicaid (health coverage for the low income), food stamps, and assistance with burial costs. Call, or visit website for branch office locations throughout the state. [AK Dept. of Health]

**Adult Public Assistance**

Provides financial assistance to the needy age 65 and older, the blind and the disabled, and helps them attain self-support or self-care.

*...this listing continues next page...*

## Senior Benefits

888-352-4150

[www.seniorbenefits.alaska.gov](http://www.seniorbenefits.alaska.gov)

Provides cash assistance to low-income seniors 65 and older. See listing under Wasilla for more details.

## Alaska Geriatric Exchange Network (AGENET)

486-6181

*service area: statewide*

Alaska Geriatric Exchange Network is a group of senior service providers who meet monthly via teleconference in order to more effectively support programs for older Alaskans, foster mutual support and assistance among senior programs and influence government policy toward seniors.

## Alaska Housing Finance Corporation



586-3750

Juneau Family Investment Center

TDD 800-478-3750

3410 Foster Ave, 99801-1906

fax 463-4967

[www.ahfc.us](http://www.ahfc.us)

*service area: statewide*

Intake office for AHFC low-income housing including Mountain View complex listed below. Offers the Housing Choice Voucher Program.

### Mountain View

586-1420

fax 463-3037

895 W 12th St, 99802

A 62-unit housing project for low-income seniors (62+) and disabled. Call the intake office above for rental information.

## Alaska Legal Services Corporation



586-6425

8800 Glacier Hwy, Ste 228, 99801

toll-free 800-789-6426

fax 586-2449

[www.alsc-law.org](http://www.alsc-law.org)

[juneau@alsc-law.org](mailto:juneau@alsc-law.org)

*service area: statewide*

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices.



**Alaska Marine Highway** **465-3941**

6858 Glacier Hwy

PO Box 112505, 99811-2505

[www.ferryalaska.com](http://www.ferryalaska.com)*service area: regional (southern coastal areas)*

fax 465-8824

[dot.amhs.customer@alaska.gov](mailto:dot.amhs.customer@alaska.gov)

Discount fares are available for those 65 and older on all sailings within Alaska. Senior rates are automatically calculated when booking online, or inquire when making reservations by phone. [AK Dept. of Transportation]

**Alaska Network on Domestic Violence &****Sexual Assault****586-3650**

TTY 800-787-3224

toll-free 800-799-7233

[www.andvsa.org](http://www.andvsa.org)[andvsa@andvsa.org](mailto:andvsa@andvsa.org)*service area: statewide*

Alaska Network on Domestic Violence and Sexual Assault is a statewide coalition made up of local domestic violence and sexual assault programs. Local programs can be found on the network's website or by calling one of the numbers above (the toll-free numbers listed are national referral hotlines).

**Alaska State Library****Talking Books Center** **888-820-4525**

395 Whittier St

PO Box 110571, 99811

[talkingbooks.alaska.gov](http://talkingbooks.alaska.gov)*service area: statewide*

fax 465-2151

[tbc@alaska.gov](mailto:tbc@alaska.gov)

Provides audio books and players as well as Braille materials to Alaskans who are visually or physically disabled to such an extent that they cannot read standard print.

**Alaskan Memorial Park Mortuary****789-0611**

3839 N Riverside Dr, 998001

[www.legacyalaska.com](http://www.legacyalaska.com)

Alaskan-owned funeral homes and crematories helping Alaskans in their time of need.

**Alzheimer's Resource of Alaska** 

2354 Mendenhall Lp Rd, Ste 79, 99801

**586-6044**  
toll-free 800-478-1080  
fax 586-6084

[www.alzalaska.org](http://www.alzalaska.org)

service area: statewide

Information, referral, support and education for individuals over the age of 60 and persons of any age with Alzheimer's disease and related disorders (ADRD). Education and support for family caregivers, dementia-specific training for professionals and a library of books, tapes and articles. See listings for offices in Anchorage, Fairbanks and Palmer.

**Care Coordination Resource of Alaska**

Ste 202

[www.ccralaska.org](http://www.ccralaska.org)

**500-7456**  
fax 500-7457

Provides care coordination for Alaskans who need support to live safely and as independently as possible in the home of their choice. The coordinators help individuals identify the services and supports that meet their needs.

**AWARE, Inc.**

PO Box 20809, 99802

fax 586-2479

[www.awareak.org](http://www.awareak.org)

**586-6623**  
crisis-line 586-1090  
crisis-line 800-478-1090  
[info@awareak.org](mailto:info@awareak.org)

AWARE provides gender-inclusive intervention and prevention services, outreach and education regarding domestic violence, sexual assault and child abuse in Juneau. They also serve Hoonah, Tenakee Springs, Pelican, Elfin Cove, Gustavus, Haines, Klukwan, Skagway and Yakutat.

**Bartlett Regional Hospital** 

3260 Hospital Dr, 99801

[www.bartlettshospital.org](http://www.bartlettshospital.org)

**796-8900**  
Case Management 796-8580

Full service hospital with primary care, behavioral health care and specialties including oncology, diabetes education and a sleep lab. Also operates Wildflower Court long-term care facility (listed separately).

**Bridge Adult Day Program**

1803 Glacier Hwy, 99801

fax 888-592-4179

[www.ccsak.org](http://www.ccsak.org)

**463-6170**  
Case Management 463-6195  
Resource Center 463-6177  
[jennifer.garrison@ccsjuneau.org](mailto:jennifer.garrison@ccsjuneau.org)

Therapeutic activity programs for frail seniors over 60 and people of any age with Alzheimer's disease or related disorders. Meals and transportation available M-F 7:30 am-5:00 pm. For other services see main Southeast Senior Services listing in Juneau listings. [Southeast Senior Services (SESS)/CCS]

**Capital AKcess Transportation Services****463-6194**

1805 Glacier Hwy, 99801

fax 586-1879

[www.ccsak.org](http://www.ccsak.org)[CapitalAKcess@ccsjuneau.org](mailto:CapitalAKcess@ccsjuneau.org)

Door-to-door transportation and passenger assistance, and shopping assistance for seniors 60 or older and anyone with disabilities unable to ride the city bus. Hours M-Sat 7 am-11:30 pm, Sun 9 am-6 pm. Make reservations at least 24hrs in advance. [Southeast Senior Services (SESS)/CCS]

**Central Council of Tlingit & Haida****Indian Tribes of Alaska****463-7131**

320 W Willoughby, Ste 300

receptionist 586-1432

PO Box 25500, 99802

fax 885-0032

[www.ccthita.org](http://www.ccthita.org)[astepetin@ccthita-nsn.gov](mailto:astepetin@ccthita-nsn.gov)*service area: regional (Southeast)*

Assists Tlingit and Haida elders 65 and over in Southeast Alaska in accessing health and community resources. Makes home visits, referrals and help with social services paperwork. Serves lunch at the Juneau hall for those 55 and over (check for current schedule). Also offers elders teas, and fitness and health programs. The Elders Council provides input to CCTHITA programs and holds the annual caregivers' workshop.

**COMPASS Homecare****790-3650**

8800 Glacier Hwy, Ste 229, 99801

toll-free 800-790-3650

fax 790-3651

[www.compasshomecare.org](http://www.compasshomecare.org)[info@compasshomecare.org](mailto:info@compasshomecare.org)*service area: regional (Southeast, northern part)*

Provider of home- and community-based services for people with disabilities, the elderly and others who experience barriers to community living in Alaska. Offers supported living services, personal care attendants (PCAs), and respite and chore services. Provides home care services under VA benefits, long-term care insurance, private pay, state grant for seniors, and Medicaid. See also listings for offices in Sitka and Anchorage. [Center for Community]

**Cornerstone Home Care****586-6838**

8800 Glacier Hwy, Ste 111, 99801

toll-free 877-956-2273

fax 586-8114

[www.chhcare.com](http://www.chhcare.com)[info@chhcare.com](mailto:info@chhcare.com)*service area: regional (Southeast communities below)*

Services include personal care, homemaker, chore help, respite, supported living, in-home support, and day habilitation. Currently serving Haines, Juneau, Ketchikan, Petersburg, and Prince of Wales Island. Accepts private pay, Medicaid, VA and grants.

# Juneau/Douglas

## **Disability Law Center of Alaska**

230 S Franklin St, Ste 206, 99801

[www.dlcak.org](http://www.dlcak.org)

*service area: statewide*

**800-478-1234**

fax 586-1066

[akpa@dlcak.org](mailto:akpa@dlcak.org)

Nonprofit organization providing legal assistance for disabled individuals with legal issues related to their disability. See also Client Assistance Program under Anchorage office of DLCA.

## **Fireweed Place**

415 Willoughby Ave, 99801

[www.regionalhousingauthority.org](http://www.regionalhousingauthority.org)

Sixty-seven independent living apartments for those 60 and older, located downtown. [Tlingit-Haida Regional Housing Authority]

**586-5000**

THRHA office 780-6868

fax 586-5001

## **Hospice and Home Care of Juneau**

1803 Glacier Hwy, 99801

[www.ccsjuneau.org](http://www.ccsjuneau.org)

Hospice and bereavement support including grief support groups and home visits by social workers, chaplains and hospice volunteers. Also has a loan closet for durable medical equipment. Call for information on possible expanded health services. [Catholic Community Services]

**463-6111**

[info@ccsjuneauu.org](mailto:info@ccsjuneauu.org)

## **Juneau Job Center**

10002 Glacier Hwy, Ste 100

PO Box 115514, 99811-5514

[www.jobs.alaska.gov](http://www.jobs.alaska.gov)

*service area: statewide*

Job training and placement program for low-income adults and dislocated workers under the Workforce Innovation and Opportunity Act (WIOA). See website for complete list of job centers statewide, or call the toll-free number to be automatically connected to your nearest job center. [Dept. of Labor and Workforce Development]

**465-4562**

TTY 465-2952

fax 465-2984

[juneau.jobcenter@alaska.gov](mailto:juneau.jobcenter@alaska.gov)

## **Juneau Senior Center**

895 W 12th St, Ste 160, 99801

fax 586-2543

[www.ccsak.org](http://www.ccsak.org)

Congregate and home-delivered meals (see Meals on Wheels below), information and referral, social and cultural activities, health promotion activities and case management. Located in the Mountain View Apartment Complex. Open M-F 8 am-2:30 pm. [South-east Senior Services (SESS)/CCS]

**463-6175**

Case Management 463-6195

Resource Center 463-6177

[juneausc@ccsjuneau.org](mailto:juneausc@ccsjuneau.org)

**Meals on Wheels****463-6179**

Delivers a hot, nutritious lunch M-F which meets 1/3 of the recommended daily allowance of vitamins and minerals. Also serves as a daily social contact and safety check for seniors living alone. This service is for any person age 60 or over who is homebound due to illness or disability and is unable to come to the senior center for lunch.

**MASST Program Coordinator****465-4872**

PO Box 115516, 99811-5509

fax 465-4537

[www.labor.alaska.gov/masst](http://www.labor.alaska.gov/masst)[rita.gray@alaska.gov](mailto:rita.gray@alaska.gov)*service area: statewide*

Oversees Mature Alaskans Seeking Skills Training program. The MASST program places senior workers with non-profit, government and tribal employers where they can get training and experience. The MASST program is administered by area: please see the index for the nearest location or contact this office. [Dept. of Labor and Workforce Development, Div. of Employment and Training Services]

**Medicaid****see Alaska Div of Public Assistance****Medicare****see U.S. Social Security Administration****National Active & Retired****Federal Employees Assoc. #2088****209-7995**[www.narfe.org](http://www.narfe.org)[dave1013@gmail.com](mailto:dave1013@gmail.com)

Local chapter of national organization which seeks to promote the welfare of federal workers and retirees through information and advocacy. All current and former federal employees are eligible to join.

**Pioneer Home** **780-6422**

4675 Glacier Hwy, 99801

state office 465-4416

[dfcs.alaska.gov/daph](http://dfcs.alaska.gov/daph)[emily.palmer@alaska.gov](mailto:emily.palmer@alaska.gov)*service area: statewide*

Assisted and independent living facility for those 60 and over who have resided in Alaska for at least one year and have a need for the services provided. [AK Dept of Family and Community Services]

**Public Health Center** **465-3353**

3412 Glacier Hwy, 99801

fax 465-3389


[health.alaska.gov/dph](http://health.alaska.gov/dph)

Public health nurses are available to answer questions and make referrals for adults who need to be linked to community and medical resources. Also offers flu and COVID vaccines and infectious disease testing and treatment.

**Reifenstein Dialysis Center**   
9109 Mendenhall Mall Rd, Ste 6, 99801  
[www.freseniuskidneycare.com](http://www.freseniuskidneycare.com)

**790-3002**  
fax 790-3014

Kidney dialysis facility.

**Southeast Alaska Independent Living**   
3225 Hospital Dr, Ste 300, 99801  
[www.sailinc.org](http://www.sailinc.org)  
*service area: regional (SE Alaska)*

**800-478-7245**  
fax 888-521-4869  
[info@sailinc.org](mailto:info@sailinc.org)

Serves the disabled of all ages with information and referral, advocacy, peer support, skills training, services for deaf, blind and low vision, recreational programs and assistive technology. An Aging and Disability Resource Center (ADRC). The Outdoor Recreation and Community Access (ORCA) number is 888-487-0964. This office also serves Hoonah, Petersburg, Wrangell, Gustavus, Tenakee Springs and Yakutat. (See separate listings for offices in Angoon, Haines, Ketchikan, Klawock and Sitka)

**Southeast Alaska Regional Health Consortium**   
[www.searhc.org](http://www.searhc.org)  
*service area: regional (Southeast)*

**463-4000**

**Ethel Lund Medical Center**  
1200 Salmon Creek Ln

**463-4040**  
fax 463-4012  
Pharmacy 463-4030

Provides a full spectrum of primary health care services including acute and chronic disease management, preventive services and an eye clinic.

**Front Street Clinic**  
225 Front St, Ste 202  
General primary care services comprised of medical, dental and behavioral health.

**364-4565**  
fax 364-4469

**Behavioral Health**  
1046 Salmon Creek Ln

**364-4445**  
fax 364-4487  
crisis line 877-294-0074

Offers a broad range of behavioral health services with psychiatrists and behavioral health therapists on staff.

**Dental Clinic**  
3245 Hospital Dr

**463-4041**  
fax 463-4032

**Mountainside Urgent Care**  
3225 Hospital Dr, Ste 102

**463-6677**

**Southeast Senior Services** 

1803 Glacier Hwy, 99801

**463-6192**

or 463-6154

fax 888-756-6664

[www.ccsak.org](http://www.ccsak.org)[marianne.mills@ccsjuneau.org](mailto:marianne.mills@ccsjuneau.org)*service area: regional (Southeast)*

Offers a wide variety of services throughout Southeast Alaska. Besides the three programs listed below see separate listings under Juneau-Douglas for The Bridge Adult Day Program, Care-A-Van, Meals on Wheels and the Juneau Senior Center. See also listings for senior centers in Angoon, Klawock/Craig, Haines/Klukwan, Hoonah, Kake, Ketchikan/Saxman, Sitka, Skagway, Wrangell and Yakutat. [Catholic Community Service (CCS)]

**Senior & Caregiver Resource Center**

419 6th St

**463-6177**

toll-free 866-746-6177

fax 888-912-0929

[denise.darby@ccsjuneau.org](mailto:denise.darby@ccsjuneau.org)

Provides information and referral to seniors and their caregivers about services available in their community, whether they live in SE Alaska or another state. Long-distance caregivers may receive information as well. Also open to walk-in caregivers who need to talk through their situation.

**Case Management****463-6195**

toll-free 877-563-6195

fax 888-912-0929

Case managers assess needs, determine eligibility for programs and benefits and secure and monitor services in the home and community. This office serves Angoon, Haines, Hoonah, Juneau, Wrangell and Yakutat. The Ketchikan office serves Ketchikan/Saxman and Metlakatla (see listings under those communities).

**Senior Counseling****463-6177**

toll-free 866-746-6177

Seniors and their caregivers, 60 and older, are eligible to receive free counseling services for depression and other mental health issues through the Senior Counseling program.

**The Learning Connection**

210 Ferry Way, 99801

fax 586-5673

[www.tlcalaska.org](http://www.tlcalaska.org)*service area: regional (Southeast)***586-5718**

toll-free 800-478-6660

or 586-6806

[learn@serrc.org](mailto:learn@serrc.org)

Adult education centers in Juneau, and in Ketchikan and Sitka through the University of Alaska. Also provides adult education and/or tutors in many other southeast communities (call or visit website for details). [Southeast Alaska Regional Resource Center]

*...this listing continues next page...*

## **MASST Program Southeast Region**

[www.serrc.org/masst](http://www.serrc.org/masst)

**433-7402**

[bruceg@serrc.org](mailto:bruceg@serrc.org)

The Mature Alaskans Seeking Skills Training program seeks to foster individual economic self-sufficiency and promote older workers who are unemployed, not work ready, and need on-the-job training to help them find regular employment.

## **U.S. Dept. of Veterans Affairs Clinic**

**888-353-7574**

709 W 9th St, Ste 150, 99801

[www.alaska.va.gov](http://www.alaska.va.gov)

Provides routine primary care, including screening services, as well as mental health services. Must bring government issued ID for entry into building. Cafeteria is available.

## **U.S. Social Security Administration**

**800-478-7124**

709 W 9th St, Rm 231

586-7024 TTY

PO Box 21327, 99802

national TTY 800-325-0778

[www.ssa.gov](http://www.ssa.gov)

*service area: statewide*

Information concerning Social Security, Medicare, and Supplemental Security Income (SSI). Hours M-F 11:30 am-4 pm. See also Medicare Information Office under Alaska Division of Senior and Disabilities Services.

## **University of Alaska Southeast**

**796-6100**

Juneau Campus

toll free 877-465-4827

11066 Auke Lake Way, 99801

tuition waiver 796-6267

[uas.alaska.edu/juneau](http://uas.alaska.edu/juneau)

[uas.information@alaska.edu](mailto:uas.information@alaska.edu)

*service area: regional (Southeast)*

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for "senior citizen tuition waiver." See also UAS campus listings under Ketchikan and Sitka.

## **Wildflower Court**

**463-8700**

2000 Salmon Creek Ln, 99801

fax 463-8743

[www.wildflowercourt.org](http://www.wildflowercourt.org)

[info@wildflowercourt.org](mailto:info@wildflowercourt.org)

Fifty-seven-bed, nonprofit, long-term skilled nursing care and rehabilitation facility. Mostly private rooms in a home-like setting with daily enrichment activities. [Bartlett Regional Hospital]



## Kake

**Kake Clinic (SEARHC)** **785-3333**

105 Totem Wa

PO Box 605, 99830

fax 785-3136

[www.searhc.org](http://www.searhc.org)

Primary and specialty care clinic offering family medicine, preventative care and treatment for new and chronic health conditions plus visiting specialty practitioners.

**Kake Senior Center**  **785-3172**

177 3rd Ave

Resource Center 866-746-6177

PO Box 251, 99830

fax 785-3173

[www.ccsak.org](http://www.ccsak.org)[kakesc@ccsjuneau.org](mailto:kakesc@ccsjuneau.org)

Congregate and home-delivered meals, transportation, information and referral, caregiver support, social and cultural activities, shopping assistance, and exercise programs. Open M-Th 8 am-2 pm, with lunch served at noon. Transportation also available on Fridays. Located at the T & H Senior Housing. [Southeast Senior Services (SESS)/CCS]

**Kake Senior Housing** **780-3119**

5446 Jenkins Dr

PO Box 32237, Juneau, 99803

fax 866-684-5856

[www.regionalhousingauthority.org](http://www.regionalhousingauthority.org)[bfriday@thrha.org](mailto:bfriday@thrha.org)

Twelve-unit independent-living housing complex, elders given preference. Rent is income based. [Tlingit-Haida Regional Housing Authority]

## Kasaan

*see Prince of Wales Island*

## Ketchikan/Saxman

**AARP Ketchikan Chapter 1824****225-2814**

3530 Denali Ave, 99901

state office 866-227-7447

[www.aarp.org/states/ak](http://www.aarp.org/states/ak)


Local chapter of nationwide nonprofit organization for those age 50 or older. AARP chapters are nongovernmental, nonpartisan, nonprofit community service organizations. Chapter members demonstrate the power of volunteer service to help address key issues in their community. See also the AARP Alaska State Office listed under Anchorage.

**Akeela, Inc.**   
3050 5th Ave, 99901

[www.akeela.us](http://www.akeela.us)  
*service area: statewide*

Provides outpatient and inpatient substance abuse treatment, mental health services and emergency psychiatric services.

**225-4135**  
toll-free 800-478-7738  
fax 247-4135  
[info@akeela.org](mailto:info@akeela.org)

**Alaska Division of Public Assistance**  **800-478-7778**  
2030 Sea Level Dr, Ste 301  
PO Box 5560, 99901  
[health.alaska.gov/dpa](http://health.alaska.gov/dpa)  
*service area: statewide*

fax 888-269-6520  
[hss.dpa.offices@alaska.gov](mailto:hss.dpa.offices@alaska.gov)

Provides for the welfare of low-income and disabled Alaskans with the programs listed below, plus Medicaid (health coverage for the low income), food stamps, and assistance with burial costs. Call, or visit website for branch office locations throughout the state.  
[AK Dept. of Health]

#### **Adult Public Assistance**


Provides financial assistance to the needy age 65 and older, the blind and the disabled, and helps them attain self-support or self-care.

#### **Senior Benefits**

[www.seniorbenefits.alaska.gov](http://www.seniorbenefits.alaska.gov)

Provides cash assistance to low-income seniors 65 and older. See listing under Wasilla for more details.

**888-352-4150**

**Alaska Legal Services Corporation**  **225-6420**  
2417 Tongass Ave, Unit 202B, 99901  
[www.alsc-law.org](http://www.alsc-law.org)  
*service area: statewide*

toll-free 877-525-6420  
fax 225-6896  
[ketchikan@alsc-law.org](mailto:ketchikan@alsc-law.org)

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. The Ketchikan office serves southern Southeast Alaska. Refer to the Juneau office for the remainder of Southeast Alaska. See the index entry for a complete list of regional offices.

**Consumer Direct Care Network** 

2417 Tongass Ave, Ste 207, 99901

**357-7962**

toll-free 888-900-7962

fax 866-495-7963

[www.consumerdirectak.com](http://www.consumerdirectak.com)[InfoCDAK@consumerdirectcare.com](mailto:InfoCDAK@consumerdirectcare.com)*service area: statewide*

Provides individuals needing personal care assistance the ability to receive care in their home from the caregiver of their choice via a Medicaid waiver program. Serves all of Alaska through this and additional offices in Anchorage, Wasilla, Kenai, Homer, and Kodiak.

**Ketchikan Job Center** 

2030 Sea Level Dr, Ste 220, 99901

**225-3181**

toll-free 877-724-2539

fax 247-0557

[www.jobs.alaska.gov](http://www.jobs.alaska.gov)[ketchikan.jobcenter@alaska.gov](mailto:ketchikan.jobcenter@alaska.gov)*service area: statewide*

Job training and placement program for low-income adults and dislocated workers under the Workforce Innovation and Opportunity Act (WIOA). See website for complete list of job centers statewide, or call the toll-free number to be automatically connected to your nearest job center. [Dept. of Labor and Workforce Development]

**Ketchikan Medical Center** 

3100 Tongass Ave, 99901

**225-5171**

automated attendant 228-8300

fax 228-8330

[www.peacehealth.org](http://www.peacehealth.org)

A 25-bed critical access hospital with trauma IV ER, ICU, general and orthopedic surgery, primary care, women's health, mental health services, and visiting clinics. [Peace-Health]

**Long Term Care**

Twenty-nine long-term nursing care beds and rehabilitation services.

**Home Health**

212 Carlanna Lake Rd, Ste 100

Home Health Care Agency.

**228-7600**

**Pioneer Home**   
141 Bryant St, 99901

**225-4111**  
state office 465-4416  
fax 225-4115  
[sue.mickelson@alaska.gov](mailto:sue.mickelson@alaska.gov)


[dfcs.alaska.gov/daph](http://dfcs.alaska.gov/daph)  
service area: statewide

Assisted and independent living facility for those 60 and over who have resided in Alaska for at least one year and have a need for the services provided. [AK Dept of Family and Community Services]

**Rendezvous Senior Day Services** **247-1961**  
2441 1st Ave, 99901



[rendezvous@kpunet.net](mailto:rendezvous@kpunet.net)

A safe, supervised day service for seniors and adults with disabilities. Activities include crafts, dancing, exercise, outings and shopping. A healthy meal and snacks are provided. Also has an eight-unit communal housing facility, a thrift store and a medical equipment loan closet.

**Saxman I & II Senior Housing**   
5446 Jenkins Dr

PO Box 32237, Juneau, 99803 **780-3119**  
fax 866-684-5856  
[www.regionalhousingauthority.org](http://www.regionalhousingauthority.org) [bfriday@thrha.org](mailto:bfriday@thrha.org)

Twelve- and seventeen-unit independent living housing complexes for elders. Saxman II has four two-bedroom units. Rent is based on income [Tlingit-Haida Regional Housing Authority]

**Saxman/Ketchikan Senior Center**    
2401 Eagle Ave, Ste 2, 99901 **225-6578**  
fax 247-6575 Case Management 225-8080  
Resource Center 866-746-6177  
[www.ccsak.org](http://www.ccsak.org) [ktnsenior@ccsjuneau.org](mailto:ktnsenior@ccsjuneau.org)

Congregate and home-delivered meals, transportation, social and cultural activities, assistance with shopping and other errands and health-maintenance activities. Open M-F 8 am-4:30 pm, with lunch served at noon. Hours for transportation: M-F 5:15 am-9:45 pm, Sat 6:45 am-9:45 pm, Sun 9:00 am-3:45 pm. Call 225-6578 at least 24 hours in advance to reserve a ride. [Southeast Senior Services (SESS)/CCS]

**Family Caregiver Support** **225-8080**  
[Bernice.Metcalf@ccsjuneau.org](mailto:Bernice.Metcalf@ccsjuneau.org)

**Case Management****225-8080**

toll-free 800-228-1212

fax 888-912-0929

Case managers assess needs, determine eligibility for programs and benefits and secure and monitor services in the home and community. This office serves Ketchikan, Saxman and Metlakatla.

**Sea View Terrace** **225-6030**

130 Bryant St, Ste 112

PO Box 5124, 99901-0124

fax 225-1729

[www.ahfc.us](http://www.ahfc.us)

A 49-unit low-income apartment complex for seniors and disabled Alaskans. Office hours 9 am-5 pm M-F. [Alaska Housing Finance Corp]

**Southeast Alaska Independent Living** **888-452-7245**

2417 Tongass Hwy, Ste 222, 99901

fax 888-521-4871

[www.sailinc.org](http://www.sailinc.org)[ketchikan@sailinc.org](mailto:ketchikan@sailinc.org)

*service area: regional (Ketchikan, Metlakatla, Prince of Wales)*

Serves disabled of all ages with information and referral, advocacy, peer support, skills training, services for deaf, blind and low vision, recreational programs, and assistive technology. An Aging and Disability Resource Center (ADRC). See also main office under Juneau.

**The Manor** **247-8748**

250 Heckman St

PO Box 8163, 99901

fax 247-8747

[the.manor93@gmail.com](mailto:the.manor93@gmail.com)

Twelve-bed, state-licensed assisted living home. Accepts general relief, Medicaid, private pay and insurance.

**University of Alaska Southeast****228-4511**

Ketchikan Campus

tuition waiver 796-6267

2600 7th Ave, 99901

fax 225-3624

[www.uas.alaska.edu/ketchikan](http://www.uas.alaska.edu/ketchikan)[ketch.info@alaska.edu](mailto:ketch.info@alaska.edu)

*service area: regional (Southeast)*

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for "senior citizen tuition waiver." See also UAS campus listings under Juneau and Sitka.

## Metlakatla

### Klawock

*see Prince of Wales Island*

### Klukwan

*see Haines/Klukwan*

## Metlakatla

### **Metlakatla Senior Center**

**886-7191**

16 Western Ave

PO Box 8, 99926

fax 886-7192

[www.facebook.com/MetlakatlaSeniorCitizens](http://www.facebook.com/MetlakatlaSeniorCitizens)

[HUDSONOPAL@gmail.com](mailto:HUDSONOPAL@gmail.com)

Offers congregate and home-delivered meals, transportation, assistance with shopping and other errands, escort service, outreach, information and referral and help with paperwork.

## Pelican

### **Pelican Health Center (SEARHC)**

**735-2250**

167 Salmon Way

PO Box 101, 99832

fax 966-9795

[www.searhc.org](http://www.searhc.org)

Primary and specialty care clinic offering family medicine, preventative care and treatment for new and chronic health conditions, plus visiting specialty practitioners.

## Petersburg

### **Mountain View Manor**

**772-3445**

16 N 12th St

PO Box 1530, 99833

fax 772-4217

[www.petersburgak.gov/mountainview](http://www.petersburgak.gov/mountainview)

Twenty-four, low-income, HUD-subsidized independent living apartments for those 62 and older.

**Assisted Living**

**772-2445**

fax 772-2435

Assisted living units in the Mountain View Manor building, including some with kitchenettes. Amenities include meals, 24-hour monitoring, housekeeping, transportation to appointments and a social hall with staff-guided enrichment activities.

**Mountainside Behavioral Health** 

**772-4963**

100 Fram St  
PO Box 433, 99833  
[www.searhc.org](http://www.searhc.org)

Offers a wide-range of behavioral health services with psychiatrists, clinical psychologists and behavioral health therapists on staff.

**Oceanside Dental Clinic** 

**772-3320**

15 Excel St  
PO Box 389, 99833  
[www.searhc.org](http://www.searhc.org)

fax 874-5110

Provides comprehensive dental services.

**Petersburg Medical Center** 

**772-5769**

103 Fram St  
PO Box 589, 99833  
[www.pmcak.org](http://www.pmcak.org)

TTY 586-1030

fax 772-3085

[pmcweb@pmc-health.org](mailto:pmcweb@pmc-health.org)

Offers medical services plus home health care and a 15-bed long-term care facility with 24-hour skilled nursing care, physical therapy and activities.

**Home Health**

**772-5716**

fax 772-2637

[krioux-testoni@pmc-health.org](mailto:krioux-testoni@pmc-health.org)

A Medicare-certified home health agency providing doctor-prescribed skilled services by registered nurses and rehabilitation therapists.

**Long Term Care**

**772-4291x5702**

[hboggs@pmc-health.org](mailto:hboggs@pmc-health.org)


Provides 24-hour skilled nursing care in a home-like environment, with rehabilitation therapies and a seven day/week activities schedule.

# Prince of Wales Island


**Working Against Violence for Everyone (WAVE)** 772-9283  
PO Box 415, 99833 alternate 269-9444  
[www.petersburgwave.org](http://www.petersburgwave.org)

Assists and advocates for people who are experiencing domestic violence or sexual assault by providing a safe place to explore their options.


## Prince of Wales Island

**Alicia Roberts Medical Center (SEARHC)**  775-4800  
7300 Klawock Hollis Highway  
PO Box 69, Klawock, 99925 fax 775-4981  
[www.searhc.org](http://www.searhc.org)

Outpatient clinic delivering primary and specialty care, dentistry and behavioral health services.

**Alma Cook Health Center (SEARHC)**  285-3462  
8th Street Extension  
PO Box 69, Hydaburg, 99922 fax 285-1901  
[www.searhc.org](http://www.searhc.org)

Offers primary care, physical therapy, dentistry and behavioral health.

**Craig Senior Housing**  780-3119  
5446 Jenkins Dr  
PO Box 32237, Juneau, 99803 fax 866-684-5856  
[www.regionalhousingauthority.org](http://www.regionalhousingauthority.org) [bfriday@thrha.org](mailto:bfriday@thrha.org)

Nine-unit independent living housing complex, elders given preference. Rent is income based. [Tlingit-Haida Regional Housing Authority]

**Kasaan Clinic (SEARHC)**  542-2222  
100 Clinic Way  
PO Box KXA, 99950 fax 542-2223  
[www.searhc.org](http://www.searhc.org)

Primary and specialty care clinic offering family medicine, preventative care and treatment for new and chronic health conditions, plus visiting specialty practitioners.



**Kasaan Elderly Units** 

**780-3119**

5446 Jenkins Dr  
 PO Box 32237, Juneau, 99803  
[www.regionalhousingauthority.org](http://www.regionalhousingauthority.org)

fax 866-684-5856  
[bfriday@thrha.org](mailto:bfriday@thrha.org)

Two, two-bedroom apartments for elders. Rent is based on income. [Tlingit-Haida Regional Housing Authority]

**Klawock Elderly Apartments** 

**780-3119**

5446 Jenkins Dr  
 PO Box 32237, Juneau, 99803  
[www.regionalhousingauthority.org](http://www.regionalhousingauthority.org)

fax 866-684-5856  
[bfriday@thrha.org](mailto:bfriday@thrha.org)

Nineteen-unit independent living housing complex for elders. Rent is based on income. [Tlingit-Haida Regional Housing Authority]

**Klawock/Craig Senior Center**  

**755-2224**

465 Summit (Klawock)  
 PO Box 503, Klawock, 99925  
[www.ccsak.org](http://www.ccsak.org)

Resource Center 866-746-6177  
 fax 755-2724  
[crgklwsr@ccsjuneau.org](mailto:crgklwsr@ccsjuneau.org)

Congregate and home-delivered meals, transportation, errand services, health promotion activities, social and cultural activities and senior information help line. Open M-Th 8 am-2 pm. Located at the Klawock Senior Housing. [Southeast Senior Services (SESS)/CCS]

**Prince of Wales Clinic** 

**826-3257**

1800 Craig-Klawock Hwy, 99921

fax 228-8515

Medical clinic with imaging and laboratory capabilities and a physician staff onsite. Services at this location include family medicine, primary care and women's health. Additional services and specialties are provided by visiting providers. [PeaceHealth]

**SEARHC Craig Clinics** 

333 Cold Storage Rd, Ste 203  
 PO Box 1260, Craig, 99921  
[www.searhc.org](http://www.searhc.org)

**Physical Therapy**

**775-4950**

**Behavioral Health**

**755-4986**

**Eye Clinic**

**755-4967**

## Sitka

### **Southeast Alaska Independent Living** **888-487-1035**

310 Bayview Blvd, 2nd Floor  
PO Box 430, Klawock, 99925

[www.sailinc.org](http://www.sailinc.org)

*service area: regional (Klawock, Craig)*

fax 888-521-4872

[jfriday@sailinc.org](mailto:jfriday@sailinc.org)

Serves disabled of all ages with information and referral, advocacy, peer support, skills training, services for deaf, blind and low vision, recreational programs, and assistive technology. An Aging and Disability Resource Center (ADRC). See also main office under Juneau.

## Saxman

*see Ketchikan/Saxman*

## Sitka

### **Center for Community** **747-6960**

700 Katlian, Ste B, 99835 toll-free voice/TDD 800-478-6970

[www.cfc.org](http://www.cfc.org)

*service area: regional (Sitka and Kake)*

[info@cfc.org](mailto:info@cfc.org)

Provider of home- and community-based services for people with disabilities, the elderly and others who experience barriers to community living in Alaska. Offers supported living services, personal care attendants (PCAs), respite and chore services. Provides home care services under VA benefits, long-term care insurance, private pay, state grant for seniors, and Medicaid. See also branch offices in Juneau and Anchorage.

### **COMPASS Home Care** **see Center for Community**


### **Monastery Street Apartments** **747-5088**

245 Katlian St (office), 99835 fax 747-5701

[www.bihasisitka.org](http://www.bihasisitka.org)

[info@bihasisitka.org](mailto:info@bihasisitka.org)

Twenty-four-unit housing development for those 62 and older operated by the Baranof Island Housing Authority. The authority also has home repair/weatherization programs.

**Pioneer Home**   
120 Katlian St, 99835-7525

**747-3213**  
state office 465-4416  
fax 747-2115  
[dayna.arnold@alaska.gov](mailto:dayna.arnold@alaska.gov)

[dfcs.alaska.gov/daph](http://dfcs.alaska.gov/daph)  
*service area: statewide*

Assisted and independent living facility for those 60 and over who have resided in Alaska for at least one year and have a need for the services provided. [AK Dept of Family and Community Services]

**Ride Sitka**   
[www.ridesitka.com](http://www.ridesitka.com)

**747-7103**  
[gerry.hope@sitkatriben-sns.gov](mailto:gerry.hope@sitkatriben-sns.gov)

Public bus service for Sitka. All buses have lifts or ramps for use of those in wheelchairs or not, upon request. Buses have priority seating for seniors and those with disabilities. Those using portable oxygen and respirators are also welcome. See also Care-A-Van ride service under Swan Lake Senior Center.

### **Sitkans Against Family Violence**

PO Box 6136, 99835  
fax 747-3450

**747-3370**  
crisis-line 747-6511  
toll-free 800-478-6511  
[info@safv.org](mailto:info@safv.org)

[www.safv.org](http://www.safv.org)

*service area: regional (Sitka, Angoon, Kake and Port Alexander)*

Crisis intervention, advocacy and support, and information and referral for victims of domestic violence, sexual assault and other violent crimes. Support for families and friends impacted by interpersonal violence. A 24-hour crisis line is available as is a 24-bed residential shelter for victims of interpersonal violence. Also offers prevention programs for children and youth. Accepts text messages at 907-623-7820.

### **Southeast Alaska Independent Living**

514 Lake St, Ste C, 99835

**888-500-7245**  
fax 888-521-4870  
[sitka@sailinc.org](mailto:sitka@sailinc.org)

[www.sailinc.org](http://www.sailinc.org)

*service area: regional (Sitka, Kake)*

Serves disabled of all ages with information and referral, advocacy, peer support, skills training, services for deaf, blind and low vision, recreational programs and assistive technology. An Aging and Disability Resource Center (ADRC). See also main office under Juneau.

## Southeast Alaska Regional Health Consortium

907-463-4000

[www.searhc.org](http://www.searhc.org)*service area: regional (Central Southeast)***Sitka Medical Center**

700 Katlian St, Ste E

Offers a wide range of outpatient medical services

**966-8761**

fax 747-5415

**Mt. Edgecumbe Medical Center**

222 Tongass Dr

Full service hospital with a broad range of medical specialties and primary care services including dental and eye care.

**966-2411**

fax 966-8300

Pharmacy 966-8347

**Home Health**

209 Moller Ave

**966-8969****Long Term Care**

209 Moller Ave

**747-1701****Mountainside Rehabilitation Clinic**

Outpatient rehabilitation services including physical and occupational therapy.

**747-1771****Mountainside Urgent Care****747-1722****MEMC Outpatient Behavioral Health Clinic**

1209 Seward Ave

24/7 crisis-line 877-294-0074

**966-8611****Swan Lake Senior Center**  

402 Lake St, 99835

fax 747-6878

[www.ccsak.org](http://www.ccsak.org)**747-8617**

or 747-5684

Resource Center 866-746-6177

[sitkasc@ccsjuneau.org](mailto:sitkasc@ccsjuneau.org)

Congregate and home-delivered meals, transportation, information and referral, social and cultural activities, shopping/errands assistance, and caregiver support. Open M-F 9 am-4:30 pm. [Southeast Senior Services (SESS)/CCS]

**Care-A-Van ride service**[www.ridesitka.com/care-a-van](http://www.ridesitka.com/care-a-van)[sandra.koval@ccsjuneau.org](mailto:sandra.koval@ccsjuneau.org)

Provides door-to-door transportation for people with disabilities who are unable to ride the public bus, and for anyone age 60 or older. Drivers can assist riders to and from their door and the van, and may be available to help with errands such as small package pick-ups and deliveries. Available M-F 6:30 am-9 pm, Sat- Sun 8:30 am-2 pm. Call the center M-F for details or to arrange a ride (between 5 and 9 M-F pm call 738-1333).

**Swan Lake Terrace**   
422 Andrews St, 99835-7317

**747-5700**  
toll-free 800-478-2432  
fax 747-3767

[www.ahfc.us](http://www.ahfc.us)


A 20-unit housing complex for low-income seniors 62 and older or disabled Alaskans. Office hours 8 am-4 pm M-F. Participates in the Housing Choice Voucher Program. [Alaska Housing Finance Corp]

**University of Alaska Southeast**  
Sitka Campus  
1332 Seward Ave, 99835  
[www.uas.alaska.edu/sitka](http://www.uas.alaska.edu/sitka)  
*service area: regional (Southeast)*

**747-7700**  
tuition waiver 796-6267  
fax 747-7731  
[sitka.info@alaska.edu](mailto:sitka.info@alaska.edu)

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for “senior citizen tuition waiver.” See also UAS listings under Juneau and Ketchikan.

## Skagway



**Dahl Memorial Clinic**   
350 14th St  
PO Box 537, 99840

**983-2255**

[www.dahlclinic.org](http://www.dahlclinic.org)

fax 983-2793  
[clinicinfo@skagway.org](mailto:clinicinfo@skagway.org)

Provides comprehensive primary, preventative, and emergency health care including physical and occupational therapy, dentistry, optometry, and behavioral health, plus a limited dispensary for prescriptions and OTC medications.

**Skagway Senior Services**    
475 Main St  
PO Box 976, 99840

**713-7045**

[www.ccsak.org](http://www.ccsak.org)

Resource Center 866-746-6177  
[skagwaysc@ccsjuneau.org](mailto:skagwaysc@ccsjuneau.org)

Congregate and home-delivered meals, transportation (Wednesdays), information and referral, shopping assistance, social and cultural activities. Hours: Oct-Mar M,W,F 8 am-3 pm, Apr-Sep F 8 am-3 pm. Lunch is served at noon. Located at the Skagway Presbyterian Church.

**Hospice of Wrangell****305-0007**

PO Box 894, 99929

[www.hospiceofwrangell.weebly.com](http://www.hospiceofwrangell.weebly.com)[hospiceofwrangell@gmail.com](mailto:hospiceofwrangell@gmail.com)

Trained volunteers are available to support those with advanced illness and/or terminal illness, and family members, with non-medical support services, including end of life/final arrangements information. Other resources include a Wrangell Senior Resource Directory and durable medical equipment (walkers, hospital beds etc.) loan closet.

**Wrangell Medical Center (SEARHC)****874-7000**

232 Wood St

Nurse Advice Line 800-613-0560

PO Box 1081, 99929

fax 874-7122

[www.searhc.org](http://www.searhc.org)

An acute care hospital with emergency room, consulting medical services, eight short-term care beds, lab and radiology services and physical therapy. The long-term care facility can house 14 residents and offers skilled and intermediate nursing care plus social and spiritual activities. Free local transportation available for residents.

**Dental Clinic****874-5002**

22 Front St

fax 874-3531

**Behavioral Health****874-5000**

333 Church St

**Senior and Disability Services****874-3375**

care coordinator 874-2373

333 Church St

Promotes health, well-being and safety for seniors, individuals with disabilities and vulnerable adults by facilitating access to quality services and support that fosters independence, personal choice and dignity.

**Wrangell Senior Apartments****874-3944**

351 Bennett St

PO Box 1591, 99929

fax 874-3945

[wrangellseniors@gmail.com](mailto:wrangellseniors@gmail.com)

Twenty-three low to moderate income, independent living units for those 62 and over. The ADA-compliant, two-story building sits on a large landscaped lot near the medical center and downtown Wrangell. Heat and utilities are included in the rent, and laundry privileges and cable TV can be added.

**Wrangell Senior Center**



105 Church St  
PO Box 1818, 99929  
[www.ccsak.org](http://www.ccsak.org)

**874-2066**

Case Management 877-563-6195

fax 874-2086

[wrangellsc@ccsjuneau.org](mailto:wrangellsc@ccsjuneau.org)

Congregate and home-delivered meals, transportation, information and referral, social activities, shopping assistance, health maintenance and caregiver support. Open M-F 8:30 am-4 pm. Transportation available M-F 9 am-3 pm. [Southeast Senior Services (SESS)/CCS]

Yakutat

**Yakutat Senior Center**



707 Ocean Cape Dr  
PO Box 232, 99689

**784-3468**

Resource Center 866-746-6177

Provides congregare and home-delivered meals and transportation. (SESS)/CCS]

# Notes

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---



# Southwest

## Aleknagik

### **City of Aleknagik Senior Citizens**

**842-5953**

Transportation Program

PO Box 33, 99555

fax 842-2107

[www.aleknagikak.gov](http://www.aleknagikak.gov)

Van service for seniors between Aleknagik and Dillingham Tuesdays and Thursdays.

## Aleutian-Pribilof Islands

### **Aleutian-Pribilof Island Association**

**276-2700**

1131 E Int'l Airport Rd, Anchorage, 99518 toll-free 800-478-2742

fax 279-4351

[www.apiai.org](http://www.apiai.org)

[apiiai@apiiai.org](mailto:apiiai@apiiai.org)

*service area: regional (Aleutian-Pribilof Islands and Anchorage)*

Provides a monthly nutritious food box prepared by local grocery stores or shipped from the nearest store, and sponsors monthly potlucks and tea parties in various communities. Caregiver training is provided locally or via the internet. Other services include care management, information and referral, durable medical equipment, injury and fall prevention equipment and respite for caregivers. Other programs include State of Alaska Personal Care Assistance services (Medicaid eligible only), and the Regional Elders Discussion Committee, which represents every tribe in the region and seeks to plan and implement programs to fill gaps in elder care.

### **Retired & Senior Volunteer Program (RSVP)**

**222-4244**

[doreenl@apiiai.org](mailto:doreenl@apiiai.org)

A national network for senior volunteers 55 and older. Provides training, supplemental insurance while on duty and mileage reimbursements if applicable. This program offered in Anchorage and Mat-Su Valley.

### **Father Ishmail Gromoff Senior Center**

**581-5044**

79 Eleanor Dr

PO Box 294, Unalaska, 99685

The center provides outreach, advocacy and various services to seniors 60 and older, including congregate and home-delivered meals, transportation to community events, appointments, etc., escort service, and help with light housekeeping. The center sponsors exercise classes and blood pressure checks and has a health promoter on staff. Social activities include crafts and games. [Unalaska Senior Citizens]

# Bethel

## John W. Misikin Senior Center

**546-2257**

PO Box 321, St Paul, 99660

[www.ahaak.org](http://www.ahaak.org)

Volunteer and social activities, plus a 14-unit housing development for low-income seniors. [Aleutian Housing Authority]

## St. George Traditional Council

### Elders Program

**859-2205**

PO Box 940, Saint George, 99591

fax 859-2242

clinic 859-2254

clinic fax 859-2252

Services include information and referral, transportation, help with forms and paperwork and a food bank.

## Unalaska Senior Housing

**581-5044**

PO Box 605, Unalaska, 99685

toll-free 800-478-5614

fax 581-5045

[www.ahaak.org](http://www.ahaak.org)

A 15-unit housing development for low-income seniors. Also houses Father Ishmail Gromoff Senior Center (see separate listing.) Office open M-F. [Aleutian Housing Authority]

## Unalaskans Against Sexual Assault & Family Violence

**581-1500**

PO Box 36, Unalaska, 99685

24-hr crisis-line 800-478-7238

fax 581-4568

text (8 am to 11 pm) 359-1500

[www.usafvshelter.org](http://www.usafvshelter.org)

[usafved@arctic.net](mailto:usafved@arctic.net)

*service area: regional (Aleutian and Pribilof Islands)*

Domestic violence and sexual assault services. Find us on Facebook. Member of Alaska Network on Domestic Violence and Sexual Assault (see under Juneau listings).

# Bethel

## Alaska Division of Public Assistance

**800-478-7778**

460 Ridgecrest Dr, Ste 121

PO Box 365, 99559

[health.alaska.gov/dpa](http://health.alaska.gov/dpa)

*service area: statewide*

fax 888-269-6520

[hss.dpa.offices@alaska.gov](mailto:hss.dpa.offices@alaska.gov)

Provides for the welfare of low-income and disabled Alaskans with the programs listed below, plus Medicaid (health coverage for the low income), food stamps, and assistance

with burial costs. Call, or visit website for branch office locations throughout the state.  
[AK Dept. of Health]

### Adult Public Assistance

Provides financial assistance to the needy age 65 and older, the blind and the disabled, and helps them attain self-support or self-care.

### Senior Benefits

**888-352-4150**

[www.seniorbenefits.alaska.gov](http://www.seniorbenefits.alaska.gov)

Provides cash assistance to low-income seniors 65 and older. See listing under Wasilla for more details.

### Alaska Legal Services Corporation

**543-2237**

460 Ridgecrest, Ste 113

PO Box 248, 99559

fax 543-5537

[www.alsc-law.org](http://www.alsc-law.org)

[bethel@alsc-law.org](mailto:bethel@alsc-law.org)

*service area: statewide*

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices.

### All Ways Caring HomeCare

**543-7788**

460 Ridgecrest Dr, Ste 110

PO Box 823, 99559

fax 543-7795

[www.allwayscaring.com](http://www.allwayscaring.com)

*service area: statewide*

In-home personal care attendants, day-outing attendants, chore and respite services, care coordination and referral services, and employment evaluation and coaching. Most services qualify for one or more waiver programs. See the index for more locations.

### Association of Village Council Presidents

**543-7400**

101 Main St

fax 543-7479

PO Box 219, 99559

[www.avcp.org](http://www.avcp.org)

Information and referral, training and employment program, energy assistance, housing improvements, and nutrition services.

## **Ayalpik Apartments**



105 Atsaq Ave  
PO Box 767, 99559  
[www.avcphousing.org](http://www.avcphousing.org)

**543-2326**

toll-free 800-478-4687  
fax 543-2337

Twenty-three-unit apartment complex for low-income seniors 62 and older or disabled. [AVCP Regional Housing Authority]

## **Lower Kuskokwim S. D. Nutrition Program**



PO Box 305, 99559

**543-4844**

fax 543-4954

Serves meals for those 60 and older at many schools in the district October to April. Call your local school or the number above for details.

## **Lulu Heron Congregate Home**



407 Ptarmigan St  
PO Box 767, 99559  
[www.avcphousing.org](http://www.avcphousing.org)

**543-3420**

toll-free 800-478-4687  
fax 543-3233

Fifteen handicapped-accessible 1-bedroom apartments for low-income seniors 60 and older or disabled. [AVCP Regional Housing Authority]

## **ONC Senior Services**



117 Alex Haley Dr  
PO Box 927, 99559

**543-0509**

ONC 543-2608  
fax 543-2639

[csamuelson@nativecouncil.org](mailto:csamuelson@nativecouncil.org)

Home-delivered meals, information and referral. [Orutsararmiut Native Council]

## **Public Health Center**



1490 State Hwy  
PO Box 1048, 99559  
[health.alaska.gov/dph](http://health.alaska.gov/dph)

**543-2110**

fax 543-0435

Public health nurses are available to answer questions and make referrals for adults who need to be linked to community and medical resources. Also offers flu and COVID vaccines and tuberculosis testing and treatment.

**Tundra Women's Coalition**

248 6th Ave  
PO Box 2029, 99559

[www.tundrapeace.org](http://www.tundrapeace.org)

*service area: regional (Y-K Delta)*

Emergency shelter, information and referral, support groups, outreach, transportation, hospital accompaniment and legal advocacy for victims of domestic violence and sexual assault. Also runs a thrift store. Serves the Y-K delta region.

**543-3444**

crisis-line 800-478-7799

fax 543-3752

**Univ. of AK Kuskokwim Campus**

201 Akiak Dr  
PO Box 368, 99559

[www.uaf.edu/bethel](http://www.uaf.edu/bethel)

*service area: regional (Y-K Delta)*

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for "senior citizen tuition waiver."

**543-4500**

fax 543-4527

[kuskokwim-ss-dept@alaska.edu](mailto:kuskokwim-ss-dept@alaska.edu)**Y-K Delta Job Center** 

460 Ridgecrest Dr, Ste 112  
PO Box 1607, 99559-1607

[www.jobs.alaska.gov](http://www.jobs.alaska.gov)

*service area: statewide*

Job training and placement program for low-income adults and dislocated workers under the Workforce Innovation and Opportunity Act (WIOA). See website for complete list of job centers statewide, or call the toll-free number to be automatically connected to your nearest job center. [Dept. of Labor and Workforce Development]

**543-2210**

fax 543-2099

[ykdelta.jobcenter@alaska.gov](mailto:ykdelta.jobcenter@alaska.gov)

## Dillingham

**Alaska Legal Services Corporation** 

1500 Kakanak Rd, BBNA Main Bldg  
PO Box 176, 99576

[www.alsc-law.org](http://www.alsc-law.org)

*service area: statewide*

Provides legal services in limited areas of law for the socially and economically needy, with expanded services for those age 60 and older. Services are free—the program is funded by the Alaska Division of Senior and Disability Services. When you call, be sure to mention that you are a senior to ensure your case receives priority. See the index entry for a list of regional offices.

**842-1452**

fax 888-383-2448

[dillingham@alsc-law.org](mailto:dillingham@alsc-law.org)

# Dillingham

## All Ways Caring HomeCare

842-1466

333 Main St, Ste 103

PO Box 596, 99576

fax 842-1914

[www.allwayscaring.com](http://www.allwayscaring.com)

*service area: statewide*

In-home personal care attendants, day-outing attendants, chore and respite services, care coordination and referral services, and employment evaluation and coaching. Most services qualify for one or more waiver programs. See the index for more locations.

## Bristol Bay Area Health Corp.

842-5201

6000 Kakanak Rd

PO Box 130, 99576

Pharmacy 842-9235

[www.bbahc.org](http://www.bbahc.org)

*service area: regional (Bristol Bay)*

Serves the Bristol Bay and Alaska Peninsula region with Kakanak Critical Access Hospital in Dillingham and village clinics staffed with community health aides and community health practitioners plus visiting providers. Two sub-regional clinics, located in Chignik and Togiak, employ mid-level practitioners to provide more extensive patient care, as well as training and support for health aides, to neighboring communities.

## Bristol Bay Native Assn. Elderly Programs

842-1902

1500 Kakanak Rd

BBNA 842-5257

PO Box 310, 99576

fax 844-605-1887

[www.bbna.com](http://www.bbna.com)

[contact@bbna.com](mailto:contact@bbna.com)

*service area: regional (Bristol Bay-Alaska Peninsula)*

Meals, information and referral, outreach, respite and chore services. Meals served during the school year at many village schools. Also serves as the Aging and Disability Resource Center (ADRC) for Bristol Bay, Kodiak Island and the upper Alaska Peninsula.

## Dillingham Senior Citizen Center

842-1231

515 1st Ave E

PO Box 1569, 99576

fax 842-4552

[www.dillinghamak.us/senior-center](http://www.dillinghamak.us/senior-center)

[seniorcenter@dillinghamak.us](mailto:seniorcenter@dillinghamak.us)

Meals, information and referral, outreach, transportation, recreation and social activities, exercise room, sunroom, translation service, computer lab with internet, and help with paperwork.

**Marrulut Eniit Assisted Living** **842-4600**

125 D St E

PO Box 105, 99576

[www.bbha.org](http://www.bbha.org)[marrulut@nushtel.com](mailto:marrulut@nushtel.com)

One-bedroom, 24-hour assisted living apartments including major appliances and on-site laundry facilities. Handicapped accessible and accommodations for the visually and hearing impaired. [Bristol Bay Housing Authority]

**SAFE****842-2320**

21 G St W

24-hr listening line 800-478-2316

PO Box 94, 99576

fax 842-2198

[www.safebristolbay.org](http://www.safebristolbay.org)[outreach@safebristolbay.org](mailto:outreach@safebristolbay.org)

Information and referral, outreach, transportation, counseling and intervention, advocacy and shelter for victims of domestic violence and sexual assault of any age.

**Senior Apartments** **842-5956**

PO Box 50, 99576

toll-free 1-800-478-1996

fax 842-2784

[www.bristolbayhousingauthority.org](http://www.bristolbayhousingauthority.org)*service area: regional (Bristol Bay)*

Operates senior apartments located in Dillingham (adjacent to Senior Center), Naknek, New Stuyahok and Togiak. [Bristol Bay Housing Authority]

**Univ. of AK Bristol Bay Campus****842-5109**

527 Seward St

PO Box 1070, 99576

[www.uaf.edu/bbc](http://www.uaf.edu/bbc)[uaf-bbcinfo@alaska.edu](mailto:uaf-bbcinfo@alaska.edu)*service area: regional (Bristol Bay area)*

fax 842-5692

Tuition fee waivers available to permanent Alaska residents 65 and older. Use is subject to available space and applies to tuition only. Fees such as lab fees, student activities fees, etc., may be required. For more information call, or search the above website for “senior citizen tuition waiver.” Also has sites in other Bristol Bay communities.

**Alaska Adult Education Program (AAE)****842-8311**

Offers basic education instruction to the general public including workplace development skills, GED and preparation for further academic or vocational training. Main campus in Dillingham with instructors and staff in many other communities throughout the Bristol Bay region.

## Dutch Harbor

*see Aleutian-Pribilof Islands*

## Saint George

*see Aleutian-Pribilof Islands*

## Saint Paul

*see Aleutian-Pribilof Islands*

## Unalaska

*see Aleutian-Pribilof Islands*



# Outside of Alaska

## **American Diabetes Association**



**800-342-2383**

2451 Crystal Dr, Ste 900

Arlington VA, 22202

[www.diabetes.org](http://www.diabetes.org)

*service area: statewide*

[askada@diabetes.org](mailto:askada@diabetes.org)

Information and education resources for people with diabetes and their caregivers.

## **Better Business Bureau**



**253-830-2924**

1918 112th St E, Ste 2

Tacoma, WA, 98445

[www.bbb.org](http://www.bbb.org)

*service area: statewide*

fax 253-830-2928

[info@thebbb.org](mailto:info@thebbb.org)

BBB sets standards for ethical business behavior and monitors compliance, helps consumers identify trustworthy businesses and those that aren't, evaluates advertisements, assesses the practices of charities, and investigates and reports on fraud and scams.

## **Eldercare Locator**

**800-677-1116**

[eldercare.acl.gov](http://eldercare.acl.gov)

*service area: statewide*

[eldercarelocator@USAGing.org](mailto:eldercarelocator@USAGing.org)

The Eldercare Locator is a national directory assistance public service that helps people locate aging services in any community in the United States. This free service can be accessed via the Eldercare website or the toll-free number, which will put you in touch with a live operator from 5:00 am-4:00 pm Alaska Time. [Federal Administration for Community Living]

## **Funeral Consumers Alliance**

**802-865-8300**

33 Patchen Rd

South Burlington, VT, 05403

[www.funerals.org](http://www.funerals.org)

*service area: statewide*

[info@funerals.org](mailto:info@funerals.org)

National alliance of nonprofit consumer information societies protecting a consumer's right to choose a meaningful, dignified, affordable funeral. As of the printing of this directory there were no funeral societies in Alaska. However the FCA and their website may be helpful.

## MedicAlert Foundation

**800-432-5378**

[www.medicalert.org](http://www.medicalert.org)

*service area: statewide*

The foundation's mission is to protect and save lives by serving as the global information link between members and emergency responders during medical emergencies and other times of need. Medical ID devices such as bracelets, necklaces and wallet cards provide notification of, and a link to information about a member's medical conditions, treatments, advanced directives and emergency contacts.

## Road Scholar

**800-454-5768**

11 Avenue de Lafayette  
Boston, MA, 02111

[www.roadscholar.org](http://www.roadscholar.org)

[contact@roadscholar.org](mailto:contact@roadscholar.org)

*service area: statewide*

A national nonprofit educational and travel organization. Noncredit one- to two-week educational sessions are held at several Alaska sites including Alaska colleges and universities, in addition to programs worldwide.

# Senior Perks

This list is aimed at showing financial breaks available to all seniors...no income criteria and little, if any, paperwork. Contact the agency for details. Contact information for most of these can be found in this directory. If not, consult your phone book or visit the entity's website. As usual, these benefits are subject to change at any time.

## Federal

IRS — An additional income tax exemption for taxpayers 65+.

Medicare — Health insurance program for U.S. citizens 65+.

Parks and Public Lands — The Interagency Senior Pass is available to U.S. citizens or permanent residents 62+ for a one-time \$10 fee. The pass gives free admission and/or large discounts in services at National Forest Service, Park Service, BLM, and Fish and Wildlife sites nationwide.

## State of Alaska

Alaska Legal Services Corporation — Free legal assistance on civil matters for those 60+.

Marine Highway System — Discounts on fares for those 65+ on all sailings within Alaska. Discounts are automatic when booking.

Motor Vehicles, Division of — Free registration of one noncommercial vehicle for residents 65+. Register in person first time.

Pioneer Homes — Possibility of living in one of the state's renown homes for those 65+ who have been residents for 12 consecutive months as of date of application.

Fish and Game, Department of — Free fishing and hunting licenses available to those 60+ who have been residents for at least one year.

University of Alaska — Allows permanent residents 65+ to take classes for free in the UA system on a space-available basis.

## Local

Property Tax Exemption — All local governments in Alaska exempt some portion of an owner-occupied home's assessed value for seniors.

Sales Tax Exemption — Some communities offer seniors an exemption from local sales tax on some or all purchases, or a rebate to cover the tax.

Utility discounts — Some communities offer seniors discounts on local utility fees.

Other free or reduced services — Common breaks are for bus service, libraries, recreational facilities, community schools, etc.

# Index

## A

Aangoon Shu' Senior Center 107

### AARP

Alaska State Office 23

Driver Safety Program 23

Fairbanks Chapter #770 87

Juneau Community Council 111

Ketchikan Chapter #1824 121

Mat-Su Community Council (Wasilla) 79

Tax Aide Program 23

Abacus Care Coordination 24

Abused Women's Aid in Crisis (AWAIC) 24

### Access Alaska

Anchorage 24

Fairbanks 87

Soldotna 74

Wasilla 79

Accessible Homes Inc. 24

Accurate Hearing Systems, LLC 25

Adult Protective Services\_ *See* Alaska, State of

Aging and Disability Resource Centers (ADRCs)

Anchorage (Anchorage Municipal Senior Services) 33

Dillingham (Bristol Bay Native Assn. Elderly Programs) 142

Fairbanks (Senior Center) 93

Juneau (Southeast Alaska Independent Living) 118

Soldotna (Independent Living Center) 76

Wasilla (LINKS) 83

Aging at Home Fairbanks 88

Aimaagvik Assisted Living 104

### Akeela

Anchorage 25

Ketchikan 122

Alaska 211 25

Alaska Behavioral Health 25

Alaska Center for the Blind & Visually Impaired 25

Alaska Commission on Aging\_ *See* Alaska, State of

Alaska Community Development Corporation 67

Alaska Family Services 68

Alaska Fresh 27

Alaska Geriatric Exchange Network (AGENET) 112

Alaska Health Fair

Anchorage 28

Fairbanks 88

Alaska Housing Finance Corporation

Anchorage 28

Fairbanks 89

Juneau 112

Wasilla 80

Alaska International Senior Games 89

Alaska Legal Services Corporation

Anchorage 29

Bethel 139

Dillingham 141

Fairbanks 89

Juneau 112

Kenai 60

Ketchikan 122

Kodiak 64

Kotzebue 98

Nome 100

Palmer 68

Utqiagvik (Barrow) 104

Wasilla 80

Alaska Military Retirement Services 29

Alaska Native Medical Center 29

Alaska Network on Domestic Violence & Sexual Assault 113

Alaska Premium Care Assisted Living 30

Alaska Rainbow Elders (formerly SAGE) 30

Alaska Regional Hospital 31

Alaska Relay communication service 35

Alaska Stairlift and Elevator 31

Alaska, State of

Adult Protective Services

Anchorage 27

Fairbanks 87

Juneau 111

Adult Public Assistance

Anchorage 26

Bethel 138

Fairbanks 88

Juneau 111

Kenai 59

Ketchikan 122

Kodiak 63

Nome 100

Wasilla 80

Alaska Commission on Aging 111

Community & Regional Affairs 10

Court System 10

Fish and Game 147

Governor, office of 10  
 Human Rights Commission 10  
 Labor and Workforce Development, Dept. of 11  
 Long Term Care Ombudsman 41  
 Marine Highway (Ferry) 113, 147  
 Medicare Information Office 27  
 Mental Health Trust Authority 11  
 Military & Veterans Affairs 26  
 Motor Vehicles 26, 147  
 Nursing Facility Transition Program 27  
 Occupational Licensing 10  
 Ombudsman, State 10  
 Permanent Fund Dividend 11  
 Pioneer Homes 10  
     Anchorage 45  
     Fairbanks 94  
     Juneau 117  
     Ketchikan 124  
     Palmer 68  
     Sitka 131  
 Public Advocacy, Office of 30  
 Public Health 10  
 Residential Licensing 48  
 Senior Benefits 80  
 Senior & Disabilities Services 27  
 State Library Talking Books Center 113  
 Transportation 11  
 Victims Rights, office of 10  
 Alaskan Memorial Park Mortuary 113  
 Aleutian-Pribilof Island Association 137  
 Alicia Roberts Medical Center (SEARHC) 128  
 All Ways Caring HomeCare  
     Anchorage 31  
     Bethel 139  
     Dillingham 142  
     Fairbanks 90  
     Homer 57  
     Soldotna 74  
     Wasilla 81  
 Alma Cook Health Center 128  
 Alzheimer's Resource of Alaska  
     Anchorage 32  
     Fairbanks 90  
     Juneau 114  
     Palmer 68  
 American Diabetes Association 145  
 American Lung Association of Alaska 32  
 Anchorage Community Mental Health Services, See Alaska Behavioral Health

Anchorage Municipal Senior Services 33  
Anchorage Neighborhood Health Center 33  
Anchorage Senior Activity Center 33  
Anchor Point Senior Center 23  
Ancora Home Health and Hospice  
    Anchorage 34  
    Wasilla 81  
Angoon Elderly Apartments 107  
Arctic Access 100  
Arctic Women in Crisis (AWIC) 104  
Aschenbrenner, Constance A., Law Office 34  
Aspen Creek Anchorage 34  
Aspen Creek Kenai 60  
Aspen Creek Soldotna 74  
Assisted Living licensing. *See* Alaska, State of: Residential Licensing  
Assistive Technology of Alaska 34  
Association of Village Council Presidents 139  
AWARE, Inc. 114  
Ayalpik Apartments 140

## **B**

Baranof Island Housing Authority. *See* Monastery Street Apartments  
Bartlett Regional Hospital 114  
Bayview Terrace/Sunrise Assisted Living 64  
Becky's Place Haven of Hope 108  
Bering Sea Women's Group 101  
Better Business Bureau 145  
BFIT and Well 35  
Birch Creek Villas 81  
Bridge Adult Day Program 114  
Bristol Bay Area Health Corp. 142  
Bristol Bay Native Assn. Elderly Programs 142  
burial expense help. *See* Alaska, State of: Adult Public Assistance

## **C**

Campbell Creek House 35  
Capital AKcess Transportation Services 115  
Careline Crisis Intervention Hotline 90  
Carfit program. *See* Center for Safe Alaskans  
Catholic Community Services. *See* Southeast Senior Services  
Catholic Social Services 35  
Center for Community 130  
Center for Safe Alaskans 36  
Centers for Disease Control and Prevention 9

Central Area Rural Transit System (CARTS) 74  
Central Council of Tlingit & Haida Indian Tribes of Alaska 115  
Central Peninsula Hospital 75  
Central Peninsula Urgent Care 60  
Chapel of Chimes Funeral Home 90  
Charis Place\_See Aspen Creek Kenai  
Chester Park Cooperative 36  
Chief Andrew Isaac Health Center 91  
Chuda House 61  
Chugach Estates Senior Housing 69  
Chugiak-Eagle River Senior Center 55  
City of Aleknagik Senior Citizens 137  
Client Assistance Program\_See Disability Law Center of Alaska  
Colony Assisted Living Homes 81  
Colony Estates Senior Housing 69  
Comfort Keepers  
    Anchorage 36  
    Wasilla 81  
Commodore Park Plaza 36  
Community & Regional Affairs, Alaska Division of 10  
COMPASS Homecare  
    Anchorage 36  
    Juneau 115  
conservatorship\_See Alaska, State of: Public Advocacy, Office of  
Consumer Direct Care Network  
    Anchorage 37  
    Homer 57  
    Kenai 61  
    Ketchikan 123  
    Kodiak 64  
    Wasilla 82  
Cook Inlet Housing Authority 37  
Cook Inlet Tribal Council Recovery Services 37  
Cooper Landing Senior Citizens 54  
Copper River Native Assoc. Elders Services 56  
Copper River Native Assoc. Health Care 56  
Cordova Community Medical Center 54  
Cordova Family Resource Center 54  
Cornerstone Home Care 115  
Coronado Park Senior Village 55  
Craig Senior Housing 128

## **D**

Dahl Memorial Clinic 133  
Dena'ina Wellness Center 61



Denakkanaaga 91  
Dillingham Senior Citizen Center 142  
Disability Law Center of Alaska  
    Anchorage 37  
    Juneau 116

## **E**

Eagles Wings I & II Assisted Living Homes 103  
Eddie Hoffman Senior Center. See ONC Senior Services  
elder abuse. See Alaska, State of: Adult Protective Services  
Eldercare Locator 145  
Elderhostel. See Road Scholar  
Elders and Youth Conference 38

## **F**

Fairbanks Funeral Home 91  
Fairbanks Memorial Hospital 92  
Fairbanks Native Assn. Elders Program 92  
Fairbanks Resource Agency Senior Services 92  
Fairbanks Retired Teachers Assn 93  
Fairbanks Senior Center 93  
Father Ishmail Gromoff Senior Center 137  
Fireweed Place 116  
First Choice Home Health Care 75  
Food Bank of Alaska 38  
Food Stamps. See Alaska, State of: Adult Public Assistance  
Forget-Me-Not Center 61  
fraud. See Alaska, State of: Public Advocacy, Office of  
Fresenius Kidney Care  
    Anchorage 38  
    Fairbanks 93  
    Wasilla 82  
Frontier Community Services 75  
Funeral Consumers Alliance 145

## **G**

Geneva Woods Mat-Su Pharmacy 82  
Geneva Woods Pharmacy 38  
George Sullivan Manor 38  
Glacier View Apartments 72  
Grandfamilies program (now Kinship Care). See VOA Alaska guardianship. See Alaska, State of: Public Advocacy, Office of  
Gustavus Clinic 108

## **H**

- Haines Assisted Living 108
- Haines Health Center 108
- Haines/Klukwan Senior Center 109
- Haines Senior Housing 109
- Haines Senior Village 109
- Harbor View Manor 82
- Hearts & Hands Adult Day Services
  - Anchorage 39
  - Wasilla 83
- Heritage Place Continuing Care Community 75
- Home Health Services 57
- Home Instead Senior Care
  - Anchorage 39
  - Wasilla 83
- Homer Senior Center 57
- Homewell Care Services 39
- Hoonah Health Center 110
- Hoonah Senior Center 110
- Hoonah Senior Housing 110
- Hope Community Resources 39
- Hospice and Home Care of Juneau 116
- Hospice of Anchorage 39
- Hospice of Haines 109
- Hospice of Homer 58
- Hospice of the Central Peninsula 75
- Hospice of Wrangell 134

## **I**

- Independence Park Manor I & II 39
- Independent Living Center
  - Homer 58
  - Kodiak 65
  - Seward 72
  - Soldotna 76
- Interagency Senior Pass 147
- Interior Alaska Center for Non-Violent Living 93
- Internal Revenue Service (IRS) 9\_147
- Interpreter Referral Line 87
- Intervention Helpline 40

## **J**

- Jessie Norma Jim Health Center 107
- Jewel Lake Plaza 40

Job Centers (State of Alaska)  
Anchorage Midtown 32  
Fairbanks 91  
Juneau 116  
Kenai 62  
Ketchikan 123  
Mat-Su (Wasilla) 83  
Nome 101  
Y-K Delta (Bethel) 141  
John W. Misikin Senior Center 138  
Juneau Senior Center 116

## **K**

Kake Clinic 121  
Kake Senior Center 121  
Kake Senior Housing 121  
Kasaan Clinic 128  
Kasaan Elderly Units 129  
Kehl's Legacy Funeral Home 40  
Kehl's Palmer Mortuary 69  
Kenai Health Center 61  
Kenai Peninsula Family Caregiver Support Program 76  
Kenai Senior Services 62  
Ketchikan Medical Center 123  
Kinship Care program\_ *See* VOA Alaska  
Kirk, Kenneth, P.C. 40  
Klawock/Craig Senior Center 129  
Klawock Elderly Apartments 129  
Kodiak Area Native Association 65  
Kodiak Women's Resource & Crisis Center 65

## **L**

Lakeview Home 40  
LeeShore Center 62  
Legacy Heritage Chapel at Angelus 40  
Lifespan Home Modifications 93  
LifeWorks Lodge 41  
LINKS Resource Center 83  
Long Term Care Office\_ *See* Alaska, State of: Adult Public Assistance  
Long Term Care Ombudsman\_ *See* Alaska, State of: Ombudsman, Long Tern Care  
Lower Kuskokwim S. D. Nutrition Program 140  
Lulu Heron Congregate Home 140  
Lutheran Social Services of Alaska 41

## M

Maniilaq Elder Services 98  
Maniilaq Family Crisis Center 99  
Maniilaq Health Services 99  
Marge Anderson Senior Center 99  
Marlow Manor Assisted Living 41  
Marrulut Eniit Assisted Living 143  
MASST Program Coordinator 117  
Mat-Su Regional Medical Center 69  
Mat-Su Senior Services 70  
Maxim Healthcare Services 42  
McKinley Services 42  
McNabb Law Offices 42  
Medicaid. *See* Alaska, State of: Adult Public Assistance  
MedicAlert Foundation 146  
Medicare Information Office 27  
Metlakatla Senior Center 126  
Metropolitan Area Commuter Sys (MACS) 94  
Midnight Sun Home Care, Inc. 42  
Mid-Valley Senior Center 85  
Miracle Ear 42, 83  
Monastery Street Apartments 130  
Mountain-Pacific Quality Health Foundation 43  
Mountainside Behavioral Health 127  
Mountain View Manor 126  
Muldoon Manor 43  
Munaqsri Senior Apartments 101

## N

NAACP Branch #1000 43  
National Active & Retired Federal Employees Assoc. #1779 43  
National Active & Retired Federal Employees Assoc. #2088 117  
National Education Association Alaska/Retired 43  
National Institutes of Health 9  
Neighborworks Alaska 44  
Nicholson's Assisted Living Home 63  
Nikiski Senior Citizens, Inc. 66  
Ninilchik House 67  
Ninilchik Senior Center 67  
Nome Community Center, Inc. 101  
Northern Comfort Assisted Living 84  
Northern Lights Memorial Park 94  
North Slope Borough Sr Citizen's Program 105

Northwood Retirement Apartments 76  
Norton Sound Health Corporation 102

## O

Oceanside Dental Clinic 127  
Older Persons Action Group (OPAG) 44  
Ombudsman, State 10  
ONC Senior Services 140  
Opus Memoria, LLC 44  
Osher Lifelong Learning Institute at UAF 97

## P

Palmer Manor 70  
Pelican Health Center 126  
People Mover Bus Service 45  
Petersburg Medical Center 127  
Physician Referral Service. *See* Alaska Regional Hospital  
Pioneer Homes. *See* Alaska, State of  
Preferred Care at Home of Alaska 45  
Prestige Care and Rehabilitation Center 45  
Primrose Retirement Community 84  
Prince of Wales Clinic 129  
ProCare Home Medical  
    Anchorage 46  
    Fairbanks 94  
    Soldotna 76  
    Wasilla 84  
Professional (Occupational) Licensing 10  
Providence Alaska  
    Anchorage 46  
    Behavioral Health Clinic (Anchorage) 70  
    Horizon House 47  
    Kodiak Island Medical Center 65  
    Providence ExpressCare (Eagle River) 56  
    Providence ExpressCare (Wasilla) 84  
    Seward Medical Center 72  
    Valdez Medical Center 79  
Public Assistance. *See* Alaska, State of: Adult Public Assistance  
Public Health Centers (State of Alaska)  
    Bethel 140  
    Fairbanks 95  
    Juneau 117

## Q

Qutekcak Native Tribe 73

## R

Ralph Perdue Center 95  
Raven Landing Senior Community 95  
Re-Bath of Alaska 47  
Reifenstein Dialysis Center 118  
Reliance Medset Pharmacy 47  
Rendezvous Senior Day Services 124  
ResCare\_ *See* All Ways Caring HomeCare  
Retired & Senior Volunteer Program (RSVP) 137  
Ride Sitka 131  
Riverside Assisted Living\_ *See* Aspen Creek Soldotna  
Road Scholar 146  
Rocking Years II 95  
Rural Alaska Community Action Program 48  
Russian Jack Manor 48

## S

SAFE 143  
St. Elias Specialty Hospital\_ *See* Providence Alaska  
St. George Traditional Council Elders Program 138  
Salvation Army Older Alaskans Program 48  
Santa's Senior Center 103  
Saxman I & II Senior Housing 124  
Saxman/Ketchikan Senior Center 124  
SCORE "Counselors to America's Small Business" 49  
Seaview Community Services 73  
Sea View Terrace 125  
Seldovia House 71  
Seldovia Senior Citizens Program 71  
Senior Apartments (Dillingham) 143  
Senior Benefits (state program)\_ *See* Alaska, State of  
Senior Citizens of Kodiak 66  
Senior Housing (Nome) 102  
Senior Voice 49  
Serendipity Adult Day Services 49  
Serve Alaska Commission 10  
Seward Prevention Coalition 73  
Seward Senior Center 73  
Sitkans Against Family Violence 131  
Skagway Senior Services 133  
Soboleff-McRae Veterans Village 109  
Social Security\_ *See* U.S. Social Security Administration  
Soldotna Area Senior Citizens 76

Southcentral Foundation Elder Program 49  
Southcentral Foundation Waiver Care Coordination 50  
Southeast Alaska Independent Living  
    Angeon 107  
    Haines 110  
    Juneau 118  
    Ketchikan 125  
    Klawock 130  
    Sitka 131  
Southeast Alaska Regional Health Consortium  
    Angeon (Jessie Norma Jim Health Center) 107  
    Craig 129  
    Gustavus 108  
    Haines 108  
    Hoonah 110  
    Hydaburg (Alma Cook Health Center) 128  
    Juneau 118  
    Kake 121  
    Kasaan 128  
    Klawock (Alicia Roberts Medical Center) 128  
    Pelican 126  
    Petersburg 127  
    Sitka 132  
    Wrangell 134  
Southeast Senior Services 119  
South Peninsula Haven House 58  
South Peninsula Hospital 59  
Southside Seniors Apartments 50  
Standing Together Against Rape (STAR) 50  
Statewide Independent Living Council of Alaska 77  
Sterling Area Senior Citizens 77  
Sunset View 55  
Sutton Manor/Sutton Annex 78  
Swan Lake Senior Center 132  
Swan Lake Terrace 133

## **T**

Tanana Regional Elders' Residence 103  
Tanana Valley Clinic 95  
Taylored Restoration  
    Anchorage 50  
    Fairbanks 84  
    Wasilla 96  
TCC Home Care Program 96  
The Learning Connection 119  
The Manor 125  
Thomas Center 50

Tranquility Manor Estates 71  
Trinion Quality Care Services, Inc. 51  
Tundra Women's Coalition 141  
Turnagain Social Club 51  
Tyotkas Elder Services 63

## U

Unalaskans Against Sexual Assault & Family Violence 138  
Unalaska Senior Housing 138  
U.S. Dept. of Housing & Urban Development (HUD) 9, 51  
U.S. Dept. of Veterans Affairs  
    Anchorage 51  
    Fairbanks 96  
    Homer 59  
    Juneau 120  
    Soldotna 77  
    Wasilla 85  
U.S. Social Security Administration  
    Anchorage 52  
    Fairbanks 97  
    Juneau 120  
University of Alaska  
    Anchorage 52  
    Bethel 141  
    Cordova 55  
    Dillingham 143  
    Fairbanks 97  
    Glennallen 56  
    Homer 59  
    Juneau 120  
    Ketchikan 125  
    Kodiak 66  
    Kotzebue 99  
    Nome 102  
    Palmer 71  
    Sitka 133  
    Soldotna 77  
    Valdez 78  
UAA Dental Program 52  
Upper Susitna Senior Center 78  
Upper Tanana Aging Program 104

## V

Valdez Senior Center, Inc. 79  
Valley Funeral Home 85  
Veterans Homes  
    Haines 109



Palmer 68  
Visiting Angels Alaska 53  
VOA Alaska 53  
Volunteers of America\_ *See* VOA Alaska

## **W**

Wainwright Senior Center 105  
Wasilla Area Seniors, Inc. 85  
Wasilla Heritage Chapel 85  
Welfare\_ *See* Alaska, State of: Adult Public Assistance  
Wellspring Home Health  
    Anchorage 53  
    Wasilla 86  
Wildflower Court 120  
Witzleben Legacy Funeral Home 53  
Woodridge Apartments 63  
Working Against Violence for Everyone (WAVE) 128  
Wrangell Medical Center (SEARHC) 134  
Wrangell Senior Apartments 134  
Wrangell Senior Center 135

## **Y**

Yakutat Senior Center 135  
Yukon Koyukuk Elder Assisted Living 98

# Notes

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

# Alaska's only statewide publication for seniors age 50+



*14,000+ copies distributed statewide to include subscribers, senior centers, medical offices, pharmacies, grocery stores and government representatives*



- Alaska's seniors are the fastest growing population in Alaska
- Seniors annually contribute over \$3 billion to the state economy, compare favorably to other industries such as fishing, construction, retail and tourism.
- Our demographic represents over 20% of Alaska's population.

95% of readers read the Senior Voice every month

100% of readers give Senior Voice the highest rating as senior news

82% of readers rated advertising in Senior Voice as personally useful info

56% of readers have responded to our advertisers' ads in Senior Voice

26% of senior households in Anchorage earn more than \$100,000 a year.

Median household income for seniors in Anchorage: \$56,607

35% of our readers' family members read the Senior Voice *(Based on readers living with family members)*

*Expand your reach by putting your message on [seniorvoicealaska.com](http://seniorvoicealaska.com)*



*Call today for advertising information.*

**(907) 276-1059 | [advertising@seniorvoicealaska.com](mailto:advertising@seniorvoicealaska.com)**

- **Identify** your long-term support needs
- **Explore** your options for meeting those needs
- **Connect** you with the resources you choose for yourself or your loved one
- **Follow Up** to ensure your needs are met

#### ANCHORAGE AREA

Municipality of Anchorage – Anchorage Health Department  
825 L St., Ste 200, Anchorage, AK 99501  
907-343-7770

[www.muni.org/adrc](http://www.muni.org/adrc)

#### KENAI PENINSULA / KODIAK ISLAND / VALDEZ / CORDOVA

Independent Living Center  
47255 Princeton Ave., Ste 8, Soldotna, AK 99669  
907-262-6333/1-800-770-7911

[www.peninsulailc.org](http://www.peninsulailc.org)

#### SOUTHEAST ALASKA

Southeast Alaska Independent Living (SAIL)  
3225 Hospital Dr., Ste 300, Juneau, AK 99801  
1-800-478-SAIL (7245)

[www.sailinc.org](http://www.sailinc.org)

#### MAT-SU BOROUGH

LINKS Aging & Disability Resource Center  
777 N. Crusey St., A101, Wasilla, AK 99654  
907-373-3632/1-855-355-3632

[www.linksprc.org](http://www.linksprc.org)

#### FAIRBANKS NORTH STAR BOROUGH

Fairbanks Senior Center – North Star Council on Aging  
1424 Moore St., Fairbanks, AK 99701  
907-452-2551

[www.fairbankseniorcenter.org](http://www.fairbankseniorcenter.org)

#### BRISTOL BAY NATIVE ASSOCIATION

Aging & Disability Resource Center  
1500 Kanakanak Rd., Dillingham, AK 99576

907-842-4139/1-844-842-1902

**1-877-625-2372**



The State of Alaska, Division of Senior and Disabilities Services, administers the ADRC grant in partnership with the 6 regional sites. For more on the ADRC grant program, contact an ADRC Program Manager at 907-465-4798 or 1-800-478-9996.